



# Practice Connect

## Latest news and updates

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### Perth Measles Alert

Measles is a highly contagious viral disease that can spread rapidly. Also known as rubeola or morbilli, measles is an endemic disease, meaning it is continually present in a community, and many people develop resistance.

Measles is spread by contact with infected people's body fluids. It is a serious disease that can lead to:

- pneumonia and other infections of the airways
- swelling of the brain (encephalitis), which can cause a brain injury
- infection of the middle ear
- adverse effects on pregnant women and their babies
- death.

About 1 in 15 infected people get pneumonia, and 1 in 1,000 develops brain swelling. For every 10 people who develop brain swelling, between 2 and 4 people will develop a brain injury and 1 will die.

This edition of Practice Connect includes important information from the Communicable Disease Control Directorate following the confirmed measles cases to date in the Perth metropolitan area, as well as clinic resources released by the Department of Health for practices to use.

For further information please refer to page one and two of this newsletter.

## Perth Measles Alert: Communicable Disease Control Directorate

Dr Paul Effler, A/Director, Communicable Disease Control Directorate has recently advised that visitors and residents of the Perth metropolitan area may have been exposed to measles and more cases may occur over the coming weeks. There are now as of last week 19 confirmed measles cases in the Perth metropolitan area since mid-September, with the number of cases in WA this year now reaching 45. Over the past five years there has been eight to 43 cases reported in WA each year.

All suspected or confirmed cases are to be notified immediately to the Communicable Disease Control Directorate on 9222 0255 (9328 0553 A/H) or to the local [Public Health Unit](#) in regional areas. GPs are also advised to:

- Consider measles in a febrile patient with a compatible clinical picture
- Treat suspected measles cases with immediate isolation with airborne precautions
- Be alert for further locally acquired cases of measles
- Offer the MMR vaccine to people aged 53 years and under who do not have documented evidence of two doses of MMR (see “Immunisation – Adult” HealthPathway).

### Signs and symptoms

Patients with measles usually look and feel very unwell. Prodrome generally consists of two to four days of fever and malaise, AND one or more of:

- Cough
- Coryza
- Conjunctivitis or Koplik spots on buccal mucosa (not commonly observed)

This is followed by the onset of a rash two to seven days after prodrome, usually characterised by:

- Fever present at time of rash onset
- Commencing on face/head then descending
- Maculopapular, becoming confluent

### Infection and prevention control

Patients with symptoms and signs consistent with measles should be:

- Identified promptly at reception
- Fitted with a surgical mask
- Isolated in a room (negative pressure, where available) separate from other patients, with the door shut

Only staff who are immune to measles should attend the patient and airborne precautions should be used, including the wearing of appropriate PPE. All equipment in contact with the patient should be single use or reprocessed before use on another patient. The examination room should also be left vacant for at least 30 minutes after the patient has left and all touched surfaces thoroughly cleaned.

### Laboratory testing

Formal diagnosis should be supported by the following patient testing:

- Throat or nose swab, or nasopharyngeal swab or aspirate, for measles PCR, in viral transport medium, and
- Urine for measles PCR, and
- Serology for measles IgG and IgM



## Perth Measles Alert: Clinic Resources

### Measles resources

The Department of Health have developed a series of posters to display at the front door of general practices and in clinical areas.

“Poster A for front door\_Call before entering” has been designed to be used at the front of a clinic (or Emergency Dept), where patients can make a phone call to someone inside the clinic before they enter – with a view to the reception staff coming out with a mask and directing the patient to an isolated room in which to wait. This poster requires the FACILITY TO WRITE THEIR NUMBER ON IT for the patient to call. This may be more suitable in a General Practice/Clinic setting than ED. A copy of this resource can accessed via the following link: <http://bit.ly/2MLrOq9>

“Poster B for front door\_get mask then enter” has been designed to be used at the front door of a clinic or Emergency Department, where a patient can either obtain a mask on a stand near the front door for their use, or send someone in to the reception/triage to get a mask.

A copy of this resource can accessed via the following link: <http://bit.ly/2Mkdzty>

“Poster C for clinical areas\_Clinician testing” is important information for clinicians reminding about lab testing and notification on clinical grounds to Public Health.

A copy of this resource can accessed via the following link: <http://bit.ly/32lqRLM>

A copy of the Academy of Science Videos, including travel advice can be accessed via the following link: <http://bit.ly/35zbi9j>

The Australian Government has commissioned the Australian Academy of Science to develop a suite of educational and promotional materials to raise awareness about measles, with a focus on those most at risk of the disease, such as travelers or those born during or from 1966.

