

# Practice Connect



**Practice Assist**  
Strengthening general practice in WA

## Latest news and updates

13 August 2019

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## PIP QI update

We are now nearly two weeks into the first quarter of PIP QI, and the Department of Health is reporting that over 3000 practices nationwide have already registered to participate: the fastest uptake of a Practice Incentives Program incentive.

Since the last edition of Practice Connect, we have added some new Frequently Asked Questions to our website (<https://bit.ly/2XJVdcF>), as practices have continued to communicate with us regarding their shared experiences.

If you haven't already registered for PIP QI, we have a new FAQ with step-by-step screenshots of the process via HPOS. We also have a table of PIP payment quarters and points-in-time, and contact details for the Department of Human Services.

In response to last edition's article about ensuring you have the latest version of CAT4, we have added an FAQ with instructions for checking for updates.

A number of practices have asked about whether patients can opt-out of data sharing for the purpose of the PIP QI. If your practice is using CAT4 as its extraction tool, you can opt patients out of data sharing activities that use CAT4 for the extraction. Instructions on how to do this are also now included in our FAQs.

To align our extraction and reporting with the existing PIP schedule, we are making some updates to the times at which scheduled data extractions occur. For more information on this, please read the next article.

It is important to note that the last two weeks of the PIP quarter are considered a "black out" period, and therefore data extracted during this time can not be considered as part of the practice's eligibility for a Quality Incentive payment.

If your practice is not yet sharing data but has registered for PIP QI, we continue to encourage you to contact us immediately so that we can assist you to meet eligibility requirements for the first PIP QI quarter within the time available.

*Please note also that appointments for installations with PEN CS are now heavily booked, and some delay should be expected.*

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WA Primary Health Alliance is supported by funding from the Australian Government under the PHN Program.

Rural Health West is funded by the Australian Government Department of Health and the WA Country Health Service.

# Schedule for automated data extractions for WA general practices

Practices in Western Australia who currently utilise PEN CS CAT4 for their data extraction, and that have Scheduler installed, are having their data extracted automatically from the clinical software on a schedule. This schedule has seen extractions occur between the 22<sup>nd</sup> and 25<sup>th</sup> of each month.

With the new reporting requirements introduced by PIP QI, WA Primary Health Alliance has re-aligned its automatic data extraction schedule to ensure practices have the best opportunity to achieve a successful extraction within each quarter. From September, automated data extractions will occur between the 9<sup>th</sup> and 12<sup>th</sup> of each month, bringing the extraction date forward to ensure three extractions occur within the quarter, and to allow additional time to address failed extractions while remaining within the eligible period.

Practice processes should not be impacted by this change as Scheduler works remotely to extract data at a time of day convenient to the practice. The only change that practices might notice is the timing of associated practice reports, which may be delivered by your Primary Health Liaison at a slightly different time.

If your practice does not have Scheduler installed, please review the Practice Assist FAQ website (<https://bit.ly/2XJVdcF>) where there is a question relating to compatible software. If your software is compatible with Scheduler, we recommend you contact PEN CS to discuss installation.

## Recommended schedule for manual data extractions

In concurrence with the changes outlined above to automated data extractions, for those practices that manually extract data, we recommend you utilise a similar schedule, and perform your data extractions towards the start of the month. While you only need one successful extraction per quarter of the PIP Eligible Data Set, you may wish to perform the three extractions per quarter for your own performance analysis, or to ensure that you have back-up data sets.

Remember that data extracted in the last two weeks of the payment quarter will not be considered eligible. For the August – October quarter, extractions must occur between 1 August and 15 October for the data set to be eligible.

## Medical providers need PRODA access by 31 August to continue AIR access

From 31 August 2019, Medical Practitioners, Nurse Practitioners and Midwives will need a PRODA account to access the AIR as the authentication file log on method will cease.

If you are a practice manager or nurse wishing to gain access to the AIR, you are encouraged to apply for a practice login to get a practice authentication file that can be used to login to the AIR site. Practices can do this by completing the IM004 form available on the DHS website (<https://bit.ly/2GMV3Z1>). Once completed the practice will be sent a provider number, authentication file and temporary password in the mail. Designated staff can then use these details to login to the AIR site.

The Department of Human Services (DHS) have updated their website to include information for accessing and using the AIR. Visit the DHS website (<https://bit.ly/33usc45>) for the latest updates and instructions on how to register for PRODA.

# New RACGP Aboriginal and Torres Strait Islander Health clinical audits

Royal Australian College of General Practitioners (RACGP) Aboriginal and Torres Strait Islander Health (<https://bit.ly/2yVhMME>) has developed new clinical audits and quality improvement activities with the aim of driving improvements in general practices identifying the proportion of patients recorded as being of Aboriginal and Torres Strait Islander origin, and enabling a review of the accuracy of these records using existing medical record software.

The two clinical audits, *Identification of Aboriginal and Torres Strait Islander patients in general practice*, and *Improving renal disease outcomes in Aboriginal and Torres Strait Islander patients workbook*, are designed to help GPs implement strategies that ensure their practice routinely and effectively identifies Aboriginal and Torres Strait Islander patients, providing opportunities to provide appropriately targeted and high-quality care.

The RACGP *Standards for general practices* 5<sup>th</sup> edition requires that practices show evidence that at least one quality improvement activity, such as a PDSA or clinical audit, has been conducted within the three year cycle (Indicator QI1.3B), and these clinical audits support practices to meet this requirement. Similarly, participation in the *Identification of Aboriginal and Torres Strait Islander patients in general practice* should help practices meet Indicator C7.1E, in which patient health records must show evidence that the Aboriginal and Torres Strait Islander status of patients is routinely recorded.

WA Primary Health Alliance (WAPHA) recognises that asking the question about Aboriginal and Torres Strait Islander status is not always easy and, on occasion, patients may not understand why they are being asked for this information. While these clinical audits should assist GPs to better explain why recording this status is necessary to ensure tailored, appropriate health care is delivered, WAPHA has developed Aboriginal and Torres Strait Islander patient identification cards for general practices. These cards explain why it is important for a practice to know this information, and allows a patient to self-identify in writing, rather than having a discussion, for example, at the reception desk. While Aboriginal and Torres Strait Islander status is frequently asked on new patient registration forms, these patient cards can be a good way to target long-term patients who may not have provided this information during their time as a patient of your practice.

