



MBS Items for GP Mental Health Treatment Plans

The General Practice Mental Health Treatment Plan (GPMHTP) Medicare Benefit Schedule (MBS) items provide rebates for general practitioners providing mental health treatments by assessing a patient, planning, providing and/or referring to appropriate treatment and services and reviewing and providing ongoing management as required.

Eligibility

Patients eligible for the GPMHTP item numbers need to have been assessed by a general practitioner as having a mental disorder. For the purposes of the GPMHTP, a mental disorder is a *clinically diagnosable disorder that significantly interferes with an individual's cognitive, emotional or social abilities*. Dementia, delirium, tobacco use disorder and mental retardation are not regarded as mental disorders for the purposes of the GP Mental Health Treatment items.

These GPMHTP items are reserved for patients with a mental disorder who would benefit from a structured approach to the management of their treatment needs. There are no age restrictions for patients and private in-patients (including private in-patients who are residents of aged care facilities). Patients being discharged from hospital are also eligible for these services.

Where the GP who provides the GPMHTP service is providing in-patient treatment the item is claimed as an in-hospital service (at 75 per cent of the MBS rebate). General practitioners are also able to contribute to GPMHTP for patients using MBS item 729, Contribution to a Multidisciplinary Care Plan, and to care plans for residents of aged care facilities using MBS item 731.

Patient entitlements

Under a GPMHTP patients may receive:

- Up to a maximum of 10 individual allied mental health services per calendar year; and
- Up to a maximum of 10 group therapy services per calendar year – these services are separate and do not count towards the maximum individual services.

Rural Link

Rural Link is a specialist after-hours mental health telephone service for the rural communities of Western Australia. Rural Link helps people deal with depression, suicide, anxiety, psychosis, mental health issues or mental health crisis.

In addition, medical practitioners, health professionals and community and welfare service providers can access after-hours telephone support, information and advice on mental health matters.

Rural Link can be contacted on telephone number 1800 552 002.

More information

Advice on the MBS items and further guidance are available at:

- <http://www.health.gov.au/internet/main/publishing.nsf/content/pacd-gp-mental-health-care-pdf-ga>
- www.humanservices.gov.au/health-professionals/enablers/education-guide-mental-health-services-supporting-indigenous-health
- www.mbsonline.gov.au

Whilst all care has been taken in preparing this document, this information is a guide only and subject to change without notice.

Practice Assist is an initiative of



WA Primary Health Alliance is supported by funding from the Australian Government under the PHN Program.

Rural Health West is funded by the Australian Government and the WA Country Health Service.

General Practice Mental Health Treatment Plan Medicare Benefit Schedule Item Numbers

General Practice Mental Health Treatment Plan

- Undertaken by a general practitioner who has **not** undertaken mental health skills training.
- Includes assessment of patient and preparation of a care plan with option to refer for rebated psychological services.
- Not more than once yearly. Cannot be claimed within three months of a claim for a review item

Item number	Fee ⁱ	Description and recommended frequency
2700	Fee: \$71.70	Minimum 20-minute consultation.
2701	Fee: \$105.55	Minimum 40-minute consultation.

General Practice Mental Health Treatment Plan

- Undertaken by a general practitioner who has undertaken mental health skills training.
- Includes assessment of patient and preparation of a care plan with option to refer for rebated psychological services.
- Not more than once yearly. Cannot be claimed within three months of a claim for a review item.

Item number	Fee ⁱ	Description and recommended frequency
2715	Fee: \$91.05	Minimum 20-minute consultation.
2717	Fee: \$134.10	Minimum 40-minute consultation.

Review of General Practice Mental Health Treatment Plan

Review of a GPMHTP prepared by that medical practitioner (or an associated medical practitioner) to which item 2700, 2701, 2715, 2717 applies.

Item number	Fee ⁱ	Description and recommended frequency
2712	Fee: \$71.70	The recommended frequency for the review service, allowing for variation in patients' needs, is: <ul style="list-style-type: none"> • An initial review, which should occur between four weeks to six months after the completion of a GPMHTP; and • If required, a further review can occur three months after the first review.

Mental Health Consultation

- For the ongoing management of a patient with mental disorder.
- No restriction on the number of these consultations per year.

Item number	Fee ⁱ	Description and recommended frequency
2713	Fee: \$71.70	Minimum 20-minute consultation.

ⁱ Medicare rebates are paid as a percentage of the Medicare Schedule Fee. Please use the [MBS online search](#) to confirm the available rebate.