

Practice Connect

Latest news and updates

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Aboriginal and Torres Strait Islander health NAIDOC

The National Aboriginal Indigenous Day of Celebration (NAIDOC) has been postponed this year due to COVID-19. It will now take place from **8 to 14 November 2020**.

NAIDOC Week is a great opportunity for practices to participate in a range of activities and build relationships with their local Aboriginal community.

For more information about the week of celebration, including the printable [poster](#) and local events in your area, visit naidoc.org.au/about/naidoc-week.

As noted on the site, permission is not required to display either the Aboriginal or Torres Strait Islander flag. However, it is required to reproduce either flag e.g on a flyer or poster.

Key initiatives

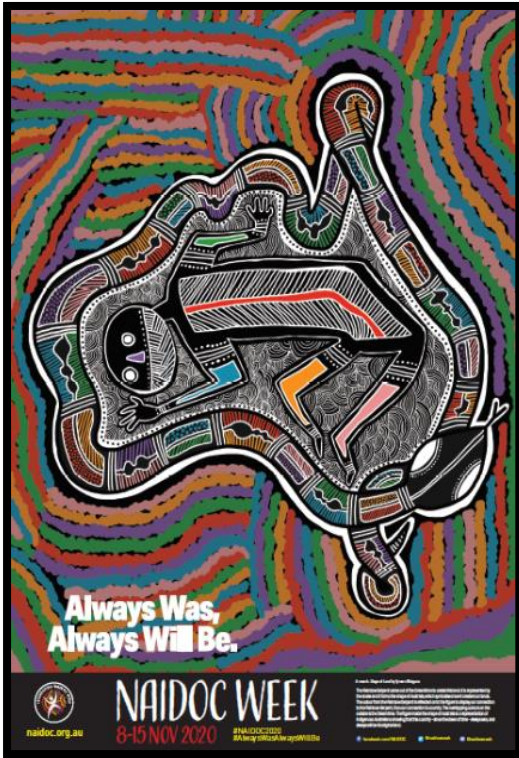
This is a timely opportunity to review key initiatives available to Aboriginal people.

HealthPathways is a great resource for practices seeking to provide optimal care for their Aboriginal patients.

For further information on the following initiatives see the Aboriginal Health Initiatives [pathway](#).



Aboriginal and Torres Strait Islander health NAIDOC (cont..)



Practice Incentive Payment – Indigenous Health Incentive (PIP IHI) and PBS Co-Payment

Registration for both PIP-IHI and the PBS Co-Payment occur on the same form but are two distinct initiatives.

Aboriginal patients with a chronic condition within general practice benefit from being registered for the PIP IHI and Close the Gap (CTG) PBS Co-Payment. A PIP IHI registered Practice will receive payments up to \$500 per calendar year based on registration of an Aboriginal patient for PIP IHI, and the chronic disease management and total patient care provided in a calendar year.

‘The patient registration payment is paid once per patient, per calendar year for patients registered between 1 January and 31 October. If a patient is registered for the first time in November or December of a year, they’ll be registered from 1 January to 31 December of that year, as well as for the following year. Practices will receive one patient registration payment of \$250 in the February payment quarter of the following year.’ (*PIP IHI Guidelines, Feb 2014*).

Practice managers should consider recalling currently registered PIP IHI registered patients who have a chronic condition for renewal of the registration from **November**; and running a report on practice software on Aboriginal patients with a chronic disease who are eligible for the additional support provided via PIP IHI.

HealthPathways includes a detailed breakdown of the associated financial support and target level of care (tiered payments) required to achieve the maximum payment.

The PBS Co-payment Measure (CTG) helps reduce the cost of PBS medicines for Aboriginal patients. Patients most likely to benefit include those who will experience setbacks in the prevention or ongoing management of chronic disease if they do not take the prescribed medicine; and those who are unlikely to follow their medicines routine without this help.

All prescriptions for PBS medicines are covered, whether used to treat chronic or acute medical conditions. **Note:** patients registered for the PBS Co-Payment alone only need to be registered once, and not annually.

