

### About the initiative

The Australian Government is funding endometriosis and pelvic pain clinics in every state and territory in Australia. These clinics aim to:

- ✦ Improve access for patients to diagnostic, treatment and referral services for endometriosis and pelvic pain
- ✦ Build the primary care workforce to manage this chronic condition
- ✦ Improve access to new information and care pathways.

### Why it's important

Endometriosis is a complex and debilitating chronic condition that can be hard to diagnose, with those suffering waiting an average of 7 years before diagnosis. It is a progressive condition that can start at puberty and continue through to old age. In Australia it affects at least one in nine girls, women and those assigned female at birth. We recognise that the impacts would be even greater in rural and remote areas of WA and hope to be able to provide them access to our full specialist team through telehealth.

### The Patient's Journey



### How to get started

We are excited to spread our service to all parts of WA by offering nurse, GP and pelvic physio appointments via telehealth (video or phone).

- ✦ Step 1 - Patients can register for an initial free nurse screening call via 6186 7992 or booking via HotDocs on our website.
- ✦ Step 2 - Patients will be seen by one of our women's health GP's via telehealth. Collaboration with our pelvic physiotherapist, nurses or specialist gynaecologists will be arranged as required.
- ✦ Step 3 - Patients will be sent back to their regular GP with a treatment plan and suggestions for ongoing care and support. We will always be here as required for any further advice. We would like to remain in contact with our pelvic pain and endometriosis patients through updates on therapies via email newsletters and educational webinars with experts.

### Our Goal

To provide a personalised, evidence based, achievable plan for all patients who present to the pelvic pain service through listening and counselling, treatment, education, support and connection to a qualified multi-disciplinary team.

The Federal Government grant initiative allows us to train our team, increase our capacity to spend more time with you, improve accessibility to allied health and provide a funded nurse who can touch base and track your journey.

Patients will be connected by our team of caring providers to ensure they no longer feel alone in their pain journey.

On completion of the cycle of care patients will receive a discharge letter back to their usual treating GP, summarising the goals and treatment plan.

### The Garden Pelvic Pain Clinic is proudly supported by:



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