



A Trauma-Informed Approach in Relation to Self-Care

Presented by WA Primary Health Alliance in collaboration with TRACS WA

This interactive training session explores the role of self-care for health clinicians experiencing stressful situations and will equip you with the tools and strategies to manage your individual response to patients/colleagues who are experiencing stress/trauma (including COVID related) or who have been affected by past traumas.

Event Information

When: Thursday 13th October 2022
Where: Online
Time: 5.00pm- 6.00pm
Cost: FREE

[Register Here](#)

Presented by

Jessica Sharp –
Development Facilitator at TRACS WA

‘This presentation is a blended style of information sharing and interactive workshop based, we do encourage interaction and discussion.’

For more information, or links to the previous events in this series please send requests to the Training & Communities of Practice team at: Training.CoP@wapha.org.au or 08 6272 4912.