Aboriginal and Torres Strait Islander health NAIDOC (cont..)

Integrated Team Care (ITC) Program

The ITC Program is a national funded service providing a clinically qualified care coordination team to support general practice in the care of Aboriginal patients with a chronic condition who require complex or multidisciplinary care.

The ITC Program is also able to provide financial assistance where a person would not otherwise be able to access essential services and medical aids in a clinically appropriate timeframe. For example, by assisting with the cost of medical appointments, or helping with the cost of specific medical aids and equipment.

The service is provided in partnership with an individual's GP, and in alignment with their GP Management Plan.

Health Assessment for Aboriginal people (MBS715)

- An early detection and prevention tool available to all Aboriginal patients.
- Entitles patients to access additional funded services, in addition those linked to a GP Management Plan and Team Care Arrangements:
 - up to five allied health follow-up appointments (items 81300 – 81360)
 - up to 10 practice nurse or Aboriginal Health Practitioner follow-up (item 10987)

PBS List for Aboriginal patients

This list details all available PBS items that are limited to Aboriginal people, as Authority PBS prescriptions. The list is brand specific E.g. Spren100, Chlorsig, Ferro-f-tab.

For further information please visit the [Aboriginal Health Initiative Pathway](#)



**Always Was,
Always Will Be.**

8-15 NOV 2020

WWW.PRACTICEASSIST.COM.AU

Good News Story: Nidjalla Waangan Mia

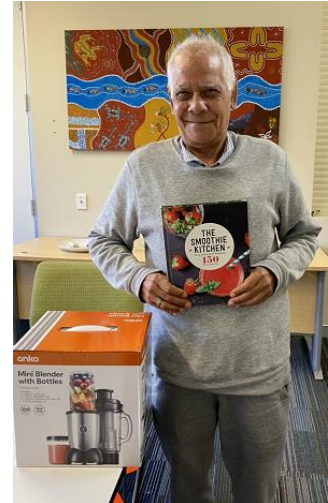
Following the period of social isolation due to COVID-19, the Nidjalla Waangan Mia Health Centre implemented an innovative program to re-engage with their clients and encourage them to take control of their health.

With many reaching for the wrong food and drinks during COVID, Yvonne thought it was the perfect opportunity to reset and change behaviours to improve the health outcomes for their clients by running an eight-week challenge. Nine clients joined the challenge, eight with diabetes and one underweight client who was encouraged to gain weight over the weeks.

Each participant was given a gym towel, water bottle, exercise and food diary and a pedometer to record their activity. The group were set weekly challenges such as drinking two litres of water or taking three ten-minute walks daily. Prizes were given for meeting the targets or being the most improved.

The group met at the centre each week and began the session with a short walk before having their blood pressure, pulse, blood sugar levels and weight measured.

One participant lost 3kg during the challenge despite physical limitations due to a recent surgery. All eight diabetic patients have seen a reduction in their HbA1C and cholesterol levels.



There were two winners each receiving a fresh fruit and veg hamper and a gift voucher for The Athlete's Foot to purchase well-fitting shoes.

Although there were only two official winners, the entire group has benefited with many continuing to record their diet and exercise and make positive changes and take control of their health.

Australian Indigenous HealthInfoNet new sexual health portal

Through engagement with Aboriginal and Torres Strait Islander experts in the field, topics for the sexual health portal will focus on the aspects of sexual health that impact Aboriginal and Torres Strait Islander individuals and their communities.



These topics include safe sex, healthy relationships, sexuality, sexually transmitted infections and blood-borne viruses, sexual disorders and reproductive health. Funded by the Australian Department of Health, the portal has information about publications, policies, health promotion and practice resources, organisations and workforce information to provide up-to-date relevant information for those working in this important area.



Broome based artist Bec Morgan's painting titled 'Where the fresh water meets the saltwater' is the featured art of the new portal and represents the freshwater and saltwater people coming together.

For more information go to [Australian Indigenous HealthInfoNet](#).