While Australia is verified as having eliminated endemic transmission of measles the global surge in measles cases internationally has led to increases in cases in Australia. Increased measles activity is often seen during and following holiday travel to and from countries where measles is endemic. The release of these materials has been timed to coincide with peak holiday travel.

Further information and resources regarding the Perth Measles alert can also be accessed via the HealthPathways website. Please contact your WAPHA Primary Health Liaison or email the HealthPathways team at [healthpathways@wapha.org.au](mailto:healthpathways@wapha.org.au)

## APNA Workforce Survey 2019

### With 1 in 4 primary health care nurses underutilised in Australia, it's time for change

The Australian Primary Health Care Nurses Association (APNA) is seeking the support of nurses to participate in the APNA Workforce Survey 2019. If you are a registered nurse, enrolled nurse, nurse practitioner or midwife working in these settings, or any other healthcare service not provided by a hospital APNA is seeking your assistance with the completion of the 2019 survey.

For further information and to complete the survey, please visit <http://bit.ly/2B6blaK>



## GP Urgent Care Network Pilot: Second round of applications now open

Applications have now opened for practices wishing to join the GP Urgent Care Network Pilot. The application form can be accessed via the following link <http://bit.ly/2nGRIZ5>

Essential criteria to become a GP Urgent Care practice include:

- Evidence of accreditation
- Capacity to provide appointments
- Provision of clinical handover back to the patients 'regular' GP
- Completion of evaluation documentation
- Use of Health Engine and/or HotDoc for online bookings
- Relationship with a local pathology and radiology provider

More information about the pilot can be found at <https://www.wapha.org.au/health-professionals/gp-urgent-care/>

Any questions about the application or the pilot can be emailed to [urgencare@wapha.org.au](mailto:urgencare@wapha.org.au)

To find a GP Urgent Care practice and to view online appointments please visit [www.gpurgentcare.com.au](http://www.gpurgentcare.com.au)

Applications close 31 October 2019.

### Handover for Urgent Care Network Pilot patients to their regular GP

WA Primary Health Alliance is about to commence rolling out the clinical handover solution which will enable the urgent care doctor to hand back care to the regular GP. MEDrefer are creating a smartform which will enable the secure transfer of both the clinical information to the patients regular GP and the transfer of de-identified data to the UWA evaluation team via a fax gateway. To prepare for the launch of the smartform we will be providing practice fax numbers to MEDrefer so they can configure the software. Please contact [urgencare@wapha.org.au](mailto:urgencare@wapha.org.au) if you would not like this information shared.

## Rural Health West partner education grants and financial support for partners of rural doctors

Partners of rural West Australian general practitioners, hospital doctors and medical specialists can apply for a financial grant to assist with their own training and education expenses that will enhance their employment opportunities whilst living in a rural location. Grants of up to \$1000 are available. Partner Education Grants may reimburse costs associated with study or training, including but not limited to, course fees, purchase of resources or directly associated travel.

For guidelines and an application form please visit: <http://bit.ly/2oNmb2U>



## HealthPathways: recently localised pathways

The HealthPathways team have now localised 536 pathways. The most recently localised pathways are:

- [Rheumatology Advice](#)
- [Non-acute Rheumatology Assessment \(seen within 30 days to 1 year\)](#)
- [Joint Aspiration](#)
- [Ankylosing Spondylitis](#)
- [Single Swollen Joint](#)
- [Polymyalgia Rheumatica \(PMR\)](#)
- [Arthritis](#)
- [Gout](#)
- [Giant-cell Arteritis \(Temporal Arteritis\)](#)
- [Pterygium](#)
- [Corneal Ulcers](#)
- [Acute Rheumatology Assessment \(seen within 7 days\)](#)
- [Floater, Flashes, Retinal Detachment](#)
- [Macular Disease](#)

To access HealthPathways please contact your WAPHA Primary Health Liaison or email the HealthPathways team at [healthpathways@wapha.org.au](mailto:healthpathways@wapha.org.au)

## Rural Health West Annual Photography Competition 2019

Over the years, Rural Health West has received many wonderful images of beloved pets and Australian fauna, so we are dedicating this year's theme to our furry, finned and feathered friends. We want to see your **#FurryFriendsofRuralWA**, and as much as we love snuggly pictures of them curled up on the couch, we're especially keen to see photos of animals enjoying life in country WA! Of course, if you've captured some stunning images that DON'T feature animals, we are still happy to accept these and help promote the incredible state of Western Australia to potential health professionals.

