

Registrar Event

Anxiety: rethinking the options

Anxiety is the most common mental health problem reported in Australia.

Please join us in person or by video link for a discussion of the evidence based approaches to managing patients with Anxiety.

When:	Tuesday 6 th August
Time:	Registration from 7:15am, Session begins 7:30am
Venue:	WA Primary Health Alliance, 7 Tanunda Drive, Rivervale
Parking:	On-site parking is available, refer to map
RSVP	Register by 30 th July
Cost	Free

Please register, even if you intend to join by video link, so we can send you the login details.

This program considers recommendations for assessment of anxiety disorders and evidence-based approaches to management.

Both psychological and pharmacological treatment options will be discussed.

Information and resources covered as part of this educational visit:

- ▶ An independent roundup of the latest guideline updates and evidence relating to diagnosis and management of anxiety.
- ▶ Discussion of psychological treatment options, including recent evidence for eCBT programs.
- ▶ Receive clarification on when to initiate and how to optimise medicines when managing anxiety.
- ▶ Resources that will help you discuss with patients a range of treatment strategies for anxiety.

Accreditation

- ▶ 2 Category 2 RACGP QI & CPD points
- ▶ 1 core point in the ACRRM PD program



Register with Nicole Humphry at WAPHA, ph. (08) 6272 4921 or email: nicole.humphry@wapha.org.au.

Name: _____

Contact phone: _____ Email: _____