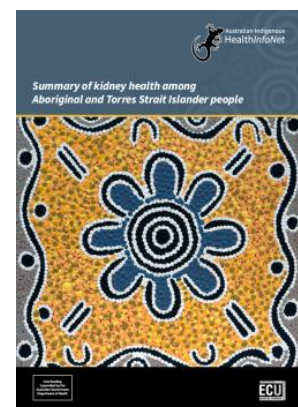
Australian Indigenous HealthInfoNet Updated Review of Kidney Health

The Australian Indigenous HealthInfoNet has produced an updated *Review of kidney health among Aboriginal and Torres Strait Islander people*. Kidney disease is a serious health concern for people living in Australia with one in three adult Australians at an increased risk of developing chronic kidney disease (CKD).

Aboriginal and Torres Strait Islander people experience an increased burden of kidney disease, particularly those living in remote communities. Click [here](#) to access this review.

The review is accompanied by:

- a [30 minute recorded webinar](#)
- a [factsheet](#)
- a [plain language summary](#) of the review
- and a short [video](#)



Practice Connect Newsletter Feedback

As a valued subscriber to our Practice Connect newsletter, we would appreciate your feedback on our publication to ensure it remains relevant and useful for practices.

The survey should take no longer than two minutes to complete. Your feedback will be used to guide future improvements.

Please submit your feedback to us by **COB Friday 11 December**.

For further information regarding this survey please contact the Practice Assist Team on **1800 2 ASSIST** or practiceassist@wapha.org.au



[CLICK HERE
TO START THE SURVEY](#)

PIP QI: A reminder to practices

A brief reminder to all practices participating in the Practice Incentives Program (PIP) Quality Improvement (QI) that quarter 4 commenced on 1 November.

To be eligible for this quarter, practices must undertake continuous quality improvement and share data with WAPHA at least once each quarter or hold a valid exemption from the Australian Department of Health.

For further information, please speak with your Primary Health Liaison or Comprehensive Primary Care Facilitator, or alternatively please contact Practice Assist on **1800 2 ASSIST** or practiceassist@wapha.org.au

Practice Assist Resource Library

As part of our support for general practices, Practice Assist maintains a library of useful resources in our [Practice Assist Resource Library](#). These resources range across different topics from GP Accreditation, Practice Incentives Program, to the latest in resources around COVID-19.

These are some of our newly, and or updated resources in our [Resource Library](#).

Business Management

- [Moving Premises or Changing Business Name \(updated\)](#)

COVID-19

- [MBS COVID19 GP Mental Health Treatment Plan additional services \(updated\)](#)

Digital Health

- [My Health Record - General Practice Workflow \(new\)](#)
- [My Health Record - GP Urgent Care Workflow \(new\)](#)
- [My Health Record - Patient Journey \(new\)](#)
- [Computer and Information Security Resource and Training \(updated\)](#)
- [Data Cleansing Activities and Tools \(updated\)](#)

Practice Incentives Program

- [What is the Practice Incentives Program? \(updated\)](#)

Programs and National Schemes

- [Childhood Immunisation Quality Improvement Activity](#)
- [National Immunisation Program - Pneumococcal vaccination schedule \(new\)](#)
- [National Cancer Screening Programs \(updated\)](#)
- [MCDC Immunisation Provider Assistance Fact Sheet \(new\)](#)

Human Resources

- [GP Orientation Checklist \(new\)](#)
- [Health Workforce Classifications \(new\)](#)
- [Sponsoring International Workers \(new\)](#)
- [What is the Remote Vocational Training Scheme? \(updated\)](#)

General Practice Accreditation

- [Break the Chain - Infection control poster \(updated\)](#)
- [TIS National Multilingual Poster \(new\)](#)
- [Your 5 Moments for Hand Hygiene Poster \(updated\)](#)
- [Respectful and Culturally Appropriate Care Policy \(new\)](#)
- [Open Disclosure Policy Template \(new\)](#)
- [Australian Privacy Principles Fact Sheet \(updated\)](#)

Quality Improvement

- [Quality Improvement Register Template](#)
- [General Practice PDSA Plan Template](#)
- [PIP QI Measures Tracking Table by Practitioner](#)
- [PIP QI Measures Tracking Table](#)
- [Quality Improvement PDSA Log Template](#)

We would appreciate your feedback on our resources for use in your practice use, please email practiceassist@wapha.org.au with ideas and comments.

