

Where are we?

The service is based at Narrogin and Northam Hospitals.

How do I access the service?

You will need a referral to be considered for the program. Referrals can be made by other hospitals, local GPs and Allied Health staff. The program is available to both public and private patients.

Want to know more?

Contact the Wheatbelt Subacute Coordinators:

Northam Hospital on 08 9690 1752 or Narrogin Hospital on 08 9881 0385.



Wheatbelt Subacute Program

Northam Hospital
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WA Country Health Service

Wheatbelt Subacute Program

Information for consumers
Narrogin and Northam

What is subacute?

The Subacute Rehabilitation Units at Narrogin and Northam Hospitals will help you to get back to doing as much as you can following a medical episode.

Examples of medical episodes include:

- Post-orthopaedic surgery (joint replacements)
- Post-fracture
- Post-surgery
- Deconditioning following acute medical illness
- Stroke
- Parkinson's disease
- Recurrent falls
- Amputation



What we do

- Work with you to set rehabilitation goals such as increasing your mobility and being able to manage daily tasks with less difficulty.
- Design a therapy program to suit you based on your individual goals.
- Where appropriate, assist your family/carer(s) to work with you in your rehabilitation journey.
- Help ensure you are linked in with appropriate community resources and agencies upon discharge home.



What is involved?

We will encourage you to do as much as you can to achieve your rehabilitation goals.

We ask that you play an active role in your rehabilitation and be involved in setting your rehabilitation goals with the team upon arrival to the ward.

We will also require you to participate in therapy throughout the day including getting dressed into day clothes in the morning, having breakfast in the communal dining area and participating in the assessments and therapy programs provided by the team.

Who is involved?

The Subacute team consists of:

- Rehabilitation Physician/Geriatrician (a doctor who specialises in care of the elderly)
- Medical Officer
- Physiotherapist
- Occupational Therapist
- Speech Pathologist
- Dietitian
- Social Worker
- Nursing staff
- Allied Health Assistant
- Ward Clerk