The RACGP clinical audits can be accessed through *gplearning* (<https://bit.ly/2yS7v3M>), and for more information on their development, please visit <https://bit.ly/2Th8x2M>. Each clinical audit is eligible for 40 Category 1 points in the RACGP QI&CPD Program.

Please contact your Primary Health Liaison or Facilitator if you would like patient cards for your practice.

## Reminder for AHPRA GP registration renewal

A reminder that the registration renewal date for medical practitioners with a general, specialist or non-practising registration is 30 September.

The Medical Board can grant up to 12 months registration, and you can check your (or your practice's GPs') registration details and expiry date on the national register (<https://bit.ly/1kJ1H3v>).

It is recommended that you ensure your contact details are recorded and up-to-date with APHRA (including email) as reminders are sent when registrations are due.

Health practitioners (other than those with limited or provisional registration) can renew their registration online by visiting <https://bit.ly/2dXjcfS>. You can also use APHRA online services to check and update your contact details, and download a registration certificate.

## The Advance Project

A recent article in the RACGP's *newsGP* (<https://bit.ly/2YCtX6>) introduced the Advance Project toolkit, developed to help GPs, practice nurses and practice managers get involved in advance care planning, and assess patients' and their families' palliative care needs.

WA Primary Health Alliance (WAPHA) is working with Hammond Care to support WA general practices to implement this team-based approach to initiating advance care planning and palliative care into everyday clinical practice. The Advance Project is an evidence-based, RACGP-accredited toolkit and training package which supports practice teams to have positive conversations about the challenging topic of end-of-life planning.

WAPHA is now seeking expressions of interest from four practices across WA to become champion practices to participate in this project. To find out more about what being a champion practice means, please review the Advance Project flyer (<https://bit.ly/2H2Xe9C>).

For more information on the Advance Project, please visit <https://www.theadvanceproject.com.au/>, or email our Advance Project Lead, Rose Adamson, at [roseanne.adamson@wapha.org.au](mailto:roseanne.adamson@wapha.org.au).

## ACRRM Mental Health Skills training (MBS items 2715 & 2717)

The Australian College of Rural and Remote Medicine (ACRRM) will be running an online learning workshop on Mental Health Skills training (<https://bit.ly/2xQZQCQ>) during November. The sessions are held every Thursday evening from 5pm (AWST), for four weeks, and commence on Thursday 7 November.

The content of the course has been developed by leading general practitioners, mental health nurses, carers, consumers, psychiatrists, and psychologists who are committed to mental health and primary medical care. This course provides participants with:

- discussion-based learning, both during and after the session, with participants able to learn from one another within the virtual classroom
- an opportunity to learn in after office hours so as to not interfere with clinical time
- the ability to attend from wherever you are throughout rural and remote Australia, and
- opportunities to make up two sessions if they are missed.

After successful completion of the course, your attendance will be reported to the GPMHSC then Medicare, which will allow you to access Medicare item numbers 2715 and 2717.

Fees for the course are \$640.00 for ACRRM members and \$850.00 for non-members. Registration is completed online through the ACRRM portal <https://www.acrrm.org.au/login>.

## August MBS Quick Guide now available for download

Australian Doctor continues to update its MBS Quick Guide with the latest Medicare Benefits Schedule information.

The Quick Guide is easily downloadable, and can be printed should you wish to provide copies to your practitioners and other practice staff.

The August MBS Quick Guide can be accessed by visiting <https://bit.ly/2OQ1n7d>.

# Accreditation tip – ethical dilemmas

## RACGP Standards for general practices 5<sup>th</sup> ed (Indicator C2.1E)

A new mandatory indicator in the 5<sup>th</sup> edition of the *Standards for general practices*, although not a new concept for general practices, is the requirement for your clinical team to demonstrate that it considers ethical dilemmas. This comes under the criterion relating to respectful and culturally appropriate care, guiding the principles of a patient-practitioner relationship that is based on mutual respect and mutual responsibility for the patient's health.

The College states that “practitioners often need to manage ethical issues and dilemmas in many different primary healthcare situations.” Examples of ethical dilemmas include patient-practitioner relationships (familial, romantic, and / or friendly), professional differences, emotionally charged clinical situations, gift-giving, or moral challenges such as requests for unwarranted medical certificates or reporting of unfit behaviour.

To achieve compliance against this indicator, you must be able to show evidence that your practice documents any ethical dilemmas that have been considered, and the outcome or solution. Ideally, you will have a policy and procedure that guides the system for managing ethical dilemmas in your practice. It is a good idea to discuss ethical dilemmas at your clinical team meetings to promote a consistent approach for managing these situations, as well as sharing knowledge and learnings. You may wish to implement a system that encourages practitioners to present theoretical ethical dilemmas and discuss solutions. From these discussions, you might develop waiting room signage that defines these common ethical dilemmas, and advises patients how they will be managed.

Where a practitioner encounters an ethical dilemma and discusses it with his or her medical defence organisation, documentation of this discussion should be kept separate to the patient's health record. Where a GP encounters an ethical dilemma for themselves, they may wish to declare this to the patient, and appropriately refer the patient to another practitioner.

While it is members of the clinical team who will most likely encounter ethical dilemmas, it is also worthwhile extending some discussions, or training, to all members of your practice team. Your reception staff, for example, may find themselves in situations where gifts are given or offered, or where requests are made of them for information that presents them with a moral question. It is important that all staff have the knowledge and training to manage such instances, and to do so in a manner that is consistent across your practice.

As with many of the new indicators in the 5<sup>th</sup> edition of the Standards, practices may be already undertaking the required process, but have difficulty putting a “name” to it. This is often the case with this indicator: practices usually have a process in place for managing situations in which practitioners or other staff feel conflicted or compromised, but do not necessarily refer to such an event as an ethical dilemma. It is worthwhile reviewing recent events in your practice that may be defined as ethical dilemmas, and using these examples to assess the way in which you handled them, and whether changes can be made to both achieve compliance and continue to drive quality improvement in your practice.