*Competition closes Friday 1 November 2019, with a Facebook voting period until Friday 15 November 2019.*

For submission guidelines and entry forms, please see the attached documents or visit the links below.

Terms and conditions: <http://bit.ly/2MJHWIS>

Entry form: <http://bit.ly/2Bg9wlo>



## National breast implant recall

There is emerging evidence both locally and internationally of an association between certain breast implants and the risk of a rare cancer known as breast implant anaplastic large cell lymphoma (BIA-ALCL). The Therapeutic Goods Administration (TGA) continues to review and assess all of the breast implants available in the Australian market.

In August Allergan voluntarily recalled their un-implanted Biocell macro-textured breast implants and tissue expanders and Emergo also cancelled their Airxpanders Aeroform tissue expanders)

In September the TGA published its decision to recall and suspend a number of other breast implants and tissue expanders. Updates on the breast implant recall and suspension and the full list of recalled and suspended products can be found on the [TGA's Breast Implant Hub](#)

BIA-ALCL is a rare form of non-Hodgkins lymphoma. It is not breast cancer, which forms from cells in the breast, but a cancer of the lymphatic system. The most common presenting symptoms are asymmetry, pain, delayed effusion or seroma, or, less commonly, a mass or lymphadenopathy. The TGA has published fact sheets for both [health professionals](#) and [consumers](#).

Patients can also call HealthDirect on 1800 022 222 for further information.

## WACCPP: Cervical Screening Provider Scholarship Program

The WA Cervical Cancer Prevention Program (WACCPP) is pleased to announce that applications for the 2019/2020 year are now open.

The WACCPP will consider requests for funding to cover costs associated with the completion of clinical placements within the Cervical Screening for Nurses and Midwives course. Eligible nurses and midwives working in the private and public sectors who are committed to delivering cervical screening in their workplace are encouraged to apply.

For more information and an application package, please email [cervicalscreening@health.wa.gov.au](mailto:cervicalscreening@health.wa.gov.au) or phone 13 15 56

## Diabetes Telehealth for country WA

Diabetes Telehealth helps build diabetes management capacity in country WA by providing regular updates for health professionals through the channel of telehealth.

Join them for free professional development, in the comfort of your own workplace or home.

Further information regarding all available event/s and to register please view the flyer at <http://bit.ly/31kBnlp>



## Diabetes WA: Baby Steps Pilot Program

### It takes Baby Steps to walk away after gestational diabetes...

Diabetes WA in collaboration with the Australian Government Department of Health WA is on the lookout for Australian women over the age of 18 who had gestational diabetes during their pregnancy and have given birth within the last 12 months, to test drive the online lifestyle program “Baby Steps”, designed to help reduce the risk of women developing type 2 diabetes post pregnancy.

Participants can become one of the first in Australia to participate in the pilot program with their valuable feedback to help to make sure that Baby Steps is relevant and effective for Australian women before a national roll-out later next year.

Further information on the Baby Steps pilot program is available at <http://bit.ly/2B6c7ER>.

## My Health Record webinars

As reported last edition, the Australian Digital Health Agency (ADHA) has recently released a series of webinars targeting a wide range of healthcare providers, including webinars for providers coordinating care for patients with mental health conditions, for specialists, and for hospital pharmacists. Some webinars of particular interest to our subscribers are listed below, and we encourage you to register for those relevant to your practice and / or healthcare providers.

### My Health Record – providing care in the community

**Date:** Wednesday, 30 October 2019

**Time:** 11.00am – 12.00pm (AWST)

**Venue:** Online

**Register:** For more information, and to register, please visit <https://bit.ly/2mrFBZJ>

Information for all upcoming webinars can be accessed by visiting <https://bit.ly/2SB5pxD>. All ADHA webinars are provided at no cost to participants.

You can also download the slide presentations for a number of previous webinars by clicking on the links below:

- My Health Record: supporting delivery of care in paediatrics <https://bit.ly/2ktznlb>
- Improving continuity of care with My Health Record (community and practice nurses) <https://bit.ly/2m4LxaA>
- Secure messaging: an introduction <https://bit.ly/2m4LCeo>
- Breathe easy: how My Health Record can help better manage patients with asthma <https://bit.ly/2kqv406>
- Using My Health Record to enhance medicines safety and chronic disease patients <https://bit.ly/2koy90E>



## Education and training

Visit our Webinars & Workshops page at [www.practiceassist.com.au](http://www.practiceassist.com.au) for the events calendar.

