

# Practice Connect

## Latest news and updates

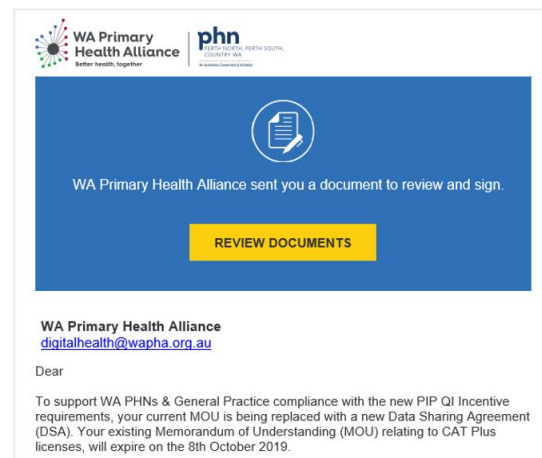
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## Update on new data sharing agreements

New Data Sharing Agreements (DSA) have now been issued to all practices sharing data with WA Primary Health Alliance. These DSAs have been issued by email via the DocuSign application.

If you have not yet received your new DSA, please check your inbox for an email from [digitalhealth@wapha.org.au](mailto:digitalhealth@wapha.org.au), with the subject line *WAPHA PIP QI Data Sharing Agreement*. The email will look like the image below:



The revised DSA forms part of a practice's eligibility for the incentive payment, and therefore needs to be returned prior to this quarter's end date (14 October 2019). If you do not return your new DSA by this date, it may affect your eligibility for a payment in this first quarter.

If you have not received an email from us with your new DSA, please contact us on [digitalhealth@wapha.org.au](mailto:digitalhealth@wapha.org.au), or speak directly with your Primary Health Liaison or Facilitator, as soon as possible.

## PIP IDs - reminder

In preparation for the confirmation of practice eligibility in this first quarter of PIP Q1, WAPHA will be submitting a test file to the Department of Health to confirm we have correct Practice Incentives Program IDs for all participating practices.

As part of this process, we will be sending an email to all practices, confirming the PIP ID we currently have recorded for your practice. This email will be distributed on Monday, 23 September. Please check the email to confirm that we have the correct PIP ID for your practice (remember that your practice's PIP ID will be recorded on all Practice Incentives Program communications from the Department of Human Services. If the record is blank, or the number we have is incorrect, please contact us via the PIP Enquiry Form (<https://bit.ly/2VHdiY7>), or directly to your Primary Health Liaison or Facilitator or [digitalhealth@wapha.org.au](mailto:digitalhealth@wapha.org.au), and provide us with the correct number.

If we do not have the correct PIP ID on file for your practice, this will affect the ability of the Departments of Health and Human Services to verify your practice's eligibility, so it is imperative that you check we have the correct number recorded.

## GP Urgent Care Network Pilot launches

'Not all urgencies are emergencies'

WA Primary Health Alliance is excited to announce the official launch of the GP Urgent Care Network Pilot on Tuesday 10 September.

The WA Premier, Mark McGowan, and Minister for Health, Roger Cook, attended Rockingham Medical Centre and together with Dr Richard Tobin launched GP Urgent Care in Perth and Bunbury regions.

More than 125 general practices will now be providing appointments under GP Urgent Care to patients with non-life-threatening injuries or conditions that need urgent medical attention. Nearly one-fifth of attendances to WA Emergency Departments in 2017-2018 could potentially have been treated in primary care. GP Urgent Care offers better integrated quality healthcare for patients close to where they live. Not only will this utilise unfilled appointments, but it will also support continuity of care for patients within a primary care setting.

The GP Urgent Care Network will operate seven days a week and will cover at a minimum the peak periods between 8am to 8pm. The GP Urgent Care Network Pilot will run for 18 months with a formal evaluation to be conducted by the University of Western Australia.

The first round of applicants for the Network have been selected with applications for a second and third round opening 1 October and 31 January respectively. Application forms will be available from 1 October by visiting <https://bit.ly/2kSuo3U>.

Practices participating in the pilot have their practice and GP Urgent Care appointments listed in the National Health Services Directory, available at [www.gpurgentcare.com.au](http://www.gpurgentcare.com.au)

Please email any questions or feedback to [urgentcare@wapha.org.au](mailto:urgentcare@wapha.org.au)

WWW.PRACTICEASSIST.COM.AU

## AIR access flowchart for general practice nurses and staff

A new flowchart is available on the Practice Assist website, providing an overview of the new AIR process for general practice nurses and staff that commenced on 31 August 2019.

The AIR flowchart can be accessed by visiting <https://bit.ly/2krTxIR>, and other immunisation resources are available on the Practice Assist website at <https://bit.ly/2kR9ZMs>.

## RACGP *General Practice: Health of the Nation* report

The 2019 *General Practice: Health of the Nation* report was launched at Parliament House in Canberra on September 19.

The report highlights the main reasons patients see their GPs, as well as how they interact with the primary health system. It also points to the main challenges GPs face and what must be addressed to ensure Australians can access the care they need, when they need it.

Dr Harry Nespolon, RACGP President, highlighted GP wellbeing and self-care, a special area of focus in this year's report, as requiring significant attention. In particular, this year's *General Practice: Health of the Nation* found GPs are avoiding or delaying seeking their own healthcare for a range of issues, in part due to concerns about being reported to regulatory bodies.

