



Science. Compassion. Action

GP Program

# Dealing with Depression Blended

## Audience

GP Registrars;  
GPs.

## Duration & Format

**Total: 7.5 hours**  
**Module 1: (1.5-hours)**  
Self-directed learning  
**Module 2: (3-hours)**  
Online interactive zoom  
session  
**Module 3: (2-hours)**  
Online interactive zoom  
session

## Topics

**Topic 1:**  
Assessment  
**Topic 2:**  
Diagnosis  
**Topic 3:**  
Management

## Description

Dealing with Depression is a highly interactive program that aims to provide general practitioners with a practical framework for diagnosing and managing depression. The program uses case based learning to explore key challenges GPs experience when caring for patients with depression. Cases will be examined and effective strategies will be devised to address these challenges.

## Learning Outcomes

- Diagnose clinically significant depression.
- Recognise the contribution of biological, social and psychological factors to the current depressive episode.
- Assess and manage risk in the depressed patient.
- Select pharmacological treatment best suited to the individual patient.
- Develop a comprehensive management plan derived from the formulation of the depressive episode.

## Accreditation

- 7.5 CPD hours incl. 5 hrs Educational Activity & 2.5 hrs Reviewing Performance (ACRRM & RACGP).
- Mental Health Skills Training (GPMHSC).



Supported by

**WA Primary  
Health Alliance**



## Time, Location, Cost?

Friday, 17 May 2024  
9:00AM – 3:00PM (AWST)  
Online via zoom  
Western Australia  
**FREE – This event is supported by WA Primary Health Alliance.**

Scan to register



Register online or at [education@blackdog.org.au](mailto:education@blackdog.org.au)



**Black Dog  
Institute**