

NEW ONLINE WEBINARS: ME/CFS AND LONG COVID FOR GENERAL PRACTITIONERS

Each webinar is pending RACGP approval for 1.5 Educational Activity Hours.

Webinar 1: "Assessment and diagnosis"

Monday 25 November 2024, 6pm to 7:30pm AEDT

By the end of this webinar you will be able to:

- ✓ Investigate presenting signs and symptoms, including order appropriate test
- ✓ Apply diagnostic criteria to patient data, to identify a case of ME/CFS or long Covid
- ✓ Communicate findings from history, physical examination and tests to a patient

Webinar 2: "Managing common symptoms and co-morbidities to improve outcomes"

Monday 2 December 2024 , 6pm to 7:30pm AEDT

By the end of this webinar you will be able to:

- ✓ Develop evidence-based management plans for ME/CFS or long Covid, including treating common symptoms and co-morbidities



Dr Donohoe has worked in the field of ME/CFS for over 35 years, and is considered one of Australia's leading practitioners in this area. He is currently President of the Australasian College of Nutritional & Environmental Medicine (acnem).

Dr Donohoe sees patients from around Australia and overseas with complex illnesses, including chronic fatigue syndrome (CFS), myalgic encephalomyelitis (ME), fibromyalgia (FM), chemical toxicity and sensitivities (MCS) and chronic inflammation.

Treatment usually starts with non-drug therapies, including diet, exercise and lifestyle change, moving on to specific, individualized therapeutic needs of each patient. His preference is for employing very specific non drug therapies to restore capacity and balance, and to achieve long-term, sustainable recovery.

**For further information, contact
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