### Useful links:

RACGP *Standards for general practices* 5<sup>th</sup> ed Indicator C2.1E <https://bit.ly/2EaxlVr>

Medical Board of Australia *Good medical practice: a code of conduct for doctors in Australia*  
<https://bit.ly/2wJvNN5>

# Looking after your practice team: preventing and managing patient-initiated violence

A recent article in Australian Doctor (<https://bit.ly/2KIPWcc>) highlighted methods being proposed by the WA Department of Health to address increased violence and aggression in WA hospitals. In June, the Health Minister Roger Cook convened a Stop the Violence Summit in response to rising rates of aggression against frontline health staff. More than 100 healthcare staff, as well as security, unions and other key stakeholders provided vital input into initiatives to address the problem, and a statement was recently released to propose strategies to mitigate the increasing risk to healthcare staff in WA's public hospitals (you can read the statement by visiting <https://bit.ly/2yU1Bzt>).

This serves as a timely reminder to general practices that resources are available to support the safety and wellbeing of your practice team when managing instances of patient-initiated violence. The RACGP has published *General practice – a safe place: A guide for the prevention and management of patient-initiated violence* (available by visiting <https://bit.ly/2YdfZhv>). This guide covers a broad range of topics relevant to creating a safe place for staff and patients, from the configuration of your practice premises to prioritise safety, to intervention strategies, supporting the practice team, and medico-legal issues.

A companion resource to this guide is the *General practice – a safe place* poster (<https://bit.ly/2Jy0nSo>), which you can print and display in your practice to notify patients that poor behaviour will not be tolerated. The sign is provided with the recommendation that, if you choose to display it, you must ensure your team is enabled to act on behaviours that do not comply with what you deem as acceptable, and that your practice strategy for managing intolerable behaviour is consistent across your team.

## NPS MedicineWise update

### Be MedicineWise Week is 19 – 25 August

The focus of this year's campaign is 'getting to know the language of medicines' with a special focus on plain English communication about medication, as well as accessible information for culturally and linguistically diverse (CALD) communities. Understanding and communicating about medicines is key to getting the most out of them, safely.

NPS MedicineWise has created a range of resources to help spread the important messages of *Be Medicinewise Week*. The *Be Medicinewise Week* poster and Medicines list are available in English and 10 other languages. You can download these resources from the website (<https://www.nps.org.au/bemedicinewise>), print and display these resources in your health setting or community organisation for *Be Medicinewise Week*.

You will also find a series of consumer-friendly videos and support to help consumers access information and ask the right questions to help get the most out of their medication, safely. For example:

- Consumers can call the NPS MedicineWise Medicines Line on 1300 MEDICINE (1300 633 424)
- Download the free MedicineWise app (<https://bit.ly/2MhVvRR>)
- Search for your medicine by brand or active ingredient on Medicine Finder (<https://bit.ly/2H1f78G>)
- Follow NPS on Facebook (<https://bit.ly/2OS5gsk>) and Twitter (<https://bit.ly/2YFYLxc>)
- Find out the 5 most important questions to ask your doctor (<https://bit.ly/2LjMPI>) from Choosing Wisely Australia (<https://bit.ly/2GZQwRG>) – available in English, Arabic, Chinese simplified, Chinese traditional, Croatian, Farsi, Greek, Italian, Korean, Macedonian, Spanish, Turkish and Vietnamese.

# Immunisation update

## MMRV vaccination: use Priorix Tetra for adolescent catch-ups only

Due to a limited supply of Priorix-Tetra until November 2019, ProQuad brand MMRV vaccine is being distributed for childhood MMRV vaccinations.

Priorix Tetra is available for catch up vaccination for 12 to <14 year olds (as ProQuad is only registered for use up to 12 years of age).

To order Priorix Tetra specifically for MMRV catch-up for 12 to <14 year olds, please include an order note in your standard order with the number of Priorix Tetra doses you require, or for further enquiries email [vaccineorders@health.wa.gov.au](mailto:vaccineorders@health.wa.gov.au).

**NOTE:** MMRV vaccines are not recommended for adolescents aged  $\geq 14$  years; separate MMR and varicella vaccines should be used if required.

## Updated immunisation online resources

1. 'Strive for 5 National Vaccine Storage Guidelines' – the updated (3<sup>rd</sup> edition) is now available. It is recommended that you review the latest version to best support your practice in managing vaccines. Find it here <https://bit.ly/2TBWvBy>.
2. Free catch up vaccine fact sheets updated - The Commonwealth Department of Health has recently updated two fact sheets regarding free catch-up vaccines for 10 to 19 year olds and refugees and humanitarian entrants aged 20 years and over. Find them here <https://bit.ly/2ypGiVT>.
3. Measles vaccination for Australians - new resource. A new fact sheet *Measles vaccines for Australians* (<https://bit.ly/2N0I09R>) has been developed by the National Centre for Immunisation Research and Surveillance (NCIRS) for healthcare professionals.

## Headspace GP Active Learning Module

This online training module, designed by Headspace, seeks to educate health professionals on issues surrounding alcohol and other drug use, as well as sexual health and mental health in youth. This clinical enhancement module consists of four sequential parts, and is designed specifically for GPs.

Learning objectives for the module are:

- Outline the epidemiology of alcohol and other drug (AOD) use, as well as common sexually transmitted diseases, in Australian young people.
- Identify the predisposing factors for the development of substance use disorders and the models that can be used to identify and target these factors.
- Understand the relationships between mental health, sexual health and substance use disorders.
- Apply strategies that assist with engagement and assessment of young people utilising a non-judgemental approach.
- Gain an understanding of some commonly used assessment tools and instruments including the principles of Motivational Interviewing.

The module can be accessed via *thinkGP* (<https://bit.ly/2ORB7cD>) and is an approved continuing professional development activity for both the RACGP and ACRRM.

## HealthPathways update

The HealthPathways team would like to invite GPs in your practice to attend the following events:

- **Sir Charles Gairdner Hospital GP Education Event: Chronic Disease and Shared Care**  
Saturday 17 August – please see Education and Training section for more information
- **EMHS GP Update: Tackling aging and life-limiting illness – helping our patients to make the most of life**  
Saturday 31 August - please see Education and Training section for more information

### Joint Enterprise: Active Learning Module in Orthopaedics for GPs

Education event for GPs, nurse practitioners, practice nurses, practice managers, and allied health professionals. This activity has been allocated 4 Category 2 RACGP QI&CPD points.

