

Practice Connect



Practice Assist
Strengthening general practice in WA

Latest news and updates

30 July 2019

In this edition:

- [PIP QI update](#)
- [Data sharing agreements with WAPHA](#)
- [Maintaining updates for PEN CS CAT4](#)
- [WA Palliative Care Summit 2019](#)
- [New online bowel screening toolkit launched](#)
- [Public consultation on diabetes products subsidised under the NDSS](#)
- [New immunisation requirements for children](#)
- [Accreditation tip: understanding CPR requirements](#)
- [NPS MedicineWise update](#)
- [Immunisation update](#)
- [Overweight and obesity: an interactive insight from AIHW](#)
- [HealthPathways update](#)
- [John Flynn Placement Program is seeking new mentors](#)
- [Monash University study: attitudes of health professionals to older person health assessments](#)
- [TGA's review of textured breast implants and preliminary outcomes](#)
- [Education and training](#)
- [Health promotion events](#)

Next edition: Tuesday 13 August

PIP QI update

As the PIP QI launch date of 1 August draws closer, the Department of Health has added its own set of Frequently Asked Questions, as well as a "Who do I ask?" guidance document, to its suite of PIP QI resources.

We have made available the direct link to the Department of Health FAQs on our own Practice Assist Practice Incentives Program Frequently Asked Questions webpage (<https://bit.ly/2XJVdcF>). We have tailored our own FAQs towards the needs of our WA general practice audience, so we do recommend that you review both sets of frequently asked questions prior to contacting WA Primary Health Alliance, or the Department of Human Services, to ask additional questions.

For those practices who are not confident with the use of PRODA or HPOS, we have added links to the Department of Human Services online training resources to our FAQs. If you are not already using PRODA and / or HPOS, please use these educational resources to familiarise yourself with PRODA and HPOS prior to your registration for PIP QI.

We continue to encourage you to notify us of your intention to participate in PIP QI by using our PIP QI enquiry form (<https://bit.ly/2VHdiY7>). If you have not yet made contact with your Primary Health Liaison to discuss and confirm your readiness for PIP QI, please ensure that you do so as soon as possible. With the increased demand for support from our PHLs in this readiness period, we recommend you make contact promptly to ensure your practice is prepared, should it wish to participate in the new incentive. This is especially pertinent for practices that do not yet share data with WAPHA. Implementing agreements and technology that will enable your practice to share data are processes that take time to establish, so to give your practice the best opportunity to receive a payment in the first quarter (August – October) we need you to get in touch.

You can find the contact details for your Primary Health Liaison here (<https://bit.ly/32Cv0f8>), and Practice Connect will continue to deliver information updates as they are released.

Please continue to the following articles for more information on recommended timelines and activities for preparedness.

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WA Primary Health Alliance is supported by funding from the Australian Government under the PHN Program.

Rural Health West is funded by the Australian Government Department of Health and the WA Country Health Service.

Data sharing agreements with WAPHA

As part of your eligibility for PIP QI, your practice needs to have a current data sharing agreement signed with WAPHA. Practices that are currently extracting and submitting data to WAPHA will have one of these in place already (please check with your Primary Health Liaison if you are unsure). If your practice intends to participate in PIP QI and is not currently sharing data with WAPHA, we will need to execute a data sharing agreement with you.

In order to manage the increased number of practices entering into agreements in the coming weeks, WAPHA has set a recommended deadline of **25 August** for a practice to finalise its data sharing agreement. This deadline is designed to allow our practice support team, as well as PEN CS, to provide you with the necessary assistance to establish the required processes for PIP QI eligibility. This may include installation of the PEN CS data extraction tools, upgrades to practice software, and training on using the PEN CS suite.

If your practice does not finalise its data sharing agreement by 25 August, we cannot guarantee that all steps for PIP QI eligibility will be completed within the time available for an eligible extraction in the first quarter (August – October 2019). Please note, however, that if your practice is unable to finalise the data sharing agreement for the first quarter, it will not necessarily affect eligibility for subsequent quarters.

Maintaining updates for PEN CS CAT4

We have received a number of queries recently about updating PEN CS CAT4 in preparation for PIP QI.

It is always recommended that, where possible, you utilise the current version of your clinical software and the data extraction tool. New versions provide you not only with improved functionality and features, but address security issues as they are identified.

We do, however, know that for many practices, updates can only be installed with the assistance of the practice's IT provider. While the PEN CS support team are experienced in installations and updates, your practice's IT systems may be configured in such a way that it requires authorisation or assistance from your IT provider. We therefore recommend that you discuss this situation with your IT provider, and decide upon an arrangement for running these updates, including notifying your IT provider of any planned PEN CS appointments so that they can be available should they be required. There is also a range of CAT Plus Guides that you can provide to your IT provider so that they understand the system requirements, which can be found by visiting <https://bit.ly/2MIYd8a>.

WA Palliative Care Summit 2019

Join Honourable Roger Cook MLA Minister for Health at the Palliative Care Summit on Saturday 24 August.

This summit aims to shape how we put into practice the strategies and recommendations from the Joint Select Committee's My Life My Choice report, End of Life and Palliative Care Strategy 2018 - 2028 and the Sustainable Health Review 2018.

Health professionals, general practitioners, palliative care specialists, health consumers and carers are encouraged to share their experiences to provide insight and influence the provision of high quality palliative care for all Western Australians.

