



Who can refer to the program?

Access to this program is easy. Your GP or Allied Health Professional just needs to complete the referral form found at www.clearhealthpsychology.com under 'Our Services'.

Allied Health Providers include:

- Registered Nurses
- Psychiatrists
- Social Workers
- Physiotherapists
- Podiatrists
- Occupational Therapists

Completed referral forms can be faxed to 08 6313 6476 or emailed to agedcare@clearhealthpsychology.com. If you're not sure how to be referred to the program, please contact us and we can help.

Clear Health Psychology is a WA owned and operated psychology service with multiple practices conveniently located in the Perth metro area. We also have psychologists who specialise in older adult care.



Contact Us



Clear Health
Psychology

PHONE

08 6424 8177

FAX

08 6313 6476

agedcare@clearhealthpsychology.com
www.clearhealthpsychology.com

Reconnecting Together

Linking older people to their community



Clear Health
Psychology

About the Program

Clear Health Psychology is working collaboratively with the WA Primary Health Alliance (WAPHA) to deliver in-reach support for older adults. Older adults can be at risk of isolation, loneliness and mental health concerns as a consequence of the COVID-19 pandemic.

Helping people with a range of needs

- You may be experiencing loneliness and require assistance to reconnect with social networks.
- You may have needs associated with ongoing mental health issues, which may require psychological therapies and/or referral to more specialised support.
- We know many older people have physical health needs, which require tailored management and support.

Our team may be able to help.



We can provide structured, individualised assessment and planning to support your needs.

How can this service help you?

- Connect older people to appropriate services and support.
- Reconnect older people with social networks.
- Restore access to services that may have been disrupted by the pandemic.
- Enable early intervention and, where appropriate, provide psychological therapies to improve mental health & wellbeing.

Our service is fully funded, with no out of pocket cost

Who is eligible?

Non-indigenous adults aged 65 years and over, and Aboriginal and Torres Strait Islander Peoples aged 55 years and over living in the community.

Family, friends and carers of older adults, deemed eligible, including family and carers of Residents receiving services under WAPHA's Psychological Treatment Services for people with mental illness in Residential Aged Care Program.

