



edSPACE

Stronger Partnerships for Accessible Care & Education for Eating Disorders

Saturday 26th February
9am - 5:30pm
Albany Library Meeting Room

Rates of eating disorders have increased significantly in the last 20 years, and this upward trend has accelerated since the start of the COVID pandemic. headspace Albany are excited to invite Great Southern clinicians and educators to our inaugural ED skills training workshop.

edSPACE aims to strengthen confidence, capacity and collaboration in the region to meet the needs of young people experiencing EDs.

The professionals stream offers 7 hours of PD for allied health, medical, nursing and education workers.

Workshop outcomes: Knowledge of evidence-based interventions for EDs, including strategies and principles to apply in generalist settings. Enhanced skills in supporting young people and families affected by EDs across health, sport and education settings. Stronger professional networks of collaborative care to improve short and long-term outcomes for ED-affected families and young people

About the Facilitator

edSPACE is led by Emily Harper, Clinical Psychologist. Emily has over 15 years of experience in the field of eating disorders. She previously worked at Perth Children's Hospital (and Princess Margaret Hospital) Eating Disorders Program, where she held various roles including coordination of inpatient and day treatment group programs for severely unwell young people. She has co-authored several publications in the field, and co-presented workshops at the international Academy of Eating Disorders conference.

edSPACE is co-facilitated by the headspace Albany multidisciplinary ED team, as well as peer workers with lived experience of eating disorder care and recovery.

Registration Details

Cost: \$100 per person

<https://events.humanitix.com/edspace>