### Course in Tympanometry – 22 October

The Course in Tympanometry is designed to provide skills and knowledge for a range of health professionals and others working within Aboriginal and / or Torre Strait Islander health to undertake tympanometric screening and tympanometry.

For more information, please go to <https://bit.ly/2kzSFLW> to view the flyer.

**Date:** Tuesday 22 October 2019

**Time:** 8.45am – 4.30pm

**Venue:** Technology Park Function Centre, 2 Brodie-Hall Drive, Bentley WA 6102

**Cost:** Free

**Register:** To register, please visit <https://bit.ly/2IJzi34>

### Pen CS CAT: Training for practices – 22 & 24 October

WA Primary Health Alliance invites you to attend a session designed to provide practices with the opportunity to learn about the new Practice Incentive Payments for Quality Improvement (PIP QI), and how to use PEN CS to support ongoing quality improvement in your practice.

For further information please view the flyer here <http://bit.ly/2qmVS47>

Date	Time	Location
Tuesday 22 October	12 noon to 2pm	WAPHA Offices, Level 2, 2-7 Tanunda Drive, Rivervale Video conferencing available (for country practices)
Wednesday 23 October	Fully Booked	WAPHA Offices, Level 2, 2-7 Tanunda Drive, Rivervale
Thursday 24 October	4.00pm – 6.00pm	WAPHA Offices, Level 2, 2-7 Tanunda Drive, Rivervale

To register, please visit <http://bit.ly/2nNYCq6> or contact [elyce.mirco@wapha.org.au](mailto:elyce.mirco@wapha.org.au)



## RMA19 – 23 to 26 October

Rural Medicine Australia (RMA) is the peak national event for rural and remote doctors of Australia. Hosted by the Australian College of Rural and Remote Medicine (ACRRM) and the Rural Doctors Association of Australia (RDAA), RMA attracts a diverse and collaborative community of junior doctors, students, educators, academics, and medical practitioners who are passionate about generalist medicine in rural and remote communities.

- Date:** Wednesday 23 October to Saturday 26 October 2019  
**Time:** Please visit <https://bit.ly/30wvaDN> for the conference program  
**Venue:** The Star Gold Coast, 1 Casino Drive, Broadbeach QLD 4218  
**Cost:** Please visit <https://bit.ly/2HHa78T> for delegate costs (early bird available until 31 May)  
**Register:** To register, please visit <https://bit.ly/2HHa78T>

## Course in Tympanometry – 24 October (Bunbury)

The Course in Tympanometry is designed to provide skills and knowledge for a range of health professionals and others working within Aboriginal and / or Torre Strait Islander health to undertake tympanometric screening and tympanometry.

For more information, please go to <https://bit.ly/2IG995v> to view the flyer.

- Date:** Thursday 24 October 2019  
**Time:** 8.45am – 4.30pm  
**Venue:** Mercure Sanctuary Golf Resort, Lot 100 Old Coast Rd, Bunbury WA 6230  
**Cost:** Free  
**Register:** To register, please visit <https://bit.ly/2IJzi34>

## TADPole: chronic pain management webinar – 24 October

The chronic pain management webinar aims to effectively explain the concepts underlying the experience of chronic pain to patients, describe a safe approach to chronic pain management which involves non-pharmacological and pharmacological means, and identify on-line resources which are available to assist patients in managing chronic pain.

For more information, please view the flyer by visiting <https://bit.ly/2kgftO3>

- Date:** Thursday 24 October 2019  
**Time:** 7.30am – 8.30am (presentation and interactive case discussion)  
8.30am – 9.00am (Q&A)  
**Venue:** Online  
**Cost:** Free  
**Register:** To register, please visit <https://bit.ly/2mrbKR6>



## GP19 – 24 to 26 October

GP19: *Your patients Your community Your solutions* (<https://www.gp19.com.au/>) will see a transition into a full clinical update conference. With an exciting new format delivering dynamic education with a focus on topics that affect GPs in their clinical settings. You will also experience an extensive array of hands-on, interactive and highly engaging sessions with take away skills to implement in your everyday practice.

- Date:** Thursday 24 October to Saturday 26 October 2019  
**Time:** Please visit <https://bit.ly/2EkPTki> for the conference program  
**Venue:** Adelaide Convention Centre, North Terrace, Adelaide SA 5000  
**Cost:** Please visit <https://bit.ly/2WhAfjK> for delegate costs (early bird available until 1 August)  
**Register:** To register, please visit <https://bit.ly/2SYP3A0>

## The Advance Project GP & Practice Team education event – 26 October

WA Primary Health Alliance is working with Hammond Care to support WA general practices to implement a team-based approach to initiating advance care planning and palliative care into everyday clinical practice.