The summit will be held in partnership with Palliative Care WA, WA Country Health Service, WA Primary Health Alliance, Palliative and Supportive Care Education and the Health Consumers' Council of WA.

To register for the event, please visit <https://bit.ly/2YupKad>.

New online bowel screening toolkit launched

With funding from the Australian government, Cancer Council Australia recently launched a nationwide media campaign to increase participation in the National Bowel Cancer Screening Program.

Your practice may receive more enquiries from patients about bowel cancer screening. Cancer Council have recently launched a new online toolkit (<https://bit.ly/2yag4qs>) to make it even easier for GPs/Nurses and other health professionals to support their patients to screen.

Currently only 4 in 10 eligible Australians complete the National Bowel Cancer Screening Program test kit when it is sent to them in the mail. If we can increase participation to 60% by 2020 and sustain this over the next 20 years, more than 84,000 lives can be saved.

Bowel cancer is our second biggest cancer killer. More than 100 Australians die each week from bowel cancer, but if found early, more than 90% of cases could be treated successfully.

The screening program is based on the in-home use of an immunochemical faecal occult blood test (FOBT). An FOBT looks for traces of blood in a stool sample (bowel motion).

The test is simple and clean and we know that after doing the test 78 per cent of people will repeat it when next invited – once people have done the test they realise how easy it is.

The Australian government now send this test kit to the homes of all eligible patients aged 50-74 every two years.

Further information can be found at www.bowelcancer.org.au or by contacting the Program Information Line on 1800 118 868.

Public consultation on diabetes products subsidised under the National Diabetes Services Scheme (NDSS)

The Department of Health is seeking your feedback in relation to the National Diabetes Services Scheme (NDSS).

The NDSS provides subsidised syringes and needles, blood glucose test strips, urine test strips, insulin pump consumables and continuous glucose monitoring (CGM) products to people with diabetes.

To ensure the NDSS continues to meet the needs of people registered with the scheme, the Department is seeking input from Australians with diabetes and other members of the community impacted by diabetes. Specifically, the Department is seeking views on additional types of products that could be considered for subsidisation under the scheme to support people to self-manage their condition.

The information collected will be used to inform future decision making in relation to the NDSS.

Your views can be provided to the Department using the online survey found by visiting <https://bit.ly/2K41xDu>. This survey will close on 25 August 2019.

Alternatively, you can print this survey using this link <https://bit.ly/2GD09p8> and mail your completed hard copy to:

Diabetes Products Section
Pharmacy Branch (MDP 963)
Department of Health
GPO Box 9848
Canberra ACT 2601

New immunisation requirements for children enrolling into child care services and kindergarten programs

On 22 July 2019, changes to the *Public Health Act 2016* (WA) (<https://bit.ly/2Y9RSnJ>) and the *School Education Act 1999* (WA) (<https://bit.ly/2LNqISn>) came into effect that will help to increase vaccination rates of children in Western Australia (WA) and better protect the community from vaccine preventable notifiable infectious diseases.

When enrolling a child into any child care service, kindergarten or school, parents/guardians are already required to provide their child's Australian Immunisation Register (AIR) Immunisation History Statement (<https://bit.ly/2OoweHK>). This Statement must not be more than two months old.

Under these new changes, the child's immunisation status must be 'up to date' according to their AIR Immunisation History Statement for the child to be permitted to enrol into long day care, family day care, pre-kindergarten or kindergarten.

Exceptions apply to children who have an approved medical exemption to a vaccine, have natural immunity to a specific disease, are on an approved catch-up schedule, or are identified as exempt because of particular family circumstances.

Immunisation providers may receive queries from parents of children who are not currently recorded as 'up-to-date' with their immunisations on the Australian Immunisation Register (AIR).

How you can assist:

- Ensure each child's vaccinations are recorded in the AIR so that the child's AIR Immunisation History Statement will be kept up to date, and the child will be able to enrol into child care services and kindergarten programs.
- If a child is following an approved catch-up schedule, provide a copy of the child's AIR immunisation history form (<https://bit.ly/2K9gnY3>) advising the child is on a catch-up schedule to the parent/guardian, who will then need to provide it to the child care service or kindergarten for enrolment purposes.
- Continue to follow up overdue children.

For further information about WA's immunisation requirements, please visit <https://bit.ly/2K1fP7Z> where you can also access

- *Starting child care, pre-kindergarten and kindergarten* – a parent fact sheet (<https://bit.ly/2LNbHua>)
- *WA Immunisation Requirements: Guidelines for persons in charge of child care services, community kindergartens and schools* (<https://bit.ly/2O9Adb1>)

If you have further queries in relation to the new legislation, please email immunisation@health.wa.gov.au.

Accreditation tip – understanding CPR requirements

RACGP Standards for general practices 5th ed (C8.1B, GP3.1A)

The unavailability of evidence that confirms all staff in a practice have undertaken appropriate cardiopulmonary resuscitation training, within the last three years, is a common noncompliance during an accreditation assessment. While CPR training has usually been completed by clinical staff as part of their annual continuing professional development requirements, it is the training of administrative staff that seems to raise issues for practices.

The Standards require that all practice staff have completed CPR training within the last three years or, in the case of clinical team members, in accordance with the recommendations of the professional organisation, and evidence of this training must be available to your accreditation agency and surveyor team. For a GP, completion of CPR training can often be confirmed as part of a QI&CPD statement, which will usually indicate whether a CPR activity has been completed. However, for other clinical and non-clinical staff, a certificate or other evidence will be required to confirm CPR training has been undertaken.