National Safety and Quality Primary Healthcare Standards

The Australian Commission on Safety and Quality in Health Care (the Commission) is developing National Safety and Quality Primary Healthcare (NSQPH) Standards to assist primary healthcare services to minimise the risk of harm and improve care for patients. Following workshop sessions undertaken in 2019, the Commission now has a draft set of Standards available for feedback, with the intention that the NSQPH Standards will be finalised and published in 2021.

Consultation on the draft NSQPH Standards is open until Friday 27 November 2020, and you can provide your feedback in three ways:

- Complete the short online voting poll
- Provide a written submission
- Participate in an online consultation forum (these will be held throughout November)

All primary healthcare providers, consumers, peak professional bodies, and other sector representatives are invited to provide feedback, including those who are currently assessed against profession-specific standards.

The draft NSQPH Standards can be downloaded [here](#).

For more information on the development and consultation, or to provide your feedback or register for an online forum, please visit the Commission's [NSQPH Standards page](#).

Feedback on primary health workforce communication materials for National Cancer Screening Programs

The University of Melbourne, Royal Australian College of General Practitioners (RACGP), Australian Association of Practice Management (AAPM), Australian Primary Health Care Nurses Association (APNA) and the VCS Foundation have undertaken a project for the Commonwealth Department of Health to understand how the primary healthcare workforce engages with the national cancer screening programs (bowel, breast and cervical).

Findings from this study have led to the development of communication materials to assist in boosting participation, education and engagement.

The current phase invites General Practitioners, practice managers and practice nurses to participate in a focus group discussion (via Zoom) to review and provide feedback on the developed communication materials. The focus group discussions will occur in early December 2020, with all participants receiving a \$50 gift card for their time.

For further details please [click here](#), and or if you are interested in participating, please email Kristi Milley, National Manager at the University of Melbourne kristi.milley@unimelb.edu.au or contact via mobile on 0411 873 253.

National Digital Health Workforce and Education Roadmap

The National Digital Health Workforce and Education Roadmap (the roadmap) was released in September 2020 by the Australian Digital Health Agency. The roadmap outlines skills and capabilities required by the Australian health workforce to maximise the use of digital health.

Join national digital health leaders and your healthcare peers in a **webinar** that discusses the pathway to ensure our health workforce has the skills and confidence to deliver world class digital healthcare.

Please register [here](#) and you will be provided with a personal calendar invite including your link to join the session.



WA Health Professionals Nutrition and Weight Management Training 2020

As part of the implementation of the WA Healthy Weight Action Plan 2019 – 2024, the Department of Health has funded development of a two-part Massive Open Online Course (MOOC) which aims to upskill WA health professionals in Nutrition and Weight Management Training including brief interventions for weight management care.

This is a Health Networks Project with the training developed by researchers at the University of Newcastle, together with EMHS and Curtin University.

We are inviting you to pilot test the training to ensure it is fit-for-purpose for WA health professionals, based on your expertise in this area.

Participation involves completing two Massive Open Online Courses (MOOCs):

- Nutrition Communication for Health Professionals: Key Concepts MOOC (2-3hrs/week over 3 weeks) starting **October 26 until November 15**
- Nutrition Communication for Health Professionals: Applying Skills MOOC (2-3hrs/week over 3 weeks) starting **November 16 until December 7**

For further details about the training pilot, including the link to the Information Statement and training click [here](#).

If you have any further questions, please email EMHS.ObesityPreventionStrategy@health.wa.gov.au

My Body, My Health Toolkit

To celebrate the Drop the Jargon Day, Jean Hailes for Women’s Health is proud to launch a new health education toolkit *My Body. My Health*. Written in plain English, the toolkit was developed to help migrant and refugee women learn about their health and healthy lifestyle choices.

