

MBS Items for

GP Mental Health Treatment Plan

The General Practitioner Mental Health Treatment Plan (GP MHTP) Medicare Benefit Schedule (MBS) items provide rebates for GPs providing mental health treatment to patients. This includes assessing a patient, planning, providing and/or referring to appropriate services, reviewing and providing ongoing management as required. These items are part of the Better Access initiative.

Eligibility

Patients eligible for the GP MHTP item numbers need to have been assessed by a general practitioner as having a mental disorder. For the purposes of the GP MHTP, a mental disorder is a *clinically diagnosed disorder that significantly interferes with an individual's cognitive, emotional or social abilities*. Dementia, delirium, tobacco use disorder and mental retardation are not regarded as mental disorders for the purposes of the GP Mental Health Treatment items.

These GP MHTP items are reserved for patients with a mental disorder who would benefit from a structured approach to the management of their treatment needs. There are no age restrictions for patients.

GP Mental Health Treatment Plan and Review services can also be provided to private in-patients (including residents of aged care facilities). General practitioners are also able to contribute to GP MHTP under a [Chronic Disease Management plan](#).

Patient entitlements

Under the GP MHTP patients may receive:

- Up to a maximum of 10 rebated individual allied mental health services per calendar year; and
- Up to a maximum of 10 rebated group therapy services per calendar year (these services are separate and do not count towards the maximum individual services).

Mental health training for GPs

All GPs are able to access the GP Mental Health Treatment items. However, GPs who have not completed mental health skills training as accredited by the GPMHSC and registered with the GPMHSC will not be able to access higher schedule fee items 2715 and 2717. GPs who have not completed the training must develop Plans under items 2700 and 2701 with lower schedule fees.

In addition, GPs who have completed the mental health skills training are eligible to provide Focused Psychological Strategies (FPS). FPS are specific mental healthcare treatment strategies, derived from evidence-based psychological therapies. GPs can access MBS items 2721, 2723, 2725 and 2727 for attendance in or out of surgery.

GPs can contact the GPMHSC to discuss education and training options;
gpmhsc@racgp.org.au.

Referrals

For more information about GP MHTPs and mental health services, check the [Mental Health and Addiction pathways](#) on HealthPathways WA.

More information

Advice on the MBS items and further guidance is available at:

- [GP Mental Health Treatment Medicare Items Frequently Asked Questions](#)
- [Education guide - Mental health services - supporting Indigenous health](#)
- www.mbsonline.gov.au

General Practitioner Mental Health Treatment Plan Medicare Benefits Schedule Item Numbers

- General Practitioner Mental Health Treatment Plan**
- Undertaken by a GP who **has not** undertaken mental health skills training.
 - Includes assessment of patient and preparation of a care plan with option to refer for rebated psychological services by:
 - clinical psychologists providing psychological therapies; or
 - appropriately trained GPs or allied mental health professionals (ie, registered psychologists, and appropriately trained social workers or occupational therapists) providing focussed psychological strategies (FPS) services.
 - Not more than once per calendar year. Cannot be claimed within three months of a claim for a review item.

Item Number	Fee*	Description and recommended frequency
2700	\$72.85	Minimum 20 minute consultation
2701	\$107.25	Minimum 40 minute consultation

- General Practitioner Mental Health Treatment Plan**
- Undertaken by a general practitioner who **has** undertaken mental health skills training.
 - Includes assessment of patient and preparation of a care plan with option to refer for rebated psychological services.
 - Not more than once per calendar year. Cannot be claimed within three months of a claim for a review item.

Item Number	Fee*	Description and recommended frequency
2715	\$92.50	Minimum 20 minute consultation
2717	\$136.25	Minimum 40 minute consultation

Review of General Practitioner Mental Health Treatment Plan

- Review of a GP MHTP prepared by that general practitioner (or an associated general practitioner)

Item Number	Fee*	Description and recommended frequency
712	\$72.85	The recommended frequency for the review service, allowing for variation in patients' needs, is: <ul style="list-style-type: none"> An initial review, which should occur between four weeks to six months after the completion of a GP MHTP; and If required, a further review can occur three months after the first review.

- Mental Health Consultation**
- For the ongoing management of a patient with mental disorder,
 - No restriction on the number of these consultations per calendar year.

Item Number	Fee*	Description and recommended frequency
2713	\$72.85	Minimum 20 minute consultation

Focused Psychological Strategies (