**Date:** Saturday 24 August 2019

**Time:** 8.00am – 3.30pm

**Venue:** Joondalup Private Hospital, Community Clinical School, Ground Floor

Topics include:

- pain in the hip, knee, elbow, shoulder, back and foot
- common fractures
- common soft tissue and musculoskeletal conditions

Please go to <https://bit.ly/2OO0IID> to view the flyer for more information, or visit <https://bit.ly/2ZWpoud> to register to attend.

## My Health Record update

### New RACGP My Health Record video resources

The Royal Australian College of General Practitioners released a new suite of videos on My Health Record. These videos discuss topics, such as:

- consent
- security
- medico-legal concerns
- practice responsibilities
- benefits

These videos are designed to assist GPs and practice teams to better understand My Health Record, including the roles and obligations for anybody participating in the system.

In addition to the videos, the RACGP also has a number of resources relating to My Health Record.

The videos can be accessed by visiting <https://bit.ly/2Z3nWJo> and the resources can be found by visiting <https://bit.ly/2Mfm1eT>.

## DHS News for health professionals survey

If you are a health professional, or involved in the healthcare sector, in Australia, you probably already receive the *News for health professionals* notification from the Department of Human Services (DHS). The DHS is now seeking feedback from its audience of health professionals - including GPs, pharmacists, dentists, and practice managers – to identify ways to improve its news for you.

To complete the survey, please visit <https://bit.ly/2KLhgh5>.

If you do not subscribe to the *DHS News for health professionals*, you can sign up by visiting <https://bit.ly/2ZX4Qlu> (note that the subscription section is at the bottom of the page).

## Supporting communities during drought – free online resources

As part of its remit to support children's mental health, the Emerging Minds: National Workforce Centre for Child Mental Health (NWCCMH) has developed drought-specific resources to support GPs, health and social service providers, educators, first responders, and community leaders as they engage with children and their families.

The first summary (available here <https://bit.ly/2N0U6Pk>) provides an overview of, and links to, videos, podcasts, printable fact sheets, and workshops that are all free to access. Future summaries will showcase additional resources for engaging with children and families affected by drought, and will be available in the coming months.

Further fact sheets, videos, podcasts, e-learning courses, and workshops on children's mental health are available free online from the Emerging Minds web hub (<https://emergingminds.com.au/resources/>).

## WA Cancer Plan – Cancer Control Consultation

The WA Department of Health is currently developing the *WA Cancer Plan 2020 – 2025* (<https://bit.ly/2KJWaZc>). This Plan builds on the previous plan and will provide strategic direction for Western Australia to achieve a well-coordinated, consumer focussed cancer care system. Importantly, this plan will also address the State Government's commitment to deliver a Cancer Research Plan and as such will incorporate strategic directions for cancer research in WA.

The development of the Plan will involve extensive consultation with people affected by cancer, community members, leaders in cancer control, health professionals and researchers, as well as many government and non-government organisations. To date, this has involved consultation activities with over 400 stakeholders including interviews with a range of health professionals and researchers, an online consumer survey conducted by the Health Consumer Council, a Research and Innovation Forum undertaken on 13 May 2019, the Cancer Control Forum undertaken on 26 July 2019 and cancer research online survey and submissions.

As part of this consultation, we invite you to provide your feedback on Cancer Control in WA by completing an online survey or written submission.

You can access the online survey by visiting <https://bit.ly/2YTRhWI>. The survey closes on 30 August 2019.

## Rural Health West Workforce and Skills survey for general practice

The Rural Health West bi-annual Workforce and Skills Survey for General Practice is now live. Copies have been sent to all rural general practices in Western Australia, prefilled with information previously provided to us. Please check and edit the information provided and return the survey by fax, or using the reply paid envelope provided.

The survey may also be completed online at [www.surveymonkey.com/s/RHWPracticeData](http://www.surveymonkey.com/s/RHWPracticeData)

## Hepatitis Australia is seeking collaborations on promoting the Test Cure Live campaign in Western Australia

Hepatitis Australia is the peak community organisation to progress national action on issues of importance to people affected by hepatitis B and hepatitis C.

From August to October 2019, Hepatitis Australia is collaboratively working with its member organisation, Hepatitis WA, in Perth to implement the second cycle of a three-month hepatitis C treatment awareness campaign – TEST CURE LIVE.

During this cycle of campaign, attention is being focussed on the City of Perth, City of Stirling and City of Wanneroo, and males over the age of 50s. Hepatitis Australia is also looking for opportunities to work with local interest groups to promote this campaign and spread its messages.

Some key messages of this campaign are:

- Hepatitis C can be cured now
- The new hepatitis C treatment listed on the Pharmaceutical Benefits Scheme is affordable, safe and effective
- It has few side effects and a cure rate of 95%
- The treatment takes as little as 8 weeks with 1 pill a day
- It might be more than feeling tired and getting older

For more information on the TEST CURE LIVE campaign, please visit <http://testcurelive.com.au/>

## Participants needed to help assess online tool for prostate cancer

Men recently diagnosed with low risk prostate cancer are needed to take part in a study assessing a new online tool designed to help navigate their treatment. Low-risk prostate cancer often grows very slowly or not at all, yet men faced with this diagnosis report more difficulty making a treatment decision than any other cancer clinical group. This is largely due to the variety of management options including Active Surveillance (close monitoring) versus active treatment such as radiotherapy or surgery.

The Navigate website has been developed by a team of experts and men with first-hand experience of prostate cancer. Men and their partners can access the decision-making exercise to help them arrive at a treatment decision. Included are over 40 videos of men, partners, oncologists, urologists and specialist prostate nurses to provide a range of perspectives and personal experiences.

Assistance is needed for testing the website, and practices may wish to encourage their patients to participate. Patients can register their interest and find out if they are eligible via [www.navigateprostate.com.au](http://www.navigateprostate.com.au) or for more information for you and your patients, please download the online brochure by visiting <https://bit.ly/2N064Zq>.

# Education and training

Visit our Webinars & Workshops page at [www.practiceassist.com.au](http://www.practiceassist.com.au) for the events calendar.

## GP Education Event: Chronic Disease and Shared Care – 17 August

Presented by North Metropolitan Health Service and Sir Charles Gairdner and Osborne Park Health Care Group in partnership with WA Primary Health Alliance and HealthPathways WA.