The training must be provided by an appropriate trainer with a CPR instructor's certificate that complies with the Australian Resuscitation Council (ARC) guidelines on instructor competencies. Training of colleagues can be provided by a member of your clinical team, providing this person has the appropriate CPR instructor's certificate. Alternatively, the practice may wish to engage an accredited training provider.

Online training is not deemed acceptable for CPR training as the ARC requires that trainees physically demonstrate their skills on completion of the course.

When preparing for accreditation, practices should ensure that all members of staff have completed CPR training within the last three years, and that documentary evidence of completion is available. It is worthwhile checking this early on in your preparations, in case training needs to be completed prior to your survey visit. Making the CPR certificate part of an induction checklist will ensure that you are aware of the training status of all new staff. You may also wish to put CPR training on an annual training plan: this will ensure you regularly check the currency of CPR training for all staff, and are able to schedule training for those who require it.

As we approach the end of the 2017-19 triennium, GPs will need to ensure that they have fulfilled the mandatory CPR requirement of their RACGP QI&CPD or ACRRM PDP program. For WA practitioners, the RACGP is facilitating several CPR course sessions across the Perth metropolitan area (plus one session in Albany) between now and mid-November. These sessions are designed to meet the CPR requirements of the QI&CPD program. More information can be found by visiting <https://bit.ly/2K5n3ld>. Practice staff can also access CPR training that complies with ARC guidelines through organisations such as Royal Life Saving Western Australia (<https://bit.ly/2OpPNzr>), the Australian Red Cross (<https://bit.ly/2K3EV6c>) and a variety of other training providers.

Useful links:

Standards for general practices 5th edition Criterion C8.1 <https://bit.ly/2xsl7Bz>

Standards for general practices 5th edition Criterion GP3.1 <https://bit.ly/2PUxXAq>

Australian Resuscitation Council <https://resus.org.au/>

NPS MedicineWise update

Getting ready for Be MedicineWise Week 19 – 25 August

The ninth annual *Be Medicinewise Week* will commence on the 19 August.

This year NPS MedicineWise are encouraging Australians to get to know the language of medicines. Understanding and communicating about medicines is key to getting the most out of them, safely.

NPS MedicineWise has created a range of resources you can download (<https://bit.ly/2OpXUMw>) and use to help spread the important messages of *Be Medicinewise Week*. The *Be Medicinewise Week* poster and Medicines list are available in English and 10 other languages.

You can download, print and display these resources in your health setting or community organisation for *Be Medicinewise Week* (19–25 August).

Immunisation update

Ensure young children receiving influenza vaccine for the first time receive two doses

Recent data in the Australian Immunisation Register (AIR) shows that influenza vaccination coverage in children aged under 5 years of age is currently 47.9%; which is 31.2% higher than at the same time point last year. Your efforts to protect young children from influenza through improving immunisation rates are greatly appreciated.

However, children aged six months to under nine years should have two doses of influenza vaccine (given at least 4 weeks apart) in the first year they receive the vaccine, but many Western Australian children appear to have not yet received their second dose of vaccine.

Approximately 16,500 children aged 6 months to below 5 years have only 1 dose of influenza vaccine recorded on the AIR, and thus should receive a second dose to boost their protection against influenza. Eligible children under 5 years of age are provided the vaccine at no cost through a government funded program. The Department of Health Communicable Disease Control Directorate will be sending SMS reminder messages to parents of eligible children with outstanding doses advising them to receive the second dose, where a mobile phone number is recorded on the AIR.

Overweight and obesity: an interactive insight from the AIHW

The Australian Institute of Health and Welfare has released a new web report on overweight and obesity.

Overweight and obesity is a major public health issue and a leading risk factor for ill-health in Australia. In 2017-18, 67% of Australians aged 18 and over were overweight or obese, with Country WA PHN ranking in the top ten PHNs with the highest prevalence of overweight and obesity. In 2017, Australia had the 8th highest proportion of overweight or obese adults aged 15 and over among 23 OECD member countries with relevant available data.

This web report provides interactive data displays on the prevalence of overweight and obesity, differences in the prevalence between population groups and what is happening over time.

The report can be accessed by visiting <https://bit.ly/2BM1W89>.

HealthPathways update

Newly localised pathways

The HealthPathways WA team has now localised 512 pathways. The most recently localised pathway is

- Antithrombotics in dentistry (<https://bit.ly/2YwCLUv>)

To access HealthPathways, please contact your WAPHA Primary Health Liaison, or email the HealthPathways team at healthpathways@wapha.org.au.

Improved access and pre-planning for NDIS supports for people with complex and challenging needs

Brightwater has developed an NDIS toolkit (<https://bit.ly/2ymOiah>) that General Practitioners can use to guide individuals with complex support needs through NDIS eligibility and preplanning.

The toolkit is for individuals, their families; carers and guardians; as well as health and other human services professionals; and disability service providers. It brings together information about making a successful NDIS Access Request and approaches to preplanning in an effort to provide more adequate and appropriate supports that reflect the individual's needs and goals. The toolkit clarifies roles and responsibilities of all stakeholders.

Stakeholders have helped to develop the toolkit but your feedback is crucial to enable further refinement. Please complete the short survey when you exit the toolkit.