The report also states GPs need more support to help treat the high proportion of patients they see with mental health issues, and that Medicare rebates remain the top health policy issue for GPs.

For more information on the launch, please visit <https://bit.ly/2kQQJyE>, or to read the 2019 report, please visit <https://bit.ly/2kR7GZO>.

## The Advance Project workshops: new dates announced

As previously promoted in the Practice Connect newsletter, WA Primary Health Alliance (WAPHA) is working with Hammond Care to support WA general practices to implement a team-based approach to initiating advance care planning and palliative care into everyday clinical practice. The Advance Project is an evidence-based, RACGP-accredited toolkit and training package which supports practice teams to have positive conversations about the challenging topic of end-of-life planning.

New dates have been announced for Advance Project workshops in Albany and Greenwood, and for more information on these, please view the flyer at <https://bit.ly/2mo8gyO>.

If you cannot attend one of the workshops, but are interested in learning more about the Advance Project, please email our Project Lead, Rose Adamson, at [roseanne.adamson@wapha.org.au](mailto:roseanne.adamson@wapha.org.au).

## Shortage of Tc-99m affects diagnostic imaging capacity

Following a mechanical failure at Australia's Nuclear Science and Technology Organisation (ANSTO), Australia is currently experiencing a shortage of Technetium (Tc-99m); the main isotope used in nuclear medicine scans.

This shortage will affect the volume of scans that can be undertaken in coming weeks, with Tc-99m availability limited from Monday 16 September.

Clinicians are asked to prioritise scans based on clinical need, and defer non-urgent scans until Tc-99m supply returns to normal. Where clinically appropriate, clinicians and nuclear medicine teams should also recommend alternative scans.

To utilise existing Tc-99m resource capacity, scans may be brought forward over coming days, where appropriate.

It is unknown how long the shortage will last; however, ANSTO is undertaking measures to provide a limited Tc99m supply across Australia. Alternatives to Tc-99m based imaging are also being investigated.

Prioritisation of scans should continue until the shortage is resolved. Scans that will be most impacted are skeletal and myocardial scans. Clinicians are advised that there may be significantly reduced capacity for Tc99m scans on some days during this period.

To offset the impact, the Australian Federal Department of Health has also added six additional, temporary nuclear medicine diagnostic imaging items to the Medicare Benefits Schedule, effective from Tuesday 17 September. This means that clinicians can continue to refer patients for standard tests which will be substituted with alternative scans, where appropriate, by nuclear medicine service providers. Clinicians are asked to be aware that tests may be substituted, and to discuss with their patients at the time of referral.

For advice on capacity and alternative diagnostic options contact your nuclear medicine team or nuclear medicine service provider.

### More information

Consumers can be directed to the WA health internet page for further information

- <http://bit.ly/2kZm95Y>
- <http://bit.ly/2mvtF9r>

Clinicians and specialists can seek information from

- <http://bit.ly/2kzwvcQ>
- <http://bit.ly/2mmuFMK>

## New MBS items for GPs to address shortage of nuclear medicine scans

The Australian Government has responded to the shortage of nuclear medicine scans following an equipment failure at Lucas Heights, the Australian Nuclear Science and Technology Organisation's (ANSTO) facility. The Health Department is aware that ANSTO has secured a limited supply of molybdenum-99 (Mo-99) for Tc-99m Generators from international suppliers and that this supply is increasing over the next few weeks. This supply is being distributed to priority areas on the advice of the Nuclear Medicine Working Group in consultation with the states and territories.

To help ensure patients have continued access to common nuclear medicine diagnostic imaging services, the Department of Health has acted to add six temporary items to the Medicare Benefits Schedule (MBS). These items enable the use of alternative equipment (PET) and/or alternative radiopharmaceuticals to provide equivalent diagnostic imaging services.

Importantly, these items can be requested by all medical practitioners, including GPs. Providers have been able to transmit claims for the additional MBS items since Tuesday, 17 September 2019 and the items will be available for an initial period of three months.

The specifics are detailed in the Health Insurance (Section 3C Diagnostic Imaging – Nuclear Medicine Services) Determination 2019, which can be accessed by visiting <https://bit.ly/2ktyKhN>.

Four unapproved radiopharmaceuticals are also required for use with these temporary MBS items. As these products are not included in the Australian Register of Therapeutic Goods, they have been added to the Therapeutic Goods Administration's Special Access Scheme Category C Medicines List, as follows and accessed by visiting <https://bit.ly/2IVGpFT>.

Item	Active ingredient	Dosage form	Route of administration	Indication
25	F18 Myocardial Perfusion Tracer (18F flurpiridaz)	Injection	Intravenous	Myocardial perfusion study
26	F-18 NaF (Sodium fluoride)	Injection	Intravenous	Bone study
30	Gallium-68 (Ga-68) Galligas	Aerosol	Inhalation	Lung ventilation study
31	Gallium-68 (Ga-68) - MAA	Injection	Intravenous	Lung ventilation study

SAS Category C is a notification pathway which allows health practitioners to supply specified unapproved therapeutic goods that are deemed to have an established history of use without first seeking prior approval. The preferred route for submitting notifications is through the SAS Online System (<https://bit.ly/2mqX709>).

The Department of Health will continue to monitor this issue closely and work with all state and territory jurisdictions, ANSTO and the Nuclear Medicine Working Group to minimise the effects of this shortage. Medical professionals seeking further information about the temporary Medicare Benefits Schedule items can email [mri@health.gov.au](mailto:mri@health.gov.au).

