

Overcoming obesity – Helping patients gain a healthy future

RACGP WA



QI&CPD

2017–19 Accredited Activity
Category 1



40 points

Register online



Date

Saturday 3 August 2019

Time

8.00 am – 3.30 pm
Registration 7.45 am
Lunch and morning tea provided

Venue

St John of God Mt Lawley Hospital,
Thirlmere Road, Mt Lawley

Cost

RACGP member \$198
Non-member \$265

Contact

RACGP WA
Lucille Antonio, Education Officer
Tel 08 9489 9555
Email wa.events@racgp.org.au

Rates of obesity continue to rise in Australia, with nearly two thirds of the adult population overweight or obese. GPs are at the forefront of this issue – managing patients presenting with concerns regarding their weight, as well as the complications of being overweight and obese.

The RACGP WA, in partnership with St John of God Mt Lawley Hospital present an in-depth, interactive workshop on obesity and its complications and management. A local, multi-disciplinary team of health care professionals will present up-to-date information on helping your patients gain a healthier future by reducing their weight. The importance of weight management across all ages, from paediatrics and teenagers, to pregnancy and adulthood will be addressed.

An update on euglycaemic therapies, fasting for weight loss, and a discussion on the links between sexual abuse and obesity will be unique topics at this event.

GPs will increase their knowledge and confidence with when, why and how to discuss obesity management with their patients. The effect of obesity on pregnancy and osteoarthritis will also be examined.

Learning outcomes:

1. Discuss with patients the links between obesity, fertility and problems in pregnancy.
2. Describe accepted eligibility criteria for patients that could benefit from bariatric surgery for safe and appropriate referral.
3. Outline an approach to management of obese patients with osteoarthritis.
4. Identify which nutrients need to be monitored in your patients after bariatric surgery.
5. Describe the evidence for fasting to achieve weight loss and disease remission.

This workshop is run in partnership with St John of God Mt Lawley Hospital.



Overcoming obesity – Helping patients gain a healthy future

RACGP WA

Presenters

Dr Leon Cohen – Medical Director, Mercy Bariatrics

Dr Brett Bairstow – Orthopaedic Surgeon, St John of God Mt Lawley Hospital

Dr Andrew Kiyangi – Bariatric Surgeon and weight-loss specialist, Mercy Bariatrics

Dr Suzanne Meharry – Obstetrician-gynaecologist, St John of God Health Care

Dr Venkata Kodali – Endocrinologist

Dr Maxine Hawkins – Clinical Psychologist

Dr Ravi Rao – Bariatric Surgeon

Lindsay Peacock – Dietitian

Jane Stolze – Dietitian

Dr Patrick Garratt – GP

Dr Emma Dudman – Paediatrician

Workshop program* | Saturday 3 August 2019

7.45 am	Registration and arrival coffee
8.00 am	Type 2 diabetes – Euglycemic therapies – Presented by Dr Venkata Kodali
8.40 am	Childhood obesity: An approach to assessing childhood obesity in general practice – Presented by Dr Emma Dudman
9.20 am	Nutrition in the bariatric surgical patient – Presented by Lindsay Peacock
10.00 am	Adolescent bariatric surgery: The team approach – Presented by Dr Leon Cohen
10.35 am	Morning tea
11.00 am	Four 25 minute workshops <ol style="list-style-type: none"> 1. Evidence basis for metabolic surgery Presented by Dr Ravi Rao 2. The chicken or the egg: Managing osteoarthritis in obese patients Presented by Dr Brett Bairstow 3. Common complaints and solutions following bariatric surgery Presented by Dr Andrew Kiyangi 4. Exploring eating behaviours Presented by Jane Stolze
12.55 pm	Lunch
1.30 pm	Fasting for weight loss: fact or fiction – Presented by Dr Patrick Garratt
2.10 pm	The link between sexual abuse and obesity – Presented by Maxine Hawkins
2.50 pm	Obstetrics in a time of plenty – Presented by Dr Suzanne Meharry
3.20 pm	Evaluation and close

*Program subject to change



To reduce our eco-footprint, we're now offering more opportunities to register online.

racgp.org.au/wa/events

ACTIVE LEARNING MODULE
Overcoming obesity - Helping patients gain a healthy future
Saturday 3 August | RACGP WA

Please print letters clearly.
Use black or blue pen.
Place ☒ in all applicable boxes.

Section A: Delegate information

Title First name Surname

Organisation RACGP no.

Address Postcode

Contact telephone Fax Email

Special requirements (i.e. dietary, physical etc.)

Section B: Course selection and fee

RACGP member **\$198** Non-member **\$265**

All prices quoted include GST unless otherwise stated. ABN 34 000 223 807. Please keep for your records.

Section C: Declaration

By signing and returning this registration form to the RACGP, I the delegate make the following declarations:

I have read, understood and accept the RACGP Delegate Conditions and Cancellation Policy which can be found at **www.racgp.org.au/usage/delegate-conditions** (or provided on request).

I have read, understood and accept the RACGP Privacy Statement which can be found at **www.racgp.org.au/usage/delegate-conditions** (or provided on request) and consent to my personal information being dealt with to administer this event.

Signature of delegate

Date

How to lodge your application

You can register and pay online



www.racgp.org.au/education/courses/racgp.events/wa

OR complete and return this form and an invoice will be issued for payment



Fax 08 9489 9544



RACGP WA
PO Box 1065, West Leederville WA 6901

For more information call **08 9489 9555** or email **wa.events@racgp.org.au**

You must contact the RACGP WA office if you have not received your confirmation email within 5 working days of submitting your registration. The RACGP accepts no responsibility for assumed registrations that have not been confirmed in writing by the RACGP WA office.