If you have any queries, please contact: rachel.king@brightwatergroup.com

The HealthPathways team would like to invite GPs in your practice to attend the following events:

- **Sir Charles Gairdner Hospital GP Education Event: Chronic Disease and Shared Care**
Saturday 17 August – please see Education and Training section for more information
- **EMHS GP Update: Tackling aging and life-limiting illness – helping our patients to make the most of life**
Saturday 31 August - please see Education and Training section for more information

GP Hubs: Supporting your patient in a complex system – an aged care study

Education event for GPs, nurse practitioners, practice nurses, practice managers, and allied health professionals. This activity has been allocated 4 Category 2 RACGP QI&CPD points.

Date: Tuesday 17 September 2019
Time: 5.30pm – 8.00pm
Venue: Connect Victoria Park, 5 Mackie St, Victoria Park

Education sessions include:

- navigating the aged care system
- optimising the care of the older patient – overview of services and collaboration with primary care
- GP Aged Care Hub experience in Cloverdale

John Flynn Placement Program is seeking new mentors

The John Flynn Placement Program (<https://www.ifpp.com.au/>) is designed to attract the future medical workforce to a rural career. The key aspect of the program is that students return to the same rural location each year creating lasting connections with the people and the place.

We are seeking doctors and/or practices (in a RA 2 to RA 5 location) who are passionate about rural medicine to mentor students and inspire them to consider the unique practice offered in rural WA.

Students are matched with a mentoring doctor and/or practice who they visit for two weeks each year for the length of their degree. Placement dates are organised between the student and their mentor/practice at mutually agreeable times; primarily during university breaks in November to February and June to July. Mentors receive an honorarium of \$300.00 (exclusive GST) per placement week and are eligible to claim for PDP and CPD points.

For more information or to register, please contact the Future Workforce Project Officer on 1800 231 231 or email ifppwa@healthworkforce.com.au.

Monash University Study: attitudes of health professionals to older person health assessments

Monash University is conducting a short online survey regarding the Attitudes of Health Professionals to older person health assessments. General Practitioners or Practice Nurses who have or could have potentially conduct Medicare-funded older person health assessments are invited to participate. The online survey should take 5-10 minutes to complete and participation is voluntary. To find out more about the research please visit <https://bit.ly/2SMqLJt>.

TGA's review of textured breast implants and preliminary outcomes

As part of ongoing work regarding breast implant associated anaplastic large cell lymphoma (BIA-ALCL), the Therapeutic Goods Administration (TGA) has completed its review and laboratory assessment of textured breast implants on the Australian market. The review was announced on 3 May 2019 and involved both laboratory testing and statistical analysis of supply information and the known cases of BIA-ALCL to estimate the risks associated for each type of implant.

As a result, updated information has been released for consumers, as well as a safety alert and a consumer hub. It is recommended that GPs be aware of these developments as consumers are being directed to their healthcare providers for guidance.

The safety alert (<https://bit.ly/2youFi1>) outlines the TGA's proposed regulatory action for textured implants, with a list of affected brands. This information is being provided in the interests of public health and safety, and breast implant recipients are being encouraged to discuss concerns with their medical practitioners.

The TGA also has a page of consumer information on breast implant associated cancer (BIA-ALCL), which describes the cancer, diagnoses, treatment and prognosis, how to identify symptoms, and decision-making around existing implants. This consumer information can be accessed by visiting <https://bit.ly/2Ush4Ui>.

Finally, the breast implant hub (<https://bit.ly/2YrwwgP>) brings together information and resources about breast implants. The hub is updated regularly as new information arises.

Education and training

Visit our Webinars & Workshops page at www.practiceassist.com.au for the events calendar.

Overcoming obesity: helping patients gain a healthy future – 3 August

The RACGP WA, in partnership with St John of God Mt Lawley Hospital, presents an in-depth, interactive workshop on obesity and its complications and management. A local, multi-disciplinary team of health care professionals will present up-to-date information on helping your patients gain a healthier future by reducing their weight.

Date: Saturday 3 August 2019
Time: 8.00am – 3.30pm (registrations from 7.45am)
Venue: St John of God Mt Lawley Hospital, Thirlmere Rd, Mt Lawley
Cost: \$198 (RACGP members), \$265 (non-members)
Register: Please visit <https://bit.ly/311KF5Y> to download the flyer and complete the registration form

Better Questions Workshop – 8 August

Do you want to make a bigger difference in people's lives by enabling them to manage their own health, wellbeing and lifestyle choices? The Better Questions workshop offers highly effective communication strategies and practical tips that will enable you to enhance your communication skills and professional practice.

Date: Thursday 8 August 2019
Time: 9.00am – 3.30pm
Venue: The Boulevard Centre, 99 The Boulevard, Floreat WA 6014
Cost: \$330 per person
Register: Please visit <https://bit.ly/2HzUKPm> to download the flyer and registration form

Workshop - Team Care of the Bariatric Patient – 10 August

On Saturday 10 August the Clinical Training and Evaluation Centre (CTEC) is holding its Team Care Bariatric Patient Workshop. This multidisciplinary workshop is suitable for General Practitioners, Nurse Practitioners, Practice Nurses, Consultants, Trainees, Junior Doctors, Anaesthetists, Nurses, Dietitians and Allied Health Professionals.

