

ANZAED Eating Disorder Credential

Communication Toolkit (excerpt only)

Applications for the ANZAED Eating Disorder Credential are free until 30th June 2022.

About the ANZAED Eating Disorder Credential

People living with an eating disorder, their families and support networks often find locating and connecting with clinicians experienced in eating disorders difficult, impacting on personal recovery journeys. Additionally, referring professionals have highlighted the difficulty in locating mental health professionals and dietitians with the knowledge, practical skills and experience required to successfully treat and manage eating disorders.

Over two years, with funding support from the Australian Government Department of Health, [ANZAED](#) and [NEDC](#) worked closely with clinicians, people with lived experience, service providers and the mental health sector to develop a credentialling system. The system aims to enhance the standard, effectiveness and consistency of treatment for individuals experiencing eating disorders across all diagnostic presentations and treatment settings.

The ANZAED Eating Disorder Credential provides mental health professionals and dietitians with formal recognition of qualifications, knowledge, training, and professional development activities needed to meet minimum standards for delivery of safe and effective eating disorder treatment. The Credential criteria are built on the [NEDC Workforce Core Competencies](#) and the [ANZAED Clinical Practice & Training Standards](#).

Once credentialed, clinicians will be provided with a digital badge and given access to a new online platform, [connect.ed](#), to build a clinician profile, enabling people experiencing eating disorders, their families and supports, as well as referrers, to find and connect with them as a treatment provider.

The Credential aims to support and develop the eating disorder workforce so that people experiencing eating disorders can access the right care at the right time. To help build the eating disorder treatment workforce, the credentialing system offers:

- [Professional Development Packages](#), which include free training and supervision opportunities for clinicians who only meet part of the criteria or are just starting out their practise in eating disorders.
- [Limited Evidence Sunset Clause](#), which enables written evidence to be submitted until 30th June 2022, for clinicians currently practising who may not have undertaken training in the mode prescribed or may not have record of having done so.

Applications for the Credential are free until 30th June 2022. All information can be found on the website: www.connected.anzaed.org.au