Questions about the Special Access Scheme can be directed to [SAS@health.gov.au](mailto:SAS@health.gov.au). ANSTO is providing regular updates on its website (<https://bit.ly/2kvc6pg>).

## Accreditation tip – practice equipment

### **RACGP Standards for general practices 5<sup>th</sup> ed (Indicators GP5.2A and GP5.2C)**

General practices undergoing accreditation are required to have the necessary equipment to enable them to provide comprehensive care and emergency resuscitation. Practice equipment is one area of the Standards in which the requirements are clearly outlined, making it simple for practices to self-assess their compliance against the criterion.

The equipment every practice must have is listed under the Indicator GP5.2A. With the introduction of the 5<sup>th</sup> edition of the Standards, the pulse oximeter became a mandatory item, as well as personal protective equipment (or PPE), which previously appeared in the requirements for the spills kit. Another change is the reference to the “ability to view X-rays”, which allows practices to select their preferred method for clinicians to view X-rays (rather than specifying a particular method). It is also noted that your practice should have all the equipment necessary to meet local needs and procedures commonly performed in the practice. This may mean that you have specialised equipment additional to the mandatory list, but at a minimum you must have the equipment listed under the Indicator.

The required equipment listed under GP5.2A must be readily available within the practice, and must be maintained in accordance with manufacturer’s requirements, and / or be within expiry dates. It is worth noting that equipment for maintaining airways is often found to be past its expiry date during survey visits: this is a non-compliance that is relatively easily rectified, but it is also one that is easily avoided by ensuring practice equipment is subject to the same expiry date checks as medicines and other medical consumables. When considering a method for ensuring equipment is maintained, a clinical equipment maintenance register is recommended. Using a register, you can list all the pieces of equipment within your practice, and document last and next service dates, as well as who will take responsibility for this. Remember that you need to list all clinical equipment on the register, so if your practice has specialised equipment (including a defibrillator), these need to be included on the equipment maintenance register.

Another piece of mandatory equipment is the height-adjustable bed. This is within its own indicator, GP5.2C. The Standards state that the practice should have “one or more height-adjustable beds” and provides guidelines for purchasing height-adjustable beds. The number of beds you have in your practice will be governed by practical considerations such as need and available space, but you must have at least one, and may consider additional beds if you have several consultation spaces. Some practices choose to have their height-adjustable bed(s) in the treatment room, where all clinicians can access them when needed.

While a defibrillator is not mandatory within the Standards, many practices now keep one onsite, particularly those practices that do not have rapid access to care for cardiac arrests.

### **Useful links:**

RACGP Standards for general practices 5<sup>th</sup> ed Criterion GP5.2 <https://bit.ly/2mmEZ7u>

## Rural Health West Annual GP Survey 2019 – now open

This survey gives Rural Health West (RHW) an understanding of general practice in rural and remote communities across Western Australia.

RHW wants to present the true picture of the rural general practitioner workforce and their families to the Australian Government to ensure it is able to continue providing support services through the funding it receives. Your response will enable RHW to identify the current issues and concerns facing you and help it to provide services and programs that will benefit you and the health of your community.

Surveys have been posted to all rural general practitioners. The survey is also available online by visiting <https://bit.ly/2mkA0Ek>, or please email the database team at [database@ruralhw.com.au](mailto:database@ruralhw.com.au) for your login credentials.

## ACRRM's Rural Emergency Skills Training course comes to Perth

Rural Generalists can face emergency situations on a regular basis and are often the first and only health professional who can assist at the scene of an accident.

To ensure you have the skills and confidence to deal with emergency situations confidently and competently during these times, the Australian College of Rural and Remote Medicine (ACRRM) is offering advanced training through its Rural Emergency Skills Training (REST) course, coming to Perth on 5-6 October 2019.

The two-day program will cover basic life support along with advanced techniques to assist with managing life-threatening injuries and multi-trauma events. The hands-on, step-by-step format provides a structured approach to learning, and covers many common emergencies in rural practice that are relevant to the pre-hospital, small rural hospital and private rural practice environment. Participants will receive 10 ALS and 30 PRPD points, with ACRRM members receiving a discount to attend.

To register, please visit <https://bit.ly/2kHEjtb>.

Prefer to talk to someone? Contact the ACRRM courses team on 1800 223 226 or email [courses@acrrm.org.au](mailto:courses@acrrm.org.au) or visit the ACRRM website (<https://bit.ly/2lYkvSx>) to see where else REST is travelling to in 2019.



## HealthPathways update

The HealthPathways team have now localised 522 pathways. The most recently localised pathway is:

- Antithrombotics in Dentistry (<https://bit.ly/2YwCLUy>)
- Opioid Substitution Treatment (<https://bit.ly/2mh7jlm>)
- Thyroid Nodules and Goitre (<https://bit.ly/2koiOgz>)
- Bronchiolitis in Children (<http://bit.ly/2mpSIKT>)
- Benign Prostatic Hyperplasia (BPH) (<http://bit.ly/2m2YBh2>)
- Pyelonephritis (<http://bit.ly/2IY8YTe>)
- Eczema or Dermatitis in Adults (<http://bit.ly/2mpT7Np>)
- Acne (<http://bit.ly/2IY95OE>)
- Dermatology Advice (<http://bit.ly/2mobsdD>)
- Non-acute Dermatology Assessment (seen within 30 days to 1 year) (<http://bit.ly/2kUr48q>)
- Acute Dermatology Assessment (seen within 7 days) (<http://bit.ly/2kVS7QB>)
- Psoriasis (<http://bit.ly/2kUrcoq>)

To access HealthPathways please contact your WAPHA Primary Health Liaison or email the HealthPathways team at [healthpathways@wapha.org.au](mailto:healthpathways@wapha.org.au)

## NPS MedicineWise update

NPS Medicine Wise invites your practice to participate in an educational visit for their latest program.