The workshop will be presented by a team of highly regarded specialists in the fields of general practice, surgery, dietetics, and psychology. The workshop will cover co-morbidities associated with obesity, recommendations for referral to specialists and allied health professionals, considerations relating to adolescent and elderly patients, and factors affecting fertility and pregnancy in the perioperative bariatric patient. This activity has been allocated 40 Category 1 RACGP QI&CPD points.

For more information, please access the flyer by visiting <https://bit.ly/2FL09TH>.

Date: Saturday 10 August 2019
Time: 8.55am – 4.15pm (registrations from 8.40am)
Venue: CTEC, UWA, Entrance No. 2, Hackett Drive, Crawley
Cost: \$295 (Doctors), \$245 (Nurses / Allied Health Professionals), \$185 (Medical Students)
Register: To register, please visit <https://www.ctec.uwa.edu.au/>

GP Education Event: Chronic Disease and Shared Care – 17 August

Presented by North Metropolitan Health Service and Sir Charles Gairdner and Osborne Park Health Care Group in partnership with WA Primary Health Alliance and HealthPathways WA.

Education sessions include:

- adolescent mental health care in the community
- assessing and managing a patient with suicidal intent in primary care
- drugs and kidney disease: facts and fallacies
- chronic pain: the nuts and bolts of changing patients from opioids to alternative treatments
- transitions of care: goals of patient care and navigating the health system from the adolescent's perspective
- opioid prescribing in discharge medication and deprescribing antipsychotics in patients admitted with delirium

For more information, please visit <https://bit.ly/2GvVANx> to view the flyer.

Date: Saturday 17 August 2019
Time: 8.30am – 3.30pm (registrations from 8.00am)
Venue: Sir Charles Gairdner Hospital, East & West Joske Rooms, Hospital Ave. Nedlands
Cost: Free (morning tea and lunch provided)
Register: To register, please visit <https://bit.ly/2XjZ7bi>
RSVP: By Friday 9 August

Breaking the silence: talking to patients about weight loss – 22 August (webinar)

The aim of this webinar is to increase practitioner confidence and skills to raise the topic of weight loss with patients and follow Australian best practice guidelines to support patients in weight management.

Date: Thursday 22 August 2019
Time: 6.30pm – 8.30pm
Venue: Online
Cost: Free
Register: To register and for more information, please visit <https://bit.ly/2GBXj3K>

Rural Health West Obstetric Emergencies (OBS) – 23 August (Kalgoorlie)

This workshop teaches participants how to effectively manage obstetric cases and emergencies and how to make appropriate decisions.

Date: Friday 23 August 2019
Time: 8.15am – 4.30pm
Venue: TBC
Cost: Free
Register: To register and for more information, please visit <https://bit.ly/2yiJGcb>

Breaking the silence: talking to patients about weight loss – 22 or 23 August

The aim of this workshop is to increase practitioner confidence and skills to raise the topic of weight with patients and follow Australian best practice guidelines to support patients in weight management. The workshop will detail evidence-based information on how to effectively engage in the weight loss conversation as part of routine care. A range of practical information, support and resources will be provided to aid the conversation with patients around achieving a healthy weight, including intervening early to reduce the risk of chronic disease.

Date: Friday 23 August or Saturday 24 August 2019
Time: 9.15am – 4.15pm (registrations and refreshments from 9.00am)
Venue: Trinity on Hampden, 230 Hampden Rd, Crawley
Cost: \$50
Register: To register and for more information, please visit <https://bit.ly/2OrTKn2>

Patient Blood Management: Perioperative and Beyond – 24 August

This CTEC Conference will focus on Patient Blood Management relating to a variety of clinical situations. This interactive conference will cover a wide range of presentations aimed at doctors, nurses and other healthcare professionals who wish to know more about PBM.

Conference presentations will be delivered by highly regarded specialists across different specialty areas:

- The Multimodal PBM Program: Improved Outcomes in WA
- Implementation and Impact of PBM at Fiona Stanley Hospital
- An Overview: Iron Deficiency and PBM Pillars in Surgery
- The IRONMAN Trial: An RCT into iV Iron for Intensive Care Unit Patients with Anaemia
- Point of Care Testing: Apixaban, Rivaroxaban and Other DOACS
- Outcomes Data and Hospital Costs of RBC Transfusion
- Iron Deficiency and Functional ID in Hip Fracture Data and the Implications
- Tired All The Time
- Iron Deficiency and Transfusions in the Primary Care Setting
- Novel Resuscitation Fluid Shock
- Beware of the RCT - Focus on the New Standard of Care

Date: Saturday 24 August 2019
Time: 8.25am – 4.30pm (registrations and refreshments from 8.00am)
Venue: The University Club of UWA, Entrance 1, Hackett Drive, Crawley
Cost: \$295 (doctors), \$245 (nurses, allied health professionals, paramedics), \$185 (students)
Register: To register and for more information, please visit <https://bit.ly/2Ou5jdA>

Spirometry Training Course (Northam) – 24 August

Brought to you by the National Asthma Council Australia as part of the Asthma Best Practice for Health Professionals Program

The Spirometry Training Course provides comprehensive training in the application, measurement and interpretation of expiratory spirometry in general practice. The interactive workshop includes hands-on components to allow participants to apply their new knowledge in a practical setting.

This complimentary course is open to GPs and practice nurses.