Education sessions include:

- adolescent mental health care in the community
- assessing and managing a patient with suicidal intent in primary care
- drugs and kidney disease: facts and fallacies
- chronic pain: the nuts and bolts of changing patients from opioids to alternative treatments
- transitions of care: goals of patient care and navigating the health system from the adolescent's perspective
- opioid prescribing in discharge medication and deprescribing antipsychotics in patients admitted with delirium

For more information, please visit <https://bit.ly/2GvVANx> to view the flyer.

**Date:** Saturday 17 August 2019  
**Time:** 8.30am – 3.30pm (registrations from 8.00am)  
**Venue:** Sir Charles Gairdner Hospital, East & West Joske Rooms, Hospital Ave. Nedlands  
**Cost:** Free (morning tea and lunch provided)  
**Register:** To register, please visit <https://bit.ly/2XjZ7bi>  
**RSVP:** By Friday 9 August

## Breaking the silence: talking to patients about weight loss – 22 August (webinar)

The aim of this webinar is to increase practitioner confidence and skills to raise the topic of weight loss with patients and follow Australian best practice guidelines to support patients in weight management.

**Date:** Thursday 22 August 2019  
**Time:** 6.30pm – 8.30pm  
**Venue:** Online  
**Cost:** Free  
**Register:** To register and for more information, please visit <https://bit.ly/2GBXj3K>

## Rural Health West Obstetric Emergencies (OBS) – 23 August (Kalgoorlie)

This workshop teaches participants how to effectively manage obstetric cases and emergencies and how to make appropriate decisions.

**Date:** Friday 23 August 2019  
**Time:** 8.15am – 4.30pm  
**Venue:** TBC  
**Cost:** Free  
**Register:** To register and for more information, please visit <https://bit.ly/2yiJGcb>

## Breaking the silence: talking to patients about weight loss – 22 or 23 August

The aim of this workshop is to increase practitioner confidence and skills to raise the topic of weight with patients and follow Australian best practice guidelines to support patients in weight management. The workshop will detail evidence-based information on how to effectively engage in the weight loss conversation as part of routine care. A range of practical information, support and resources will be provided to aid the conversation with patients around achieving a healthy weight, including intervening early to reduce the risk of chronic disease.

**Date:** Friday 23 August or Saturday 24 August 2019  
**Time:** 9.15am – 4.15pm (registrations and refreshments from 9.00am)  
**Venue:** Trinity on Hampden, 230 Hampden Rd, Crawley  
**Cost:** \$50  
**Register:** To register and for more information, please visit <https://bit.ly/2OrTKn2>

## Patient Blood Management: Perioperative and Beyond – 24 August

This CTEC Conference will focus on Patient Blood Management relating to a variety of clinical situations. This interactive conference will cover a wide range of presentations aimed at doctors, nurses and other healthcare professionals who wish to know more about PBM.

Conference presentations will be delivered by highly regarded specialists across different specialty areas:

- The Multimodal PBM Program: Improved Outcomes in WA
- Implementation and Impact of PBM at Fiona Stanley Hospital
- An Overview: Iron Deficiency and PBM Pillars in Surgery
- The IRONMAN Trial: An RCT into iV Iron for Intensive Care Unit Patients with Anaemia
- Point of Care Testing: Apixaban, Rivaroxaban and Other DOACS
- Outcomes Data and Hospital Costs of RBC Transfusion
- Iron Deficiency and Functional ID in Hip Fracture Data and the Implications
- Tired All The Time
- Iron Deficiency and Transfusions in the Primary Care Setting
- Novel Resuscitation Fluid Shock
- Beware of the RCT - Focus on the New Standard of Care

**Date:** Saturday 24 August 2019  
**Time:** 8.25am – 4.30pm (registrations and refreshments from 8.00am)  
**Venue:** The University Club of UWA, Entrance 1, Hackett Drive, Crawley  
**Cost:** \$295 (doctors), \$245 (nurses, allied health professionals, paramedics), \$185 (students)  
**Register:** To register and for more information, please visit <https://bit.ly/2Ou5jdA>

## Spirometry Training Course (Northam) – 24 August

Brought to you by the National Asthma Council Australia as part of the Asthma Best Practice for Health Professionals Program

The Spirometry Training Course provides comprehensive training in the application, measurement and interpretation of expiratory spirometry in general practice. The interactive workshop includes hands-on components to allow participants to apply their new knowledge in a practical setting.

This complimentary course is open to GPs and practice nurses.

**Date:** Saturday 24 August 2019  
**Time:** 8.30am – 4.00pm  
**Venue:** Bilya Koort Boodja Centre, Minson Ave, Northam  
**Cost:** Free  
**Register:** To register and for more information, please visit <https://bit.ly/2XLKKNO>

## GP Update: Tackling issues of aging and life-limiting illness – 31 August

Presented by East Metropolitan Health Service in partnership with WA Primary Health Alliance and HealthPathways WA.

Program topics include:

- Better bones: Optimising Osteoporosis management
- Better breathing: How can we halt the progression of COPD?
- Better beating: What's new to help manage Chronic Heart Failure?
- Using HealthPathways to navigate aged care and advance care planning
- Working with your local Aged Care Services to help your patients stay at home
- Delirium, Dementia and Can I drive, Doc? case studies
- Are you confused by confusion?
- What are "Goals of Patient Care?"
- Encouraging end-of-life conversations to help plan future care (Workshop)
- Questioning capacity? When and where to refer

For more information, please visit <https://bit.ly/2JzvsTH> to view the flyer.

**Date:** Saturday 31 August 2019  
**Time:** 8.00am – 3.30pm  
**Venue:** Old Victoria Square Café, Royal Perth Hospital, Cnr Murray St and Victoria Square, Perth  
**Cost:** Free  
**Register:** To register, please visit <https://bit.ly/2YUuCq1>

## Hepatitis C in Primary Care & Drug and Alcohol Settings Education Program – 31 August

People who inject drugs represent approximately 90% of newly acquired hepatitis C (HCV) infections. Clinicians in Drug and Alcohol settings play an important role in improving the health outcomes of people living with HCV and can reduce a patient's risk of developing advanced liver disease through early diagnosis, appropriate management of co-morbidities, and treatment with new, curative, Direct Acting Antiviral medication (DAAs).