### Opioids and the bigger picture when treating chronic pain – starting October 2019

Their current program provides clarity on the role of opioids when supporting patients with chronic non-cancer pain. It covers the latest evidence and offers advice on engaging patients to take an active role in managing pain.

Information and resources covered as part of this educational visit

- Discussion includes the implications of emerging evidence on the management of chronic pain
- Advice on how to engage patients in difficult conversations about opioids and tapering
- Patient resources to improve outcomes for patients using opioids

Educational visits are available as:

- One-on one tailored discussion for GPs (30 minutes)
- Virtual visits via video call, so GPs who find it difficult to schedule an in-practice visit can still benefit from our visiting program
- Small group meeting for up to 10 health professionals – GPs, practice nurses and pharmacists (1 hour)

For further information please visit <http://bit.ly/2mr4AfG>.



## My Health Record update

As reported last edition, the Australian Digital Health Agency (ADHA) has recently released a series of webinars targeting a wide range of healthcare providers, including webinars for providers coordinating care for patients with mental health conditions, for specialists, and for hospital pharmacists. Some webinars of particular interest to our subscribers are listed below, and we encourage you to register for those relevant to your practice and / or healthcare providers.

### My Health Record – a tool to support clinicians coordinating care for those with mental health conditions

**Date:** Tuesday, 8 October 2019  
**Time:** 10.00am – 11.00am (AWST)  
**Venue:** Online  
**Register:** For more information, and to register, please visit <https://bit.ly/2kJqdHK>

### Leveraging My Health Record to improve practice workflow – a session for Practice Managers

**Date:** Wednesday, 9 October 2019  
**Time:** 10.00am – 11.00am (AWST)  
**Venue:** Online  
**Register:** For more information, and to register, please visit <https://bit.ly/2IWMuC7>

### My Health Record – providing care in the community

**Date:** Wednesday, 30 October 2019  
**Time:** 11.00am – 12.00pm (AWST)  
**Venue:** Online  
**Register:** For more information, and to register, please visit <https://bit.ly/2mrFBZJ>

Information for all upcoming webinars can be accessed by visiting <https://bit.ly/2SB5pxD>. All ADHA webinars are provided at no cost to participants.

You can also download the slide presentations for a number of previous webinars by clicking on the links below:

- My Health Record: supporting delivery of care in paediatrics <https://bit.ly/2ktznlb>
- Improving continuity of care with My Health Record (community and practice nurses) <https://bit.ly/2m4LxaA>
- Secure messaging: an introduction <https://bit.ly/2m4LCeo>
- Breathe easy: how My Health Record can help better manage patients with asthma <https://bit.ly/2kqv406>
- Using My Health Record to enhance medicines safety and chronic disease patients <https://bit.ly/2koy90E>

## Australian Association of Practice Management courses

### Fundamentals of Practice Management course

The Australian Association of Practice Management (AAPM) is offering a two-month course designed to introduce new Practice Managers to the roles and responsibilities of the position, as well as assist to form the basis for understanding the daily operations of a practice.

For further information please visit <http://bit.ly/2lYzSud>.

### Tender and submissions writing course

The AAPM Management has released a free Tender and Submission Writing Course for General Practice developed in partnership with Coordinare (South Eastern NSW PHN).

For further information please visit <http://bit.ly/2kpnVNH>.

## GPaskthequestion – FASD Hub

The '*GPaskthequestion*' project provides videos and resources to highlight the importance of asking all pregnant women irrespective of age, socio-economic status or ethnicity about their alcohol use.

Don't assume that women are aware of the risks of drinking alcohol during pregnancy. As you will hear in the video's women say "just ask us about alcohol".

As important as 'asking' is the need to 'assess and record' this information using a validated tool such as the AUDIT-C. It is critical to know about alcohol consumption before and after confirmation of pregnancy.

GPs can help address the issue of alcohol use for women planning a pregnancy and during pregnancy.

For more information on this project, and to access the resources, please visit <https://bit.ly/2mh7Vh8>.

## Type1Screen – New diabetes screening initiative

Type1Screen offers free screening for the early stages of type 1 diabetes. This is available to all Australian and New Zealand residents aged 2-30 years who have a relative with the condition.

People who are found to test positive are monitored closely and, if they develop type 1 diabetes, will be offered education and started on insulin early to avoid serious illness.

Type1Screen offers opportunities to participate in clinical trials and other research that aims to prevent type 1 diabetes.

For more information on this initiative, please visit <http://bit.ly/2kHQ2YJ>.

## Education and training

Visit our Webinars & Workshops page at [www.practiceassist.com.au](http://www.practiceassist.com.au) for the events calendar.

### Immunisation and Cancer Screening education sessions – October

Join WA Primary Health Alliance and its partners for the bi-annual Immunisation and Cancer Screening update for general practice staff.

The sessions are designed to be interactive, and presenters from Metropolitan Communicable Disease Control, WA Cervical Cancer Prevention Program, and BreastScreen WA will be available to answer questions from attendees. There is no cost for attendance, and participants will receive a certificate of attendance via email after the event.