Date: Saturday 24 August 2019
Time: 8.30am – 4.00pm
Venue: Bilya Koort Boodja Centre, Minson Ave, Northam
Cost: Free
Register: To register and for more information, please visit <https://bit.ly/2XLKKNO>

GP Update: Tackling issues of aging and life-limiting illness – 31 August

Presented by East Metropolitan Health Service in partnership with WA Primary Health Alliance and HealthPathways WA.

Program topics include:

- Better bones: Optimising Osteoporosis management
- Better breathing: How can we halt the progression of COPD?
- Better beating: What's new to help manage Chronic Heart Failure?
- Using HealthPathways to navigate aged care and advance care planning
- Working with your local Aged Care Services to help your patients stay at home
- Delirium, Dementia and Can I drive, Doc? case studies
- Are you confused by confusion?
- What are "Goals of Patient Care?"
- Encouraging end-of-life conversations to help plan future care (Workshop)
- Questioning capacity? When and where to refer

For more information, please visit <https://bit.ly/2JzvsTH> to view the flyer.

Date: Saturday 31 August 2019
Time: 8.00am – 3.30pm
Venue: Old Victoria Square Café, Royal Perth Hospital, Cnr Murray St and Victoria Square, Perth
Cost: Free
Register: To register, please visit <https://bit.ly/2YUuCq1>

Hepatitis C in Primary Care & Drug and Alcohol Settings Education Program – 31 August

People who inject drugs represent approximately 90% of newly acquired hepatitis C (HCV) infections. Clinicians in Drug and Alcohol settings play an important role in improving the health outcomes of people living with HCV and can reduce a patient's risk of developing advanced liver disease through early diagnosis, appropriate management of co-morbidities, and treatment with new, curative, Direct Acting Antiviral medication (DAAs).

This course is designed to strengthen the capacity of clinical staff working in drug and alcohol settings, or working with people who inject drugs, to effectively test for, treat, and manage HCV. The course will be delivered in three parts:

- online learning modules
- interactive face-to-face workshop
- resources and toolkits to enable confident prescribing of new DAAs

For more information, please download the flyer by visiting <https://bit.ly/2RLeV1F>

Date: Saturday 31 August 2019
Time: 8.45am – 4.30pm (registrations from 8.30am)
Venue: TBC
Cost: Free (lunch and refreshments will be provided)
Register: To register, please visit <https://bit.ly/2XmAVG8>

Use of Ultrasound in Rural Emergency Medicine – 31 August

The Australian College of Rural and Remote Medicine presents this ultrasound workshop offering an introduction and instruction on the use of Ultrasound in Emergency Medicine, trauma, and critical care for the rural generalist or general practitioner with minimal experience in using ultrasound in practice.

A major feature of this workshop is the 'hands-on' practice using live patient models, guided by highly experienced clinical application specialists, sonographers, and clinicians. This course has been designed to cover more common situations that may arise in the Emergency Department, in practice, or basic anaesthetics. Content may vary course to course dependent on the particular skills of the clinical facilitator.

Date: Saturday 31 August 2019
Time: TBC
Venue: Novotel Perth Langley, 221 Adelaide Terrace, Perth WA 6000
Cost: \$795 (ACRRM members), \$1,015 (non-members)
Register: To register, please visit <https://bit.ly/2Qbqggh>

ACNP National Conference – 2 to 5 September

The Australian College of Nurse Practitioners (ACNP) is holding its National Conference in Melbourne from 2 to 5 September 2019.

The ACNP Conference is a fantastic opportunity to bring together Nurse Practitioners, Advanced Practice Nurses and Health Professionals. As the flagship event for the Australian College of Nurse Practitioners, the theme 'Transforming Health Care' recognises the dimensions of practice and contribution made by Nurse Practitioners and Advanced Practice Nurses across Australia.

Date: Monday 2 September to Thursday 5 September 2019
Time: 8.30am – 5.00pm daily
Venue: Pullman Melbourne Albert Park, 65 Queens Rd, Albert Park VIC 3004
Cost: For more information, including costs, please visit <https://bit.ly/2HzW2tG>
Register: To register, please visit <https://bit.ly/2HuvwmR>

15th Annual Women's Health Day for GPs and Practice Nurses – 7 September

This year's event will be a full day session covering a range of women's health topics including:

- recognising eating disorders in general practice
- the top 10 things you need to know about breast density
- understanding Trans Health
- Advance Health Directives in pregnancy
- managing menopause
- Ovarian cancer: what's new
- sexual health – STI update

For more information please download the flyer by visiting <https://bit.ly/2FE84SP>

Date: Saturday 7 September 2019
Time: 8.30am – 4.00pm
Venue: Trinity on Hampden, 230 Hampden Rd, Crawley WA 6009
Cost: \$20
Register: To register, please visit <https://bit.ly/2XDCaQG>

RACGP Early Career GP Conference – 7 & 8 August

RACGP WA New Fellows Committee invites you to a 2-day conference at the Vines Resort. The conference is designed for new Fellows in their first five years since Fellowship, preparing you for what's next.