For more information, please visit <https://bit.ly/2IfwYuc> to view the flyer.

- Date:** Saturday 26 October 2019  
**Time:** 8.30am – 12.00pm  
**Venue:** Greenwood Hotel Function Room, 349 Warwick Rd, Greenwood WA 6024  
**Cost:** Free (light meal provided)  
**Register:** To register, please visit <https://bit.ly/2k8tJuJ>



## Wound Care – 1 November (Kalgoorlie)

This Rural Health West CPD workshop is designed to assist health professionals to gain a comprehensive understanding of the importance of clinical governance in wound management inclusive of scope of practice, policy, evidence-based practice, inter-professional practice and consumer engagement.

The workshop content includes:

- Clinical Governance in Wound Management
- Dressing Product Workshop
- Conservative Sharp Wound Debridement
- Wound Assessment
- Overview of Common Wound Types; including Diabetic Foot Ulcers, Skin Tears and Skin Ulcers

**Date:** Friday 1 November 2019

**Time:** 8.00am – 5.00pm

**Venue:** TBC

**Cost:** \$350.00

**Register:** For more information and to register, please visit <https://bit.ly/2kxKaB6>

## TADPole: Parents / family concerned about a young person's alcohol and other drug use – 2 November

At the completion of this event, to assist concerned parents and/or family members, practice nurses will be able to:

- Discuss the prevalence of alcohol and other drug use.
- Discuss reasons why young people might use alcohol or other drugs.
- Explain the characteristics of problematic alcohol and other drug use.
- Support parents to understand what they can and can't do to help their child who may be experiencing alcohol or other drug-use problems.
- Identify State and local alcohol and other drug support services and resources available.

This event is for practice nurses.

**Date:** Saturday 2 November 2019

**Time:** 9.00am – 12.00pm (registrations from 8.30am)

**Venue:** International on the Water Hotel, 1 Epsom Ave, Ascot WA 6104

**Cost:** Free

**Register:** For more information, please visit <https://bit.ly/2mnzbKX>



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## **ARMED Annual Review of Metabolism, Endocrinology and Diabetes – 2 November**

Presented by Fiona Stanley Hospital and Diabetes WA in partnership with WA Primary Health Alliance and HealthPathways WA.

Workshops and presentations include:

- Type 2 Diabetes Management in the modern era
- Workshop: Evaluation and practical measures for patients "at risk" of Type 2 Diabetes
- Workshop: Managing the patient with newly diagnosed Type 2 Diabetes
- Workshop: Goals and therapies for the patient with multiple complications and risks
- Workshop: Foot disease in Diabetes
- Cardiovascular risk and Type 2 Diabetes

**Date:** Saturday 2 November 2019

**Time:** 8.30am – 4.00pm (registrations from 8.00am)

**Venue:** Education Building, Fiona Stanley Hospital, 11 Robin Warren Drive, Murdoch

**Cost:** Free (morning tea and lunch provided)

**Register:** To register, please visit <https://bit.ly/2XjZm6c>

**RSVP:** By Friday 25 October



## HIV PrEP update for GPs and Practice Nurses: Learn how to prevent HIV by prescribing PrEP in primary care – 6 November

This evening educational session will be presented by Dr Ric Chaney GP and s100 prescriber and a representative from the WA AIDS council.

This training will provide GPs, Nurses, and Health Professionals working in primary care an update on strategies available for the prevention of HIV transmission, focusing on pre-exposure prophylaxis (PrEP). This training will also cover how to screen for PrEP eligibility, monitor patients on PrEP, and how to prescribe PrEP. This session will also include a STI update.

It is expected that after attending this session you will be able to:

- Describe HIV epidemiology in Australia and the different HIV prevention strategies
- Explain the role of HIV treatment and management
- Provide patient education on the effectiveness and appropriate use of PrEP/PEP
- Identify the prescribing pathways of PrEP within your local jurisdiction
- Implement different HIV prevention strategies

Date	Time	Location
Tuesday 5 November	6.30pm – 9.30pm	Fraser Suites, 10 Adelaide Terrace, Perth For more information and to register please view the flyer: <a href="http://bit.ly/33EafPL">http://bit.ly/33EafPL</a>
Wednesday 6 November	6.30pm – 9.30pm	Quality Hotel Lighthouse, 2 Marlston Drive, Bunbury. For more information and to register please view the flyer: <a href="http://bit.ly/32nRsYS">http://bit.ly/32nRsYS</a>

## NDIS Toolkit: A useful resource for service providers - 7 November (Geraldton)

Presented by Brightwater, this workshop will walk service providers through the NDIS toolkit that guides people with complex support needs through the NDIS access and preplanning processes. The NDIS toolkit also is a resource for service providers.