To register for any one of the events, please visit <https://bit.ly/341aFR6>, or view the flyer by visiting <https://bit.ly/322oflr>.

Date	Time	Location
Wednesday 9 October	9.00am – 12.00pm	Fiona Stanley Hospital FSH Education Centre, G7 Ground Floor 14 Barry Marshall Place, Murdoch
Thursday 10 October	9.00am – 12.00pm	Type 1 Diabetes Family Centre 11 Limosa Close, Stirling
Friday 11 October	9.00am – 12.00pm	The Rise 41a Great Northern Highway, Middle Swan
Tuesday 15 October	9.00am – 12.00pm	Secret Harbour Surf Lifesaving Club Secret Harbour Boulevard, Secret Harbour
Wednesday 16 October	9.00am – 12.00pm	Frye Park Pavilion Clifton St, Kelmscott

## Pharmacology Updates Part 2: Special considerations in psychopharmacological prescribing – 1 October

Topics include

- the conundrum of paediatric psychopharmacology
- psychopharmacology in neurodevelopmental disorders
- an introduction to addiction pharmacology

For more information, please visit <https://bit.ly/2U6khFF> to view the flyer.

**Date:** Tuesday 1 October 2019

**Time:** 8.30am – 1.00pm

**Venue:** Perth Children's Hospital, Level 5 Training Rooms 1 (East) and 2 (West)

**Register:** To register, please visit <https://bit.ly/2HsQECh>

## AAPM National Conference – 1 to 4 October

The 2019 AAPM National Conference will once again be filled with a range of dynamic and inspirational speakers, workshops and its social events, as well as a celebration of AAPM's 40th Anniversary! Join AAPM for another exciting conference and celebrate as they acknowledge 40 years of the Australian Association of Practice Management.

**Date:** Tuesday 1 October to Friday 4 October 2019

**Time:** Please visit <https://bit.ly/2VNj0HZ> for the conference program

**Venue:** Brisbane Convention and Exhibition Centre, Merivale St and Glenelg St, South Brisbane

**Cost:** Early bird registration prices available – please see registration page

**Register:** To register, please visit <https://bit.ly/2YE9HXM>

## Autism Training WA: Medical Sector – 2 October

The Autism Association of Western Australia is partnering with the WA Health Sector and has developed training packages and resources to increase Autism awareness within the health sector.

The ultimate aim of this initiative is to improve access to health care and the health outcomes for individuals with Autism, in line with the WA Disability Health Framework 2015-2025, and the National Disability Insurance Scheme.

**Date:** Wednesday 18 September 2019

**Time:** 6.00pm – 8.30pm (registrations and refreshments from 5.30pm)

**Venue:** Autism Association of WA, 215 Stubbs Terrace, Shenton Park

**Cost:** Free

**Register:** For more information, please visit <https://bit.ly/2YYIToV>

## GP Education Event CPR & Addressing Eating Disorders in Primary Care – 3 October (Albany)

*Have you completed your CPR requirements for the 2017-19 triennium?*

The RACGP CPR course for GPs and practice staff provides participants with topical emergency presentations and recent changes in emergency practice.

The course is delivered by St John Ambulance in accordance with the current guidelines of the Australian Resuscitation Council and covers all aspects of resuscitation and basic life support.

After the CPR course, join us for a free education session on eating disorders in primary care presented by Dr Lisa Miller, Uli O'Sullivan and Dr Irene Dolan.

Topics include

- Screening and assessment
- Management and treatment
- Recover and essential elements of care
- Supporting patient and carers
- Referral pathways and support services

For more information, please visit <http://bit.ly/2kni9fv> to view the flyer.

**Date:** Thursday 3 October 2019  
**Time:** 4.00pm – 8.30pm (registrations and refreshments from 5.30pm)  
**Venue:** Albany Public Library Upstairs Meeting Rooms, 221 York Street, Albany 6330  
**Cost:** CPR is \$59, education is free  
**Register:** For more information, please visit <http://bit.ly/2mm7gev>

## Otitis Media Management Program – 4 October

The Otitis Media Management Program is designed to develop knowledge and skills required for a range of health professionals and others working within Aboriginal and / or Torres Strait Islander Health to safely assess the aural health of individuals and implement best practice management guidelines.

The one-day workshop includes lecture and practical workshop activities involving condition recognition, ear health assessment, otoscopy and digital video otoscopy, as well as a range of basic, point-of-care hearing assessments.

For more information, please go to <https://bit.ly/2IJzbEG> to view the flyer.

**Date:** Friday 4 October 2019  
**Time:** 8.45am – 4.30pm  
**Venue:** Technology Park Function Centre, 2 Brodie-Hall Drive, Bentley WA 6102  
**Cost:** Free  
**Register:** To register, please visit <https://bit.ly/2IJzi34>

## The Advance Project GP & Practice Team education event – 9 October (Albany)

WA Primary Health Alliance is working with Hammond Care to support WA general practices to implement a team-based approach to initiating advance care planning and palliative care into everyday clinical practice.

For more information, please visit <http://bit.ly/2mJPC4B> to view the flyer.