Date: Saturday 7 September and Sunday 8 September 2019
Time: 8.30am – 4.00pm Saturday and 8.30am – 12.30pm Sunday
Venue: The Novotel Vines Resort Country Club, Verdelho Drive, The Vines
Cost: \$132 (standard registration)
Register: For more information, please visit <https://bit.ly/31cOtI9>

Rural Health West Rural Emergency Assessment Clinical Training (REACT) – 14 & 15 September (Broome)

The Rural Health West CPD REACT workshop is designed to assist Western Australian Visiting Medical Practitioners to maintain their emergency knowledge and skills, and gain formal assessment toward their emergency credentialing, as required by the WA Country Health Service. Covering cardiac arrest, major trauma in both adults and children, and associated lifesaving procedural skills, REACT is a highly interactive workshop, with participants predominantly involved in practical skill stations and simulated scenarios.

Date: Saturday 14 September and Sunday 15 September 2019
Time: 8.00am – 5.00pm
Venue: TBC
Cost: \$2,200 (inc GST)
Register: For more information, please visit <https://bit.ly/32YVFCO>

Australasian Sexual Health Conference & Australasian HIV&AIDS Joint Conference – 16 to 19 September

The Australasian Sexual Health Alliance (<https://bit.ly/30xRkFM>) seeks to use the Australasian Sexual Health Conference (<https://bit.ly/2Hvnev7>) to achieve its purpose of acknowledging and building on the specific expertise of sector partners in our common aims of improving national and local responses to sexual health in Australasia, in supporting and collaborating with close neighbouring countries to achieve these objectives.

The Australasian HIV&AIDS Conference (27th Annual Conference of the Australasian Society for HIV, Viral Hepatitis and Sexual Health Medicine - <https://bit.ly/2JRHqJc>) is the premier HIV Conference in Australia and the Asia and Pacific region. The annual conference is run by ASHM (<https://bit.ly/2Qb2bR6>) as a platform for the dissemination and presentation of new and innovative research findings across the Australasian HIV sector.

Date: Monday 16 September to Thursday 19 September 2019
Time: 7.00am – 5.00pm daily (please visit <https://bit.ly/2LVkfju> for the program)
Venue: Perth Convention and Exhibition Centre, 21 Mounts Bay Rd, Perth WA 6000
Cost: Please visit <https://bit.ly/30ukSDU> for information on delegate costs
Register: To register, please visit <https://bit.ly/2JOLZnn>

Rural Psychiatry and Mental Health Forum – 21 September

This forum is part of the WA Country Health Service and Rural Health West Resident Specialist and Procedural GP Education Series.

The one day Rural Psychiatry and Mental Health Forum 2019, will include lectures, interactive discussions and sessions delivered concurrently over the day and facilitated by experienced specialists. The forum will provide an opportunity to network with fellow colleagues.

Date: Saturday 21 September 2019
Time: TBC
Venue: DoubleTree by Hilton Perth, 100 James St, Northbridge
Cost: \$550 forum registration excluding accommodation
Register: For more information, please visit <https://bit.ly/2yoBccx>

AAPM National Conference – 1 to 4 October

The 2019 AAPM National Conference will once again be filled with a range of dynamic and inspirational speakers, workshops and its social events, as well as a celebration of AAPM's 40th Anniversary! Join AAPM for another exciting conference and celebrate as they acknowledge 40 years of the Australian Association of Practice Management.

Date: Tuesday 1 October to Friday 4 October 2019
Time: Please visit <https://bit.ly/2VNj0HZ> for the conference program
Venue: Brisbane Convention and Exhibition Centre, Merivale St and Glenelg St, South Brisbane
Cost: Early bird registration prices available – please see registration page
Register: To register, please visit <https://bit.ly/2YE9HXM>

Rural Health West Neonatal Emergency Care (NEC) – 17 & 18 October (Esperance)

This Rural Health West CPD workshop provides obstetric teams with the necessary skills to effectively manage problems which may occur during neonatal delivery and postnatal care. Covering neonatal resuscitation, ventilation, chest compression, endotracheal intubation and medications, the workshop also considers ethical questions and how lessons learned can be implemented to improve care in a local setting. Information and teaching is delivered via seminars, case studies, practical hands-on sessions and also mega code scenarios involving the entire resuscitation team.

Date: Thursday 17 October and Friday 18 October 2019
Time: 8.00am – 5.00pm
Venue: TBC
Cost: \$440 (midwives), \$660 (GPs, GPOs)
Register: For more information, please visit <https://bit.ly/2GARzr4>

Rotto Ramble – 18 to 20 October

Rotto Ramble is a unique two-day event where participants test their medical skills and knowledge responding to simulated emergency scenarios in an 'Amazing Race' style' on the beaches and tourist hot spots of Rottnest Island. Participants work as a team to diagnose, stabilise and save the lives of the 'casualties' under the guidance of specialist emergency physicians from WA's hospital emergency departments.

Date: Friday 18 October and Sunday 20 October 2019
Time: Rottnest Ferry departs 4.30pm Friday
Venue: Rottnest Island
Cost: \$220 per person
Register: For more information, please visit <https://bit.ly/2MqUR3O>

RMA19 – 23 to 26 October

Rural Medicine Australia (RMA) is the peak national event for rural and remote doctors of Australia. Hosted by the Australian College of Rural and Remote Medicine (ACRRM) and the Rural Doctors Association of Australia (RDAA), RMA attracts a diverse and collaborative community of junior doctors, students, educators, academics, and medical practitioners who are passionate about generalist medicine in rural and remote communities.