This course is designed to strengthen the capacity of clinical staff working in drug and alcohol settings, or working with people who inject drugs, to effectively test for, treat, and manage HCV. The course will be delivered in three parts:

- online learning modules
- interactive face-to-face workshop
- resources and toolkits to enable confident prescribing of new DAAs

For more information, please download the flyer by visiting <https://bit.ly/2RLeV1F>

**Date:** Saturday 31 August 2019  
**Time:** 8.45am – 4.30pm (registrations from 8.30am)  
**Venue:** TBC  
**Cost:** Free (lunch and refreshments will be provided)  
**Register:** To register, please visit <https://bit.ly/2XmAVG8>

## Use of Ultrasound in Rural Emergency Medicine – 31 August

The Australian College of Rural and Remote Medicine presents this ultrasound workshop offering an introduction and instruction on the use of Ultrasound in Emergency Medicine, trauma, and critical care for the rural generalist or general practitioner with minimal experience in using ultrasound in practice.

A major feature of this workshop is the 'hands-on' practice using live patient models, guided by highly experienced clinical application specialists, sonographers, and clinicians. This course has been designed to cover more common situations that may arise in the Emergency Department, in practice, or basic anaesthetics. Content may vary course to course dependent on the particular skills of the clinical facilitator.

**Date:** Saturday 31 August 2019  
**Time:** TBC  
**Venue:** Novotel Perth Langley, 221 Adelaide Terrace, Perth WA 6000  
**Cost:** \$795 (ACRRM members), \$1,015 (non-members)  
**Register:** To register, please visit <https://bit.ly/2Qbqggh>

## ACNP National Conference – 2 to 5 September

The Australian College of Nurse Practitioners (ACNP) is holding its National Conference in Melbourne from 2 to 5 September 2019.

The ACNP Conference is a fantastic opportunity to bring together Nurse Practitioners, Advanced Practice Nurses and Health Professionals. As the flagship event for the Australian College of Nurse Practitioners, the theme 'Transforming Health Care' recognises the dimensions of practice and contribution made by Nurse Practitioners and Advanced Practice Nurses across Australia.

**Date:** Monday 2 September to Thursday 5 September 2019  
**Time:** 8.30am – 5.00pm daily  
**Venue:** Pullman Melbourne Albert Park, 65 Queens Rd, Albert Park VIC 3004  
**Cost:** For more information, including costs, please visit <https://bit.ly/2HzW2tG>  
**Register:** To register, please visit <https://bit.ly/2HuvwmR>

## Rockingham Women's Health & Wellbeing Morning – 5 September

This free event invites all women to come and celebrate Women's Health Week, with activities, demonstrations, prizes, and giveaways, as well as short talks about important women's health issues. There will be free morning tea, and a coffee van, for women attending the event.

**Date:** Thursday 5 September 2019  
**Time:** 9.30am – 11.30am  
**Venue:** Westerly Family Centre, 27 Westerly Way, Cooloongup  
**Register:** For more information, please visit <https://bit.ly/2OPaQLU> or phone the Westerly Family Centre on 9592 3650

## Multicultural Women's Health Expo – 6 September

Make health a priority at the 2019 Multicultural Women's Health & Wellbeing Expo with free yoga classes, activities, hearing tests, health checks, financial advice, refreshments, giveaways, and over 40 service providers available to answer all your health and wellbeing questions.

**Date:** Friday 6 September 2019  
**Time:** 10.30am – 1.30pm  
**Venue:** North Metropolitan TAFE Balga, 18 Loxwood Rd, Balga  
**Register:** For more information, please visit <https://bit.ly/31Gaid3>

## 15<sup>th</sup> Annual Women's Health Day for GPs and Practice Nurses – 7 September

This year's event will be a full day session covering a range of women's health topics including:

- recognising eating disorders in general practice
- the top 10 things you need to know about breast density
- understanding Trans Health
- Advance Health Directives in pregnancy
- managing menopause
- Ovarian cancer: what's new
- sexual health – STI update

For more information please download the flyer by visiting <https://bit.ly/2FE84SP>

**Date:** Saturday 7 September 2019  
**Time:** 8.30am – 4.00pm  
**Venue:** Trinity on Hampden, 230 Hampden Rd, Crawley WA 6009  
**Cost:** \$20  
**Register:** To register, please visit <https://bit.ly/2XDCaQG>

## RACGP Early Career GP Conference – 7 & 8 September

RACGP WA New Fellows Committee invites you to a 2-day conference at the Vines Resort. The conference is designed for new Fellows in their first five years since Fellowship, preparing you for what's next.

**Date:** Saturday 7 September and Sunday 8 September 2019  
**Time:** 8.30am – 4.00pm Saturday and 8.30am – 12.30pm Sunday  
**Venue:** The Novotel Vines Resort Country Club, Verdelho Drive, The Vines  
**Cost:** \$132 (standard registration)  
**Register:** For more information, please visit <https://bit.ly/31cOtI9>

## Rural Health West Rural Emergency Assessment Clinical Training (REACT) – 14 & 15 September (Broome)

The Rural Health West CPD REACT workshop is designed to assist Western Australian Visiting Medical Practitioners to maintain their emergency knowledge and skills, and gain formal assessment toward their emergency credentialing, as required by the WA Country Health Service. Covering cardiac arrest, major trauma in both adults and children, and associated lifesaving procedural skills, REACT is a highly interactive workshop, with participants predominantly involved in practical skill stations and simulated scenarios.

**Date:** Saturday 14 September and Sunday 15 September 2019  
**Time:** 8.00am – 5.00pm  
**Venue:** TBC  
**Cost:** \$2,200 (inc GST)  
**Register:** For more information, please visit <https://bit.ly/32YVFCO>

## Australasian Sexual Health Conference & Australasian HIV&AIDS Joint Conference – 16 to 19 September

The Australasian Sexual Health Alliance (<https://bit.ly/30xRkFM>) seeks to use the Australasian Sexual Health Conference (<https://bit.ly/2Hvnev7>) to achieve its purpose of acknowledging and building on the specific expertise of sector partners in our common aims of improving national and local responses to sexual health in Australasia, in supporting and collaborating with close neighbouring countries to achieve these objectives.

The Australasian HIV&AIDS Conference (27th Annual Conference of the Australasian Society for HIV, Viral Hepatitis and Sexual Health Medicine - <https://bit.ly/2JRHqJc>) is the premier HIV Conference in Australia and the Asia and Pacific region. The annual conference is run by ASHM (<https://bit.ly/2Qb2bR6>) as a platform for the dissemination and presentation of new and innovative research findings across the Australasian HIV sector.

