



East Metropolitan Health Service
[Royal Perth Group (RPG) and Armadale Kalamunda Group (AKG),
St John of God Midland Public Hospital (SJGMPH)] in partnership with
WA Primary Health Alliance (WAPHA) and Health Pathways WA

GP Update:

Tackling aging and life-limiting illnesses:

Helping our patients to make the most of life

Saturday, 31st August 2019 – 8.00am (for 8:30am start) to 3.30pm

Old Victoria Square Cafeteria, Royal Perth Hospital

GPs are on the frontline assessing and managing the health care of older adults. This workshop will focus on common conditions seen by GPs including how best to deliver the care patients need and want, and avoiding unnecessary admissions to hospital. We'll also be looking at referral updates and exploring better ways of working together across the hospital, community and primary care sectors.

Program topics include:

- ✓ Better bones: Optimising Osteoporosis management
- ✓ Better breathing: How can we halt the progression of COPD?
- ✓ Better beating: What's new to help manage Chronic Heart Failure?
- ✓ Using HealthPathways to navigate aged care and advance care planning
- ✓ Working with your local Aged Care Services to help your patients stay at home
- ✓ Delirium, Dementia and Can I drive, Doc? case studies
- ✓ Are you confused by confusion?
- ✓ What are "Goals of Patient Care?"
- ✓ Encouraging end-of-life conversations to help plan future care (Workshop)
- ✓ Questioning capacity? When and where to refer

Presenters include:

- Dr Anton Leonard, Intensive Care Physician, Royal Perth Hospital
- Dr Amanda Boudville, HoD, Geriatric Medicine, St John of God Midland
- Dr Derek Eng, Palliative Care Physician, Royal Perth Hospital
- Dr Joel Tate, Geriatrician, Armadale Kalamunda Group
- Dr Kalil Anvardeen, Cardiologist, St John of God Midland
- Dr Karen Rothacker, Endocrinologist, Royal Perth Bentley Group
- Dr Karthik Natarajan, Emergency Physician, Royal Perth Hospital & Armadale Health Service
- Dr PK Loh, Geriatrician, Bentley Health Service
- Dr Rasiah Sureshkumar, HoD General Medicine, Armadale Kalamunda Group

Registrations are essential.

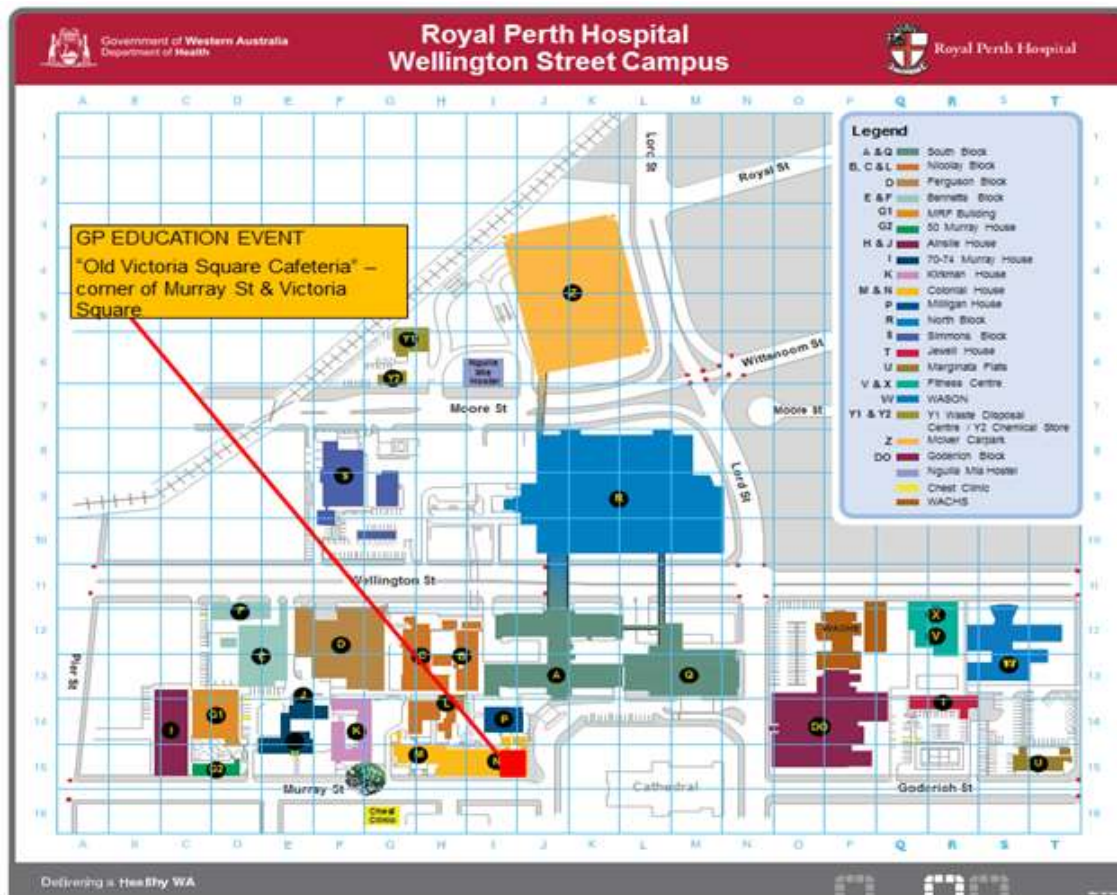
Visit <https://www.eventbrite.com.au/e/tackling-aging-and-life-limiting-illnesses-helping-our-patients-make-the-most-of-life-tickets-62247252207> for more information and to register.

For queries, please email: EMHSGPed@health.wa.gov.au



Learning outcomes:

- Summarise the investigation of delirium and dementia, when to refer and to whom.
- Describe clinical advice and referral options for GPs to assist in keeping the frail older adult at home.
- Outline the assessment and management of common chronic conditions affecting older adults.
- Describe how Goals of Patient Care may help inform end-of-life planning in primary care.
- Discuss the benefits of HealthPathways guidelines for assessing, managing and referring patients.



Transport options

Paid parking: the closest parking is the Fire Station Carpark next to the Westin at 1 Murray St <https://www.cityofperthparking.com.au/fire-station#page-title> (weekend day rate of \$11). Or the multistorey car park on Moore Street, off Lord Street. Ticket parking is also available on Victoria Square, Goderich Street, Lord Street, Wellington Street. For more information visit cityofperthparking.com.au

Public transport

There are a number of public transport options to RPH. Please see transperth.wa.gov.au
Or call Transperth infoline 13 62 13 for information.