This interactive workshop will demonstrate the use of the toolkit to help providers understand their role and how to assist people to make Access Requests and develop NDIS plans that provide appropriate supports to reflect an individual's needs and goals.

The workshop is suitable for disability service providers, health professionals and other human service providers.

Date: Thursday 7 November 2019  
Time: 9.30am – 10.30am  
Venue: Geraldton Regional Library, 37 Marine Terrace, Geraldton  
Cost: Free  
Register: For more information and to register, please visit <http://bit.ly/32eIGNU>



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## Otitis Media Management Program – 8 November (Bentley)

The Otitis Media Management Program is designed to develop knowledge and skills required for a range of health professionals and others working within Aboriginal and / or Torres Strait Islander Health to safely assess the aural health of individuals and implement best practice management guidelines.

The one-day workshop includes lecture and practical workshop activities involving condition recognition, ear health assessment, otoscopy and digital video otoscopy, as well as a range of basic, point-of-care hearing assessments. For more information, please go to <http://bit.ly/2IOONzu> to view the flyer.

**Date:** Friday 8 November 2019

**Time:** 8.45am – 4.30pm

**Venue:** Technology Park Function Centre, 2 Brodie Hall Drive, Bentley

**Cost:** Free

**Register:** To register, please visit <https://bit.ly/2IJzi34>



## Rockingham General Hospital GP Education Event: Linking Primary to Tertiary Care – 9 November

Presented by Rockingham Peel Group and Rockingham General Hospital in partnership with WA Primary Health Alliance and HealthPathways WA.

### Education sessions include:

- Syphilis and STIs by Dr Louis Marshall
- Allied health & NDIS by Belinda Whitworth & Mark Burrows
- Aged Care Transition by Deb Jones
- Dementia by Dr Nisha Antony
- Menorrhagia & Urinary Incontinence by Dr Yadav Yogender
- Endocrinology by Dr Krish Chikkaveerappa
- Paediatric ADHD by Dr Colin Derrick
- Speed networking session with your local service providers

**Date:** Saturday 9 November 2019

**Time:** 8.30am – 3.30pm (registrations from 8.00am)

**Venue:** Rockingham General Hospital, Education Centre Lecture Theatre, Elanora Dr, Cooongoop

**Cost:** Education session free (morning tea and lunch is provided)

**Register:** For more information, and to register, please visit <http://bit.ly/2mLSmyF>

This activity has 40 Category 1 QI&CPD points through RACGP and 30 PRDP points through ACRRM.

Have you completed your CPR requirements for the 2017-19 triennium?

Join us at the end of the education day for the RACGP cardiopulmonary resuscitation (CPR) course for GPs. This provides participants with topical emergency presentations and recent changes in emergency practice.

This course is delivered by St John Ambulance in accordance with the current guidelines of the Australian Resuscitation Council (ARC) and covers all aspects of resuscitation and basic life support. This course is open to GPs and practice staff.

**Time:** 3.30pm - 4.30pm

**Cost:** \$99 for RACGP members, \$121 for non-members

**Register** To register and for more information, please visit <http://bit.ly/2mLSmyF>

This activity has 5 Category 2 QI&CPD points with RACGP.



## Rural GP Anaesthetists Forum 2019 – 9 & 10 November

This Forum is part of the WA Country Health Service and Rural Health West Resident Specialist and Procedural GP Education Series.

The two-day Rural GP Anaesthetists Forum 2019 will include lectures, small problem-based discussions, Sim and skills stations delivered concurrently over the weekend and will be facilitated by experienced specialists. The forum will also provide an opportunity to network with fellow GP Anaesthetists and colleagues.

For more information, please go to <https://ruralhealthwest.eventsair.com/2019-gpa/> to view the flyer.