**Date:** Wednesday 9 October 2019  
**Time:** 12.00pm – 3.00pm  
**Venue:** Amity Health, 136 Lockyer Avenue, Albany WA 6330  
**Cost:** Free (light meal provided)  
**Register:** For more information, please visit <http://bit.ly/2kQEJxg>

## Diabetes Update for Health Professionals – 10 October

Diabetes WA is offering a diabetes update for health professionals working within a hospital, medical practice, community health or aged care setting. The training will provide participants with an increased understanding of diabetes and the services available to their patients. Training is suitable for GPs, enrolled nurses, registered nurses, allied health professionals, and pharmacists.

For more information, please go to <https://bit.ly/2m18DPt> to view the flyer.

**Date:** Thursday 10 October 2019  
**Time:** 9.00am – 5.00pm  
**Venue:** The Boulevard, Floreat  
**Cost:** Free  
**Register:** To register, please visit <https://bit.ly/2ILARgX>

## Otitis Media Management Program – 11 October (Bunbury)

The Otitis Media Management Program is designed to develop knowledge and skills required for a range of health professionals and others working within Aboriginal and / or Torres Strait Islander Health to safely assess the aural health of individuals and implement best practice management guidelines.

The one-day workshop includes lecture and practical workshop activities involving condition recognition, ear health assessment, otoscopy and digital video otoscopy, as well as a range of basic, point-of-care hearing assessments. For more information, please go to <https://bit.ly/2m62j9x> to view the flyer.

**Date:** Friday 11 October 2019  
**Time:** 8.45am – 4.30pm  
**Venue:** Mercure Sanctuary Golf Resort, Lot 100 Old Coast Rd, Bunbury WA 6230  
**Cost:** Free  
**Register:** To register, please visit <https://bit.ly/2IJzi34>

## Rural Health West Neonatal Emergency Care (NEC) – 17 & 18 October (Esperance)

This Rural Health West CPD workshop provides obstetric teams with the necessary skills to effectively manage problems which may occur during neonatal delivery and postnatal care. Covering neonatal resuscitation, ventilation, chest compression, endotracheal intubation and medications, the workshop also considers ethical questions and how lessons learned can be implemented to improve care in a local setting. Information and teaching is delivered via seminars, case studies, practical hands-on sessions and also mega code scenarios involving the entire resuscitation team.

**Date:** Thursday 17 October and Friday 18 October 2019  
**Time:** 8.00am – 5.00pm  
**Venue:** TBC  
**Cost:** \$440 (midwives), \$660 (GPs, GPOs)  
**Register:** For more information, please visit <https://bit.ly/2GARzr4>

## Rotto Ramble – 18 to 20 October

Rotto Ramble is a unique two-day event where participants test their medical skills and knowledge responding to simulated emergency scenarios in an 'Amazing Race' style' on the beaches and tourist hot spots of Rottnest Island. Participants work as a team to diagnose, stabilise and save the lives of the 'casualties' under the guidance of specialist emergency physicians from WA's hospital emergency departments.

**Date:** Friday 18 October and Sunday 20 October 2019  
**Time:** Rottnest Ferry departs 4.30pm Friday  
**Venue:** Rottnest Island  
**Cost:** \$220 per person  
**Register:** For more information, please visit <https://bit.ly/2MqUR3O>

## TADPole: the "heartsink" consultation – 19 October

Patients with multiple physical, mental, alcohol and other drug issues often face many challenges. Health practitioners may experience "heartsink" in trying to respond to these difficult problems. This interactive session will include a conversation about the patient and health practitioner experience and expectations, resources and an approach to managing complex issues within time and resource constraints.

**Date:** Saturday 19 October 2019  
**Time:** Registration 8.30am, 9.00am – 12.00pm  
**Venue:** Tompkins on Swan, Cnr Dunkley Ave & Canning Hwy, Alfred Cove WA 6154  
**Cost:** Free  
**Register:** For more information, please visit <http://bit.ly/2kqC90G>

### TADPole: chronic pain management webinar – 21 October

The chronic pain management webinar aims to effectively explain the concepts underlying the experience of chronic pain to patients, describe a safe approach to chronic pain management which involves non-pharmacological and pharmacological means, and identify on-line resources which are available to assist patients in managing chronic pain.

For more information, please view the flyer by visiting <http://bit.ly/2kvIjOm>

**Date:** Saturday 21 October 2019  
**Time:** 7.30pm – 8.30pm (presentation and interactive case discussion)  
8.30pm – 9.00pm (Q&A)  
**Venue:** Online  
**Cost:** Free  
**Register:** To register, please visit <https://bit.ly/2mrbKR6>

### Course in Tympanometry – 22 October

The Course in Tympanometry is designed to provide skills and knowledge for a range of health professionals and others working within Aboriginal and / or Torre Strait Islander health to undertake tympanometric screening and tympanometry.

For more information, please go to <https://bit.ly/2kzSFLW> to view the flyer.

**Date:** Tuesday 22 October 2019  
**Time:** 8.45am – 4.30pm  
**Venue:** Technology Park Function Centre, 2 Brodie-Hall Drive, Bentley WA 6102  
**Cost:** Free  
**Register:** To register, please visit <https://bit.ly/2lJzi34>

### RMA19 – 23 to 26 October

Rural Medicine Australia (RMA) is the peak national event for rural and remote doctors of Australia. Hosted by the Australian College of Rural and Remote Medicine (ACRRM) and the Rural Doctors Association of Australia (RDAA), RMA attracts a diverse and collaborative community of junior doctors, students, educators, academics, and medical practitioners who are passionate about generalist medicine in rural and remote communities.