Date: Wednesday 23 October to Saturday 26 October 2019
Time: Please visit <https://bit.ly/30wvaDN> for the conference program
Venue: The Star Gold Coast, 1 Casino Drive, Broadbeach QLD 4218
Cost: Please visit <https://bit.ly/2HHa78T> for delegate costs (early bird available until 31 May)
Register: To register, please visit <https://bit.ly/2HHa78T>

GP19 – 24 to 26 October

GP19: *Your patients Your community Your solutions* (<https://www.gp19.com.au/>) will see a transition into a full clinical update conference. With an exciting new format delivering dynamic education with a focus on topics that affect GPs in their clinical settings. You will also experience an extensive array of hands-on, interactive and highly engaging sessions with take away skills to implement in your everyday practice.

Date: Thursday 24 October to Saturday 26 October 2019
Time: Please visit <https://bit.ly/2EkPTkj> for the conference program
Venue: Adelaide Convention Centre, North Terrace, Adelaide SA 5000
Cost: Please visit <https://bit.ly/2WhAfjK> for delegate costs (early bird available until 1 August)
Register: To register, please visit <https://bit.ly/2SYP3A0>

ARMED Annual Review of Metabolism, Endocrinology and Diabetes – 2 November

Presented by Fiona Stanley Hospital and Diabetes WA in partnership with WA Primary Health Alliance and HealthPathways WA.

Workshops and presentations include:

- Type 2 Diabetes Management in the modern era
- Workshop: Evaluation and practical measures for patients "at risk" of Type 2 Diabetes
- Workshop: Managing the patient with newly diagnosed Type 2 Diabetes
- Workshop: Goals and therapies for the patient with multiple complications and risks
- Workshop: Foot disease in Diabetes
- Cardiovascular risk and Type 2 Diabetes

Date: Saturday 2 November 2019
Time: 8.30am – 4.00pm (registrations from 8.00am)
Venue: Education Building, Fiona Stanley Hospital, 11 Robin Warren Drive, Murdoch
Cost: Free (morning tea and lunch provided)
Register: To register, please visit <https://bit.ly/2XjZm6c>
RSVP: By Friday 25 October

Rural Health West Emergency Airways Skills Management (EAM) – 15 November (Port Hedland)

This Rural Health West CPD workshop is designed to assist health professionals to develop and practice skills essential in unexpected crises, particularly with problem airways. Delivered in WA Country Health Service facilities, this workshop has a heavy emphasis on teamwork and the organisation of medical emergency teams incorporating presentations, skill stations and scenario-based crises with simulation manikins (SimMan and baby).

Date: Friday 15 November 2019
Time: 8.00am – 4.00pm
Venue: TBC
Cost: Free
Register: For more information, please visit <https://bit.ly/2LNUrVI>

Rural Health West Obstetric Emergencies (OBS) – 15 November (Albany)

This workshop teaches participants how to effectively manage obstetric cases and emergencies and how to make appropriate decisions.

Date: Friday 15 November 2019
Time: 8.00am – 4.00pm
Venue: TBC
Cost: Free
Register: For more information, please visit <https://bit.ly/3129fUb>

Rural Emergency Assessment Clinical Training (REACT) – 20 & 21 November

The Rural Health West CPD REACT workshop is designed to assist Western Australian Visiting Medical Practitioners to maintain their emergency knowledge and skills, and gain formal assessment toward their emergency credentialing, as required by the WA Country Health Service. Covering cardiac arrest, major trauma in both adults and children, and associated lifesaving procedural skills, REACT is a highly interactive workshop, with participants predominantly involved in practical skill stations and simulated scenarios.

Date: Wednesday 20 November and Thursday 21 November 2019
Time: 8.30am – 5.00pm
Venue: TBC
Cost: \$2,200 (inc GST)
Register: For more information, please visit <https://bit.ly/2OrIXtg>

Australasian Doctors' Health Conference – 22 & 23 November

The Doctors' Health Advisory Service (DHAS) of Western Australia (WA) has great pleasure in inviting you to join them at the 2019 Australasian Doctors Health Conference (ADHC) in Perth on 22 and 23 November 2019.

These conferences have been held biennially in Australia and New Zealand for nearly 20 years, with 2019 being the first time the event will take place in WA.

The theme is the important topic of “**Creating a Healthy Workplace**”. This will be relevant to doctors at all stages of their career, from medical students, to doctors in training, to doctors established in their chosen career. A particular focus will be looking at the impact of the work environment on a doctor's health, be they a solo private practitioner or working in a large tertiary hospital. Issues will include the effect of medical culture on work life balance, bullying and harassment, and physical and mental health problems. The conference will be relevant to all doctors and medical students, and anyone involved in the training or management of doctors.

Date: Friday 22 November and Saturday 23 November 2019
Time: 9.00am – 5.00pm Friday and 9.00am – 1.00pm Saturday
Venue: Esplanade Hotel Fremantle, 46-54 Marine Terrace and Essex St, Fremantle
Cost: Please visit <https://bit.ly/2Yqc5ow> for registration costs
Register: For more information, please visit <https://bit.ly/3317qsm>

Health promotion events

The Department of Health produces a Health Calendar of Events, which can be accessed by visiting <https://bit.ly/2ExBdi7>.

Coming up soon...	
Be MedicineWise Week	19 – 25 August
Dementia Awareness Month	September
Asthma Week	1 – 7 September
Women's Health Week	2 – 6 September
World Suicide Prevention Day	10 September