**Date:** Monday 16 September to Thursday 19 September 2019  
**Time:** 7.00am – 5.00pm daily (please visit <https://bit.ly/2LVkfju> for the program)  
**Venue:** Perth Convention and Exhibition Centre, 21 Mounts Bay Rd, Perth WA 6000  
**Cost:** Please visit <https://bit.ly/30ukSDU> for information on delegate costs  
**Register:** To register, please visit <https://bit.ly/2JOLZnn>

## Satellite GP Education Event “all about syphilis and gonorrhoea” – 18 September

This is a free satellite education session as part of the 2019 Australasian Sexual Health and HIV Conferences.

**Date:** Wednesday 18 September 2019  
**Time:** 6.00pm – 7.30pm  
**Venue:** Meeting Room 10, Level 2, Perth Convention and Exhibition Centre, 21 Mounts Bay Rd, Perth  
**Cost:** Free (light catering and refreshments provided)  
**Register:** For more information, please visit <https://bit.ly/2MXmQbD>

## Autism Training WA: Medical Sector – 18 September

The Autism Association of Western Australia is partnering with the WA Health Sector and has developed training packages and resources to increase Autism awareness within the health sector.

The ultimate aim of this initiative is to improve access to health care and the health outcomes for individuals with Autism, in line with the WA Disability Health Framework 2015-2025, and the National Disability Insurance Scheme.

**Date:** Wednesday 18 September 2019  
**Time:** 6.00pm – 8.30pm (registrations and refreshments from 5.30pm)  
**Venue:** Autism Association of WA, 215 Stubbs Terrace, Shenton Park  
**Cost:** Free  
**Register:** For more information, please visit <https://bit.ly/2KvMX7Y>

## Rural Psychiatry and Mental Health Forum – 21 September

This forum is part of the WA Country Health Service and Rural Health West Resident Specialist and Procedural GP Education Series. The one day Rural Psychiatry and Mental Health Forum 2019, will include lectures, interactive discussions and sessions delivered concurrently over the day and facilitated by experienced specialists. The forum will provide an opportunity to network with fellow colleagues.

**Date:** Saturday 21 September 2019  
**Time:** TBC  
**Venue:** DoubleTree by Hilton Perth, 100 James St, Northbridge  
**Cost:** \$550 forum registration excluding accommodation  
**Register:** For more information, please visit <https://bit.ly/2yoBccx>

## AAPM National Conference – 1 to 4 October

The 2019 AAPM National Conference will once again be filled with a range of dynamic and inspirational speakers, workshops and its social events, as well as a celebration of AAPM's 40th Anniversary! Join AAPM for another exciting conference and celebrate as they acknowledge 40 years of the Australian Association of Practice Management.

**Date:** Tuesday 1 October to Friday 4 October 2019  
**Time:** Please visit <https://bit.ly/2VNj0HZ> for the conference program  
**Venue:** Brisbane Convention and Exhibition Centre, Merivale St and Glenelg St, South Brisbane  
**Cost:** Early bird registration prices available – please see registration page  
**Register:** To register, please visit <https://bit.ly/2YE9HXM>

## Autism Training WA: Medical Sector – 2 October

The Autism Association of Western Australia is partnering with the WA Health Sector and has developed training packages and resources to increase Autism awareness within the health sector.

The ultimate aim of this initiative is to improve access to health care and the health outcomes for individuals with Autism, in line with the WA Disability Health Framework 2015-2025, and the National Disability Insurance Scheme.

**Date:** Wednesday 18 September 2019  
**Time:** 6.00pm – 8.30pm (registrations and refreshments from 5.30pm)  
**Venue:** Autism Association of WA, 215 Stubbs Terrace, Shenton Park  
**Cost:** Free  
**Register:** For more information, please visit <https://bit.ly/2YYIToV>

## Rural Health West Neonatal Emergency Care (NEC) – 17 & 18 October (Esperance)

This Rural Health West CPD workshop provides obstetric teams with the necessary skills to effectively manage problems which may occur during neonatal delivery and postnatal care. Covering neonatal resuscitation, ventilation, chest compression, endotracheal intubation and medications, the workshop also considers ethical questions and how lessons learned can be implemented to improve care in a local setting. Information and teaching is delivered via seminars, case studies, practical hands-on sessions and also mega code scenarios involving the entire resuscitation team.

**Date:** Thursday 17 October and Friday 18 October 2019  
**Time:** 8.00am – 5.00pm  
**Venue:** TBC  
**Cost:** \$440 (midwives), \$660 (GPs, GPOs)  
**Register:** For more information, please visit <https://bit.ly/2GARzr4>

## Rotto Ramble – 18 to 20 October

Rotto Ramble is a unique two-day event where participants test their medical skills and knowledge responding to simulated emergency scenarios in an 'Amazing Race' style' on the beaches and tourist hot spots of Rottnest Island. Participants work as a team to diagnose, stabilise and save the lives of the 'casualties' under the guidance of specialist emergency physicians from WA's hospital emergency departments.

**Date:** Friday 18 October and Sunday 20 October 2019  
**Time:** Rottnest Ferry departs 4.30pm Friday  
**Venue:** Rottnest Island  
**Cost:** \$220 per person  
**Register:** For more information, please visit <https://bit.ly/2MqUR3O>

## RMA19 – 23 to 26 October

Rural Medicine Australia (RMA) is the peak national event for rural and remote doctors of Australia. Hosted by the Australian College of Rural and Remote Medicine (ACRRM) and the Rural Doctors Association of Australia (RDAA), RMA attracts a diverse and collaborative community of junior doctors, students, educators, academics, and medical practitioners who are passionate about generalist medicine in rural and remote communities.

**Date:** Wednesday 23 October to Saturday 26 October 2019  
**Time:** Please visit <https://bit.ly/30wvaDN> for the conference program  
**Venue:** The Star Gold Coast, 1 Casino Drive, Broadbeach QLD 4218  
**Cost:** Please visit <https://bit.ly/2HHa78T> for delegate costs (early bird available until 31 May)  
**Register:** To register, please visit <https://bit.ly/2HHa78T>

## GP19 – 24 to 26 October

GP19: *Your patients Your community Your solutions* (<https://www.gp19.com.au/>) will see a transition into a full clinical update conference. With an exciting new format delivering dynamic education with a focus on topics that affect GPs in their clinical settings. You will also experience an extensive array of hands-on, interactive and highly engaging sessions with take away skills to implement in your everyday practice.