**Date:** Wednesday 23 October to Saturday 26 October 2019  
**Time:** Please visit <https://bit.ly/30wvaDN> for the conference program  
**Venue:** The Star Gold Coast, 1 Casino Drive, Broadbeach QLD 4218  
**Cost:** Please visit <https://bit.ly/2HHa78T> for delegate costs (early bird available until 31 May)  
**Register:** To register, please visit <https://bit.ly/2HHa78T>



### Course in Tympanometry – 24 October (Bunbury)

The Course in Tympanometry is designed to provide skills and knowledge for a range of health professionals and others working within Aboriginal and / or Torre Strait Islander health to undertake tympanometric screening and tympanometry.

For more information, please go to <https://bit.ly/2IG995v> to view the flyer.

**Date:** Thursday 24 October 2019  
**Time:** 8.45am – 4.30pm  
**Venue:** Mercure Sanctuary Golf Resort, Lot 100 Old Coast Rd, Bunbury WA 6230  
**Cost:** Free  
**Register:** To register, please visit <https://bit.ly/2IJzi34>

### TADPole: chronic pain management webinar – 24 October

The chronic pain management webinar aims to effectively explain the concepts underlying the experience of chronic pain to patients, describe a safe approach to chronic pain management which involves non-pharmacological and pharmacological means, and identify on-line resources which are available to assist patients in managing chronic pain.

For more information, please view the flyer by visiting <https://bit.ly/2kqftO3>

**Date:** Thursday 24 October 2019  
**Time:** 7.30am – 8.30am (presentation and interactive case discussion)  
8.30am – 9.00am (Q&A)  
**Venue:** Online  
**Cost:** Free  
**Register:** To register, please visit <https://bit.ly/2mrbKR6>

### GP19 – 24 to 26 October

GP19: *Your patients Your community Your solutions* (<https://www.gp19.com.au/>) will see a transition into a full clinical update conference. With an exciting new format delivering dynamic education with a focus on topics that affect GPs in their clinical settings. You will also experience an extensive array of hands-on, interactive and highly engaging sessions with take away skills to implement in your everyday practice.

**Date:** Thursday 24 October to Saturday 26 October 2019  
**Time:** Please visit <https://bit.ly/2EkPTkj> for the conference program  
**Venue:** Adelaide Convention Centre, North Terrace, Adelaide SA 5000  
**Cost:** Please visit <https://bit.ly/2WWhAfjK> for delegate costs (early bird available until 1 August)  
**Register:** To register, please visit <https://bit.ly/2SYP3A0>

## The Advance Project GP & Practice Team education event – 26 October

WA Primary Health Alliance is working with Hammond Care to support WA general practices to implement a team-based approach to initiating advance care planning and palliative care into everyday clinical practice.

For more information, please visit <https://bit.ly/2IFwYuc> to view the flyer.

**Date:** Saturday 26 October 2019  
**Time:** 8.30am – 12.00pm  
**Venue:** Greenwood Hotel Function Room, 349 Warwick Rd, Greenwood WA 6024  
**Cost:** Free (light meal provided)  
**Register:** To register, please visit <https://bit.ly/2k8tJuJ>

## Wound Care – 1 November (Kalgoorlie)

This Rural Health West CPD workshop is designed to assist health professionals to gain a comprehensive understanding of the importance of clinical governance in wound management inclusive of scope of practice, policy, evidence-based practice, inter-professional practice and consumer engagement.

The workshop content includes:

- Clinical Governance in Wound Management
- Dressing Product Workshop
- Conservative Sharp Wound Debridement
- Wound Assessment
- Overview of Common Wound Types; including Diabetic Foot Ulcers, Skin Tears and Skin Ulcers

**Date:** Friday 1 November 2019  
**Time:** 8.00am – 5.00pm  
**Venue:** TBC  
**Cost:** \$350.00  
**Register:** For more information and to register, please visit <https://bit.ly/2kxKaB6>

## TADPole: Parents / family concerned about a young person's alcohol and other drug use – 2 November

At the completion of this event, to assist concerned parents and/or family members, practice nurses will be able to:

- Discuss the prevalence of alcohol and other drug use.
- Discuss reasons why young people might use alcohol or other drugs.
- Explain the characteristics of problematic alcohol and other drug use.
- Support parents to understand what they can and can't do to help their child who may be experiencing alcohol or other drug-use problems.
- Identify State and local alcohol and other drug support services and resources available.

This event is for practice nurses.

**Date:** Saturday 2 November 2019  
**Time:** Registration 8.30am, 9.00am – 12.00pm  
**Venue:** International on the Water Hotel, 1 Epsom Ave, Ascot WA 6104  
**Cost:** Free  
**Register:** For more information, please visit <https://bit.ly/2mnzbKX>

## ARMED Annual Review of Metabolism, Endocrinology and Diabetes – 2 November

Presented by Fiona Stanley Hospital and Diabetes WA in partnership with WA Primary Health Alliance and HealthPathways WA.