Created in collaboration with the Centre for Culture, Ethnicity and Health, the toolkit is a series of five presentations that aim to deliver positive health messages to women. It can be used by health professionals, educators and organisations that support migrant communities.

The toolkit can be found on the [Jean Hailes website](#).



WA Primary Health Alliance My Health Record Quick Reference Guides

To help support your practice get the most out of your patients’ My Health Record, you will soon be receiving handy desktop guides on accessing some of the most useful features for Best Practice and Medical Director. These will come directly to practices via post.

Specially developed by the WA Primary Health Alliance Digital Health Team, the guides providing step-by-step reminders on how to access features like ‘Finding Medicare Overview’ and ‘Uploading a Shared Health Summary’.

Please email the Practice Assist team on [1800 2 ASSIST](tel:18002ASSIST) or by email practiceassist@wapha.org.au or alternatively contact your WA Primary Health Alliance Primary Health Liaison or CPC Facilitator if you would like to order additional guides or require further support with My Health Record.

Beyond the C – Hepatitis C Elimination in Your Practice

Beyond the C – Hepatitis C Elimination in Your Practice aims to increase the number of patients screened, tested, treated and linked to appropriate care for hepatitis C (HCV), within a General Practice setting. Health practitioners who sign up will be guided by our General Practice Nurse Consultant to conduct HCV case finding and clinical auditing within their own practice, to improve the identification of new cases, follow up, treatment and monitoring.

Those who sign up to the Project will be:

- Eligible to receive practice funding, up to \$12,500 per quarter through the Department of Health’s Practice Incentive Program Quality Improvement (PIP QI)
- Supported to develop sustainable skills in leading quality improvement activities
- Eligible to claim Continuing Medical Education hours with professional bodies such as RACGP
- Helping to eliminate HCV within their practice, within Australia and to meet global elimination targets

If you would like to sign up, or learn more about the project, visit the [website](#) or contact BeyondtheC@ashm.org.au

Support available for immunisation providers from the Metropolitan Communicable Disease Control (MCDC)

A new resource has been uploaded onto our Practice Assist website. It outlines the various ways the MCDC can assist immunisation providers.

For example:

- Support and information regarding the National Immunisation Program (NIP) schedule and vaccines
- Support with formulating catch-up plans
- Translation of non-English overseas immunisation records
- Support for Aboriginal families in relation to immunisations

This new resource can be accessed [here](#).

Help prepare for the COVID-19 vaccine

The Nursing and Midwifery Board of Australia (NMBA) and the Australian Health Practitioner Regulation Agency (AHPRA) are asking that all nurses involved with immunisations take a 3-5-minute survey about their vaccination education.

The information gathered will help state and territory health departments prepare for the Australia-wide rollout of a COVID-19 vaccine.

The link to the survey can be found [here](#). Please complete the survey by 13th November.

The PneumoSmart Vaccination Tool

The *PneumoSmart* Vaccination Tool is a resource that has been developed by the Immunisation Coalition using the pneumococcal disease vaccination recommendations in the Australian Immunisation Handbook to assist immunisation providers. The tool was recently updated to include changes that came into effect on 1 July 2020.

The tool is available on the [Immunisation Coalition](#) website. Further detailed information regarding pneumococcal disease is available in the [Australian Immunisation Handbook](#).

Rabies Vaccine Public Consultation

The Australian Technical Advisory Group on Immunisation (ATAGI) Secretariat advises that a public consultation is now open on proposed changes to the recommended use of the rabies vaccines.

This public consultation will remain open until 11.59PM on Wednesday 18 November 2020.

For further information or to make a submission, click [here](#). Contact the ATAGI secretariat via email ATAGI.Secretariat@health.gov.au if you have any questions regarding this consultation.

Nursing Australia Podcast - Vaccines: Recommended vs funded

Nurses know the NIP funded vaccines inside-out, but how often do you speak to your patients about the recommended vaccines, but not funded ones?

APNA's latest Nursing Australia podcast discusses how to raise this sometimes-tricky conversation and share the reasoning behind recommended vs funded vaccines. Listen to the podcast [here](#).