**Date:** Saturday 9 & Sunday 10 November 2019  
**Time:** 8.00am – 5.30pm (Saturday) and 8.00am – 1.30pm Sunday  
**Venue:** Pan Pacific Perth, 207 Adelaide Terrace Perth  
**Cost:** Please visit <http://bit.ly/2BhLwoh>  
**Register:** To register, please visit <http://bit.ly/2BhLwoh>

## Rural Health West Emergency Airways Skills Management (EAM) – 15 November (Port Hedland)

This Rural Health West CPD workshop is designed to assist health professionals to develop and practice skills essential in unexpected crises, particularly with problem airways. Delivered in WA Country Health Service facilities, this workshop has a heavy emphasis on teamwork and the organisation of medical emergency teams incorporating presentations, skill stations and scenario-based crises with simulation manikins (SimMan and baby).

**Date:** Friday 15 November 2019  
**Time:** 8.00am – 4.00pm  
**Venue:** TBC  
**Cost:** Free  
**Register:** For more information, please visit <https://bit.ly/2LNURVI>

## Rural Health West Obstetric Emergencies (OBS) – 15 November (Albany)

This workshop teaches participants how to effectively manage obstetric cases and emergencies and how to make appropriate decisions.

**Date:** Friday 15 November 2019  
**Time:** 8.00am – 4.00pm  
**Venue:** TBC  
**Cost:** Free  
**Register:** For more information, please visit <https://bit.ly/3129fUb>

## TADPole: RACGP Cat 1 event – 16 November

This workshop will cover off three activities in one day:

- Challenging attitudes and common issues encountered in general practice
- Enhanced understanding of specific drugs and comorbid conditions with a special focus on pain
- Motivational interviewing and brief intervention

This event is for GPs and practice nurses.

**Date:** Saturday 16 November 2019  
**Time:** 9.00am – 5.00pm (registrations from 8.30am)  
**Venue:** Mandoon Estate Caversham  
**Cost:** Free  
**Register:** For more information, please visit <http://bit.ly/2kVOBWp>

## Rural Emergency Assessment Clinical Training (REACT) – 20 & 21 November

The Rural Health West CPD REACT workshop is designed to assist Western Australian Visiting Medical Practitioners to maintain their emergency knowledge and skills, and gain formal assessment toward their emergency credentialing, as required by the WA Country Health Service. Covering cardiac arrest, major trauma in both adults and children, and associated lifesaving procedural skills, REACT is a highly interactive workshop, with participants predominantly involved in practical skill stations and simulated scenarios.

**Date:** Wednesday 20 November and Thursday 21 November 2019  
**Time:** 8.30am – 5.00pm  
**Venue:** TBC  
**Cost:** \$2,200 (inc GST)  
**Register:** For more information, please visit <https://bit.ly/2OrIXtg>

## Australasian Doctors' Health Conference – 22 & 23 November

The Doctors' Health Advisory Service (DHAS) of Western Australia (WA) has great pleasure in inviting you to join them at the 2019 Australasian Doctors Health Conference (ADHC) in Perth on 22 and 23 November 2019.

These conferences have been held biennially in Australia and New Zealand for nearly 20 years, with 2019 being the first time the event will take place in WA.

The theme is the important topic of “**Creating a Healthy Workplace**”. This will be relevant to doctors at all stages of their career, from medical students, to doctors in training, to doctors established in their chosen career.

**Date:** Friday 22 November and Saturday 23 November 2019  
**Time:** 9.00am – 5.00pm Friday and 9.00am – 1.00pm Saturday  
**Venue:** Esplanade Hotel Fremantle, 46-54 Marine Terrace and Essex St, Fremantle  
**Cost:** Please visit <https://bit.ly/2Yqc5ow> for registration costs  
**Register:** For more information, please visit <https://bit.ly/3317qsm>



## Team Based Care and Data Driven Improvement – 26 & 27 November

Presented by Train IT Medical by Katrina Otto who is the principal owner, and who has over 25 years' experience as a Medical Practice Manager & Adult Educator. Train IT Medical is one of Australia's leading practice management consultancies and regularly works with practices on process improvement, data quality and maximising effective use of technology.

Workshop learning objectives include:

- Learning how to interpret practice data using practice software and third-party data analytic tools.
- How to use data to identify and track areas for improvement.
- Implementation of design improvements and developing PDSAs relevant for PIP QI eligibility.
- Identification of data driven improvements relevant to various practice roles.
- Developing a data quality practice plan to meet accreditation standards and ePIP requirements.