Workshops and presentations include:

- Type 2 Diabetes Management in the modern era
- Workshop: Evaluation and practical measures for patients "at risk" of Type 2 Diabetes
- Workshop: Managing the patient with newly diagnosed Type 2 Diabetes
- Workshop: Goals and therapies for the patient with multiple complications and risks
- Workshop: Foot disease in Diabetes
- Cardiovascular risk and Type 2 Diabetes

**Date:** Saturday 2 November 2019  
**Time:** 8.30am – 4.00pm (registrations from 8.00am)  
**Venue:** Education Building, Fiona Stanley Hospital, 11 Robin Warren Drive, Murdoch  
**Cost:** Free (morning tea and lunch provided)  
**Register:** To register, please visit <https://bit.ly/2XjZm6c>  
**RSVP:** By Friday 25 October

## Rural Health West Emergency Airways Skills Management (EAM) – 15 November (Port Hedland)

This Rural Health West CPD workshop is designed to assist health professionals to develop and practice skills essential in unexpected crises, particularly with problem airways. Delivered in WA Country Health Service facilities, this workshop has a heavy emphasis on teamwork and the organisation of medical emergency teams incorporating presentations, skill stations and scenario-based crises with simulation manikins (SimMan and baby).

**Date:** Friday 15 November 2019  
**Time:** 8.00am – 4.00pm  
**Venue:** TBC  
**Cost:** Free  
**Register:** For more information, please visit <https://bit.ly/2LNURvI>

## Rural Health West Obstetric Emergencies (OBS) – 15 November (Albany)

This workshop teaches participants how to effectively manage obstetric cases and emergencies and how to make appropriate decisions.

**Date:** Friday 15 November 2019  
**Time:** 8.00am – 4.00pm  
**Venue:** TBC  
**Cost:** Free  
**Register:** For more information, please visit <https://bit.ly/3129fUb>

## TADPole: RACGP Cat 1 event – 16 November

This workshop will cover off three activities in one day:

- Challenging attitudes and common issues encountered in general practice
- Enhanced understanding of specific drugs and comorbid conditions with a special focus on pain
- Motivational interviewing and brief intervention

This event is for GPs and practice nurses.

**Date:** Saturday 16 November 2019  
**Time:** 9.00am – 5.00pm (registrations from 8.30am)  
**Venue:** Mandoon Estate Caversham  
**Cost:** Free  
**Register:** For more information, please visit <http://bit.ly/2kVOBWp>

## Rural Emergency Assessment Clinical Training (REACT) – 20 & 21 November

The Rural Health West CPD REACT workshop is designed to assist Western Australian Visiting Medical Practitioners to maintain their emergency knowledge and skills, and gain formal assessment toward their emergency credentialing, as required by the WA Country Health Service. Covering cardiac arrest, major trauma in both adults and children, and associated lifesaving procedural skills, REACT is a highly interactive workshop, with participants predominantly involved in practical skill stations and simulated scenarios.

**Date:** Wednesday 20 November and Thursday 21 November 2019  
**Time:** 8.30am – 5.00pm  
**Venue:** TBC  
**Cost:** \$2,200 (inc GST)  
**Register:** For more information, please visit <https://bit.ly/2OrIXtg>

## Australasian Doctors' Health Conference – 22 & 23 November

The Doctors' Health Advisory Service (DHAS) of Western Australia (WA) has great pleasure in inviting you to join them at the 2019 Australasian Doctors Health Conference (ADHC) in Perth on 22 and 23 November 2019.

These conferences have been held biennially in Australia and New Zealand for nearly 20 years, with 2019 being the first time the event will take place in WA.

The theme is the important topic of “**Creating a Healthy Workplace**”. This will be relevant to doctors at all stages of their career, from medical students, to doctors in training, to doctors established in their chosen career.

**Date:** Friday 22 November and Saturday 23 November 2019  
**Time:** 9.00am – 5.00pm Friday and 9.00am – 1.00pm Saturday  
**Venue:** Esplanade Hotel Fremantle, 46-54 Marine Terrace and Essex St, Fremantle  
**Cost:** Please visit <https://bit.ly/2Yqc5ow> for registration costs  
**Register:** For more information, please visit <https://bit.ly/3317qsm>

## Health promotion events

### Mental Health Week is October 6 to 12

Mental Health Week is a national week celebrated each year in October around World Mental Health Day on October 10.

In 2019, the theme of WA Mental Health Week will be about community and the various settings we go to every day where we can support the wellbeing of others. Mental Health Week / Day / Month is celebrated all around Australia, with each state and territory adopting its own theme and holding their own events each year. Mental Health Week in WA has been coordinated by the Western Australian Association for Mental Health (WAAMH <https://bit.ly/2mhWWnF>) for more than 50 years.

A wide range of events are planned for Mental Health Week, which you can find by visiting <https://bit.ly/2IFFznY>. You can also register to host your own event by visiting <https://bit.ly/2IYWGd9>.

Practices may wish to provide or display additional resources during Mental Health Week to raise the profile of this important event. You can download free resources for your practice, website, or social media, from <https://bit.ly/2m2W4Db>.

### October is Breast Cancer Awareness Week

October, Australia's Breast Cancer Awareness Month, provides an opportunity for us all to focus on breast cancer and its impact on those affected by the disease in our community.

Breast cancer remains the most common cancer among Australian women (excluding non-melanoma skin cancer). Survival rates continue to improve in Australia with 89 out of every 100 women diagnosed with invasive breast cancer now surviving five or more years beyond diagnosis.

Take the time this month to find out what you need to know about breast awareness and share this important information with your family, friends and colleagues.

For further reading about breast awareness, please visit <http://bit.ly/2ks0V0z>.

Coming up soon...	
<b>World Dyslexia Day</b>	4 October
<b>World Cerebral Palsy Day</b>	6 October
<b>World Mental Health Day</b>	10 October
<b>World Arthritis Day</b>	12 October
<b>International Infection Prevention Week</b>	21 to 27 October