Immunisation Coalition's 2020 Shingles Webinar

The Immunisation Coalition's 2020 Shingles update for GPs, Immunisation Nurses, Pharmacists and other immunisation professionals will be held on Wednesday 11th November 2020 from 3.00pm – 4.00pm (AWST).

This free webinar will provide useful information about clinical features of the disease, transmission, complications, and vaccination recommendations.

You can register for the webinar [here](#).

Pre-Orders for 2021 Private Influenza Vaccine

AMA (WA) through its Medical Products division, has secured a new contract with Sanofi to supply private influenza vaccines for patients not eligible for government-funded NIP vaccine and will be able to supply practices at the same time as initial NIP vaccine distribution from WA Health.

Practices should be looking at their active patient base to determine quantities and encouraged to confirm orders by COB Friday 18 December 2020.

Click [here](#) to view and download the order form. Email any enquiries to vaccines@amamedicalproducts.com.au



COVIDCBT study and self-help guide

Researchers at Curtin University are currently looking for participants aged 18 years or over to test a free, self-help CBT guide to improve mental health during the COVID-19 pandemic.

The guide provides ideas from international experts to improve mental health and wellbeing in children, teenagers, adults and older adults. Participants need not have mental health problems to join in, as the guide provides strategies to improve general wellbeing.

To participate, visit the covidcbt.org website, or for further information, please view the flyer [here](#).

COVID-19 HealthPathways updates

The following content updates have now been published on the HealthPathways website:

- **COVID-19 Assessment and Management pathway** under the Management heading:
 - Additional information on the management of asymptomatic or mildly ill COVID-19 confirmed cases within primary care, based on updated guidance from the COVID-19 National Evidence Taskforce and the RACGP- **Home-care Guidelines for Adult Patients with Mild COVID-19**, and the
 - RACGP's "Care of post-COVID-19 conditions" resource.
- **COVID-19 Assessment and Management, COVID-19 Child Assessment and Management and COVID-19 in Residential Aged Care Facilities:**
 - Updated information regarding testing as per the Department of Health testing criteria, which came into effective as of the 14th of October.
 - Added Australian Prescriber "Testing for COVID-19" resource under the information for health professionals heading.

To access HealthPathways please contact your WAPHA Primary Health Liaison or email the HealthPathways team at healthpathways@wapha.org.au



NPS MedicineWise Quality Improvement Hub

The NPS MedicineWise Quality Improvement hub has practical information, tools and resources for health professionals and general practice staff, to help improve the quality of health care.

You can find information about

- interventions designed to address specific causes of clinical problems,
- best practice clinical standards,
- improvement measures and
- data quality.

The Quality Improvement hub is available on the NPS MedicineWise website: <https://www.nps.org.au/quality-improvement-hub>.

AAPM JobKeeper templates

AAPM has made available updated JobKeeper 2.0 templates for their members. If you are an AAPM member you can access this information [here](#)

Voluntary Assisted Dying Act 2019 – Implementation Update

Preparing for Voluntary assisted dying in WA – Health service and related care provider readiness

The [Voluntary Assisted Dying Act 2019](#) (the Act) will commence 1 July 2021.

The following resources are available to help service providers and staff consider the impact that voluntary assisted dying will have on their service.

- Fact sheet – [Health service and other service providers](#)
- Presentation – [Introductory information for health and other service providers](#)
- Fact Sheet – [Health service or related care service provider preparation](#)

Throughout November the WA Health Implementation Leadership Team will host a series of webinars in partnership with Victorian service providers. This is an opportunity for Western Australian services to learn from the preparation and implementation experiences of providers who have been delivering voluntary assisted dying in Victoria since June 2019.

- 19 November 2020 - [Preparing for voluntary assisted dying: Palliative Care providers](#)
- 23 November 2020 - [Preparing for voluntary assisted dying: Hospital and related service providers](#)
- 24 November 2020 - [Preparing for voluntary assisted dying: General Practitioners and Nurse Practitioners](#)
- 25 November 2020 - [Preparing for voluntary assisted dying: Residential Aged Care providers](#)

For more information, download a copy of the [Voluntary Assisted Dying Act 2019](#) or visit the [WA Health Voluntary Assisted Dying web page](#).