Prior to attending the workshop, it is expected that you will be able to meet the following pre-requisites:

- View this 'Model for Improvement' video available via the following link: <http://bit.ly/31fVDog>
- Identify one practice improvement goal related to data quality using a PDSA. The PDSA template can be accessed via the following link: <http://bit.ly/31IJ4aN>

Four identical sessions are scheduled, so please book your team into the one that best suits you. As places are limited please ensure you register by 5.00pm, Friday 22 November 2019.

Date	Time	Location
Tuesday 26 November	9.00am – 12.00pm or 1.00pm – 4.00pm	WAPHA Offices, Level 2, 2-7 Tanunda Drive, Rivervale
Wednesday 27 November	9.00am – 12.00pm or 1.00pm – 4.00pm	Bendat Parent & Community Centre (Telethon Speech & Hearing), 36 Dodd Street, Wembley

For more information on this event please view the flyer <http://bit.ly/33T1lhw>



## Chronic Disease Support Program – 28 November (Bentley)

The Chronic Disease Support Program is designed to develop the knowledge and skills required to support an individual or client with a chronic disease through assessing their chronic disease and risk factors, exploring readiness for change, identifying health behaviours to change and working with the patient and their health professionals, to develop a chronic disease self-management plan.

The one-day workshop includes lecture and practical workshop activities involving key content areas including chronic disease self-management planning and education, barriers to behavior change, high risk population groups, and resources and support. For more information, please go to <http://bit.ly/31e1L0a> to view the flyer.

**Date:** Friday 8 November 2019  
**Time:** 8.45am – 4.30pm  
**Venue:** Technology Park Function Centre, 2 Brodie Hall Drive, Bentley  
**Cost:** Free  
**Register:** To register, please visit <https://bit.ly/2IJzi34>

## Otitis Media Management Program – 6 December (Bentley)

The Otitis Media Management Program is designed to develop knowledge and skills required for a range of health professionals and others working within Aboriginal and / or Torres Strait Islander Health to safely assess the aural health of individuals and implement best practice management guidelines.

The one-day workshop includes lecture and practical workshop activities involving condition recognition, ear health assessment, otoscopy and digital video otoscopy, as well as a range of basic, point-of-care hearing assessments. For more information, please go to <http://bit.ly/2IOONzu> to view the flyer.

**Date:** Friday 6 December 2019  
**Time:** 8.45am – 4.30pm  
**Venue:** Technology Park Function Centre, 2 Brodie Hall Drive, Bentley  
**Cost:** Free  
**Register:** To register, please visit <https://bit.ly/2IJzi34>



## WA Rural Health Conference 2020: Beyond 2020 Health Innovations – 21 & 22 March

Rural Health West and the WA Country Health Service will host the Annual Rural Health Weekend in March 2020. This flagship conference has been renamed to the WA Rural Health Conference and will be a significant component of the weekend. The conference theme of Beyond 2020 | health innovations will focus on the future of health and how technology will affect the treatment of patients.

Rural Health West are pleased to introduce the keynote speakers Shara Evans and Dr Keith Suter, and invite you to review the [preliminary program](#)

In 2020 we are expanding the conference and welcome more rural nurses and midwives to attend. Rural Health West will provide travel support for currently practicing medical practitioners, nurse and midwives who work and live in rural and remote Western Australia. For full travel conditions as well as further conference details please visit <https://ruralhealthwest.eventsair.com/2020-wa-rhc/>

**Date:** Saturday 21 and Sunday 22 March 2020  
**Time:** TBC  
**Venue:** Pan Pacific Perth, 207 Adelaide Terrace Perth  
**Cost:** Please visit <http://bit.ly/2MI6Dwk>  
**Register:** For more information, please visit <http://bit.ly/31gd5sl>

## Health promotion events

### Perinatal Anxiety & Depression Australia “PANDA” Awareness Week is November 10 to 16

Perinatal Anxiety & Depression Awareness Week was established by PANDA in 2005. Since then PANDA has been using the Week to speak out about supporting the mental and emotional wellbeing of expecting and new parents, including raising awareness about the signs to look for and where to go to seek support.

The theme for PANDA Week 2019 is ‘Let’s get real’, encouraging open and honest conversations about the mental health of expecting and new parents in the community or workplace,

For information on PANDA week and to find resources please visit  
<https://www.panda.org.au/awareness/panda-week>

Coming up soon...	
<b>Veterans’ Health Week</b>	26 October
<b>Lung Cancer Awareness Month</b>	November
<b>Epilepsy Awareness Month</b>	1 November
<b>ALPHA-1 Awareness Month</b>	1 November
<b>National Cervical Cancer Awareness Week</b>	11 to 17 November