**Date:** Thursday 24 October to Saturday 26 October 2019  
**Time:** Please visit <https://bit.ly/2EkPTkj> for the conference program  
**Venue:** Adelaide Convention Centre, North Terrace, Adelaide SA 5000  
**Cost:** Please visit <https://bit.ly/2WhAfjK> for delegate costs (early bird available until 1 August)  
**Register:** To register, please visit <https://bit.ly/2SYP3A0>

## ARMED Annual Review of Metabolism, Endocrinology and Diabetes – 2 November

Presented by Fiona Stanley Hospital and Diabetes WA in partnership with WA Primary Health Alliance and HealthPathways WA.

Workshops and presentations include:

- Type 2 Diabetes Management in the modern era
- Workshop: Evaluation and practical measures for patients "at risk" of Type 2 Diabetes
- Workshop: Managing the patient with newly diagnosed Type 2 Diabetes
- Workshop: Goals and therapies for the patient with multiple complications and risks
- Workshop: Foot disease in Diabetes
- Cardiovascular risk and Type 2 Diabetes

**Date:** Saturday 2 November 2019  
**Time:** 8.30am – 4.00pm (registrations from 8.00am)  
**Venue:** Education Building, Fiona Stanley Hospital, 11 Robin Warren Drive, Murdoch  
**Cost:** Free (morning tea and lunch provided)  
**Register:** To register, please visit <https://bit.ly/2XjZm6c>  
**RSVP:** By Friday 25 October

## Rural Health West Emergency Airways Skills Management (EAM) – 15 November (Port Hedland)

This Rural Health West CPD workshop is designed to assist health professionals to develop and practice skills essential in unexpected crises, particularly with problem airways. Delivered in WA Country Health Service facilities, this workshop has a heavy emphasis on teamwork and the organisation of medical emergency teams incorporating presentations, skill stations and scenario-based crises with simulation manikins (SimMan and baby).

**Date:** Friday 15 November 2019  
**Time:** 8.00am – 4.00pm  
**Venue:** TBC  
**Cost:** Free  
**Register:** For more information, please visit <https://bit.ly/2LNUrVI>

## Rural Health West Obstetric Emergencies (OBS) – 15 November (Albany)

This workshop teaches participants how to effectively manage obstetric cases and emergencies and how to make appropriate decisions.

**Date:** Friday 15 November 2019  
**Time:** 8.00am – 4.00pm  
**Venue:** TBC  
**Cost:** Free  
**Register:** For more information, please visit <https://bit.ly/3129fUb>

## Rural Emergency Assessment Clinical Training (REACT) – 20 & 21 November

The Rural Health West CPD REACT workshop is designed to assist Western Australian Visiting Medical Practitioners to maintain their emergency knowledge and skills, and gain formal assessment toward their emergency credentialing, as required by the WA Country Health Service. Covering cardiac arrest, major trauma in both adults and children, and associated lifesaving procedural skills, REACT is a highly interactive workshop, with participants predominantly involved in practical skill stations and simulated scenarios.

**Date:** Wednesday 20 November and Thursday 21 November 2019  
**Time:** 8.30am – 5.00pm  
**Venue:** TBC  
**Cost:** \$2,200 (inc GST)  
**Register:** For more information, please visit <https://bit.ly/2OrIXtg>

## Australasian Doctors' Health Conference – 22 & 23 November

The Doctors' Health Advisory Service (DHAS) of Western Australia (WA) has great pleasure in inviting you to join them at the 2019 Australasian Doctors Health Conference (ADHC) in Perth on 22 and 23 November 2019.

These conferences have been held biennially in Australia and New Zealand for nearly 20 years, with 2019 being the first time the event will take place in WA.

The theme is the important topic of “**Creating a Healthy Workplace**”. This will be relevant to doctors at all stages of their career, from medical students, to doctors in training, to doctors established in their chosen career. A particular focus will be looking at the impact of the work environment on a doctor's health, be they a solo private practitioner or working in a large tertiary hospital. Issues will include the effect of medical culture on work life balance, bullying and harassment, and physical and mental health problems. The conference will be relevant to all doctors and medical students, and anyone involved in the training or management of doctors.

**Date:** Friday 22 November and Saturday 23 November 2019  
**Time:** 9.00am – 5.00pm Friday and 9.00am – 1.00pm Saturday  
**Venue:** Esplanade Hotel Fremantle, 46-54 Marine Terrace and Essex St, Fremantle  
**Cost:** Please visit <https://bit.ly/2Yqc5ow> for registration costs  
**Register:** For more information, please visit <https://bit.ly/3317qsm>

# Health promotion events

## 2 – 8 September is National Stroke Week

National Stroke Week is approaching, and this is a great time for general practices to host an awareness-raising activity to educate the community on the signs of stroke. It could be as simple as putting up posters in your practice, giving out F.A.S.T. cards to patients, or perhaps doing some health checks to assess for stroke risk.

Practices can register for Stroke Week 2019 and receive a promotional pack by visiting <https://bit.ly/2MZx7Es>. You can also find out more, and access additional resources, by visiting the Stroke Foundation website at <https://bit.ly/33ngaJE>.

## 16 - 22 September is Dementia Action Week

Formerly Dementia Awareness month throughout September, this year Dementia Australia is bringing you Dementia Action Week (<https://bit.ly/2lrzQnn>), including World Alzheimer's Day on 21 September.

The theme for Dementia Action Week is Dementia doesn't discriminate. Do you?

Dementia Australia is inviting the community to join in a conversation about discrimination and dementia. There will also be a survey later this month to gain important insights into this issue.

You can create or attend events to play a part in the conversation about discrimination and dementia during Dementia Action Week. Perhaps you'd like to host a morning tea, a gathering of family and friends, a display in your community, or a creative event.

To get involved, please visit <https://bit.ly/2YHzP8t>.

Coming up soon...	
Be MedicineWise Week	19 – 25 August
Women's Health Week	2 – 6 September
World Suicide Prevention Day	10 September