WA Rural Health Conference 2021

The 2021 conference theme of *lessons learnt from past disasters* will focus on learnings and effects from the recent disasters that have impacted both Australia and the world and how we can prepare for future adversities. The conference will focus on dealing with the aftermath of natural disasters such as bushfires, floods and COVID-19.

Delegates will share ideas and challenges with forward thinkers, whilst having the opportunity to network with colleagues. The WA Rural Health Conference 2021 will provide clinical updates, case studies, small group discussions and workshops covering topics relevant to the rural workforce.

Travel support provided to medical practitioners, nurses and midwives who work and live in rural Western Australia, and their partners.

For further information or to register please visit [WA Rural Health Conference 2021](#)



Partner Education Grants 2020/2021: Applications now open

Partner Education Grants offer the **partners** of rural West Australian medical professionals, nurses and midwives financial support towards their own professional development. Grants of up to \$1,000 per successful partner are available and can be used towards expenses such as course fees, conference registration, membership to professional associations and training related expenses such as course resources, direct travel and accommodation costs.

To review frequently asked questions including eligibility criteria and to apply please visit the [website](#)



WA Rural Health Awards – Nominations Now Open

The WA Rural Health Awards celebrate the achievements of clinicians who have enhanced the range and quality of medical care available in rural locations. These awards are an opportunity to shine the spotlight on health professionals who have contributed to rural health in Western Australia. When news of the COVID-19 pandemic broke, the world hit uncharted waters and health professionals rose to the challenge. Never has there been a better time to acknowledge these heroes.

Nominations are now open for the 2021 awards in the following categories:

- Building Healthy Country Communities
- Clinical Leadership
- GP of the Year
- People's Choice
- Metropolitan-based Bush Champion
- Procedural GP/District Medical Officer of the Year
- Rising Star
- Rural Nurse/Midwife of the Year
- Rural Researcher or Educator
- Specialist of the Year (non-GP)



All the awards (except People's Choice) are peer/supervisor nominated, so please consider nominating a colleague or staff member that is worthy of recognition.

For further information on the award categories and criteria please visit www.ruralhealthwest.com.au/awards

Nominations close 30 November 2020.

Allocation of surgical masks from the National Medical Stockpile

WA Primary Health Alliance continues to operate a significant logistical strategy to distribute masks during the COVID-19 pandemic to general practices, Aboriginal Community Controlled Health Organisations, pharmacies and allied health practices that meet the criteria of the [Department of Health Tranche 4 guidelines](#).

For mask requests, visit the [Practice Assist website](#). Please note, re-orders will not be accepted within five business days (Mon-Fri) of the previous request, except in exceptional circumstances.

Please send all general queries in relation to the National Medical Stockpile to Stockpile.Ops@health.gov.au.

Wellbeing support at hand during stressful times for WA general practice teams

Professional and personal pressures can arise for general practice teams at the best of times, let alone during a global pandemic.

To support GPs and practice staff to look after themselves and take the necessary steps to support their wellbeing, WA Primary Health Alliance is offering three free confidential counselling sessions via its Wellness Program.

Provided through AccessEAP, and available to all WA-based general practice staff, the program offers confidential sessions with a counsellor who can offer information and assistance in navigating the COVID-19 response as well as other personal and professional issues.

Issues that can be addressed during counselling sessions include:

- Preparing for major life changes
- Changes at work
- Changes within family (marriage, new baby, divorce/separation)
- Goal setting for professional or personal life
- Developing new strategies for handling stress at work or at home
- Or simply to have someone to speak to about any of life's inevitable challenges



To book a confidential phone or video counselling appointment, you can call AccessEAP anytime on 1800 818 728.

You will need to identify as a WA Primary Health Alliance member.

GPs and practice staff can also contact Practice Assist by calling 1800 2 ASSIST or emailing practice.assist@wapha.org.au with any questions about the program.

For more information please visit the Practice Assist [COVID-19 Well-being and Support](#) webpage.

Health Promotion Events

World Diabetes Day 2020: Nurses Make the Difference.

This year, the International Diabetes Federation is marking World Diabetes Day by celebrating the millions of nurses around the globe who provide care and support to people living with diabetes. Held every year on November 14, World Diabetes Day aims to raise awareness of diabetes and associated issues.

Alisha Miles, Prevention Manager at Diabetes WA, applauded the IDF’s choice of theme, noting that nurses had a huge role in enabling people with diabetes to self-manage. They were also often a source of psychological support.

However, they also had an additional role in relation to diabetes, that sometimes went unrecognised. “They don’t just help people manage their diabetes, nurses play a big role in helping people to understand that they may be at risk of type 2 diabetes, and then encouraging and enabling them to take steps to avoid that diagnosis.”

Ms Miles coordinates Let’s Prevent, a free program that enables adults at risk of type 2 diabetes to make sustainable lifestyle changes that will help them avoid or delay that life-altering diagnosis.

The Let’s Prevent program has been running in the South West region since 2018 and recently expanded to the Mid-West. Practices in both of these regions are able to directly refer their patients into the program – which is free for eligible adults.

For more information on Let’s Prevent – or to book a patient into an upcoming session – visit www.diabeteswa.com.au/lets-prevent



Coming up soon...	
Lung Cancer Awareness month	November 1-30
Perinatal Depression and Anxiety Week	November 8-14
Antibiotic Awareness Week	November 11-17
National Skin Cancer Action Week	November 15-21
White Ribbon Day	November 20



Education and training

Visit our Webinars & Workshops page at www.practiceassist.com.au for the events calendar.

Webinars

2020 Practice Management Education Day
Presented by AAPM
Thursday 12 November

Virtual Data & Analytics in Healthcare
Presented by Public Sector Network
Thursday 12 November

Urology in General Practice Symposium
Presented by University of Melbourne & Austin Hospital,
Saturday 14 November

Menopause Essentials Update Workshop
Presented by Australasian Menopause Society
Saturday 14 November

TADPole Alcohol Education Event: Does my patient have a drinking problem?
Presented by ECU and WAPHA
Saturday 14 November

2020 Joint Australasian HIV & AIDS Sexual Health Conferences: VIRTUAL
Presented by APNA
Monday 16 November

Depression and Schizophrenia in General Practice
Presented by HealthEd Webcasts
Tuesday 17 November

AAPM WA Peer to Peer Support Networking
Presented by AAPM
Wednesday 18 November

Preparing for voluntary assisted dying: Palliative Care providers
Presented by WA Department of Health
Thursday 19 November

Preparing for voluntary assisted dying: Hospital and related service providers

Presented by WA Department of Health
Monday 23 November

Preparing for voluntary assisted dying: General Practitioners and Nurse Practitioners
Presented by WA Department of Health
Tuesday 24 November

Preparing for voluntary assisted dying: Residential Aged Care providers
Presented by WA Department of Health
Wednesday 25 November

SARS-CoV-2 vaccine development is a finish line in sight
Presented by NCIRS
Monday 23 November

WA Rural Health Conference 2021
Presented by Rural Health West
Saturday 27 and Sunday 28 March

Rural Remote Retrieval Weekend 2021
Presented by Rural Health West
Thursday 13 to Sunday 16 May

Rural Anaesthesia Down Under Conference 2021
Presented by Rural Health West
Sunday 13 to Wednesday 16 June

Online Training

Diabetes in Practice for Nurses
Presented by Diabetes Qualified

COVID-19 Infection Control Training
Presented by Department of Health

Chronic Disease Mgmt Healthy Ageing Program
Presented by APNA

Advanced Skills Training AOD - GPs
Presented by RACGP

STI Testing in Primary Care
Presented by ASHM

The National Nursing and Midwifery Digital Health Capability Framework
Presented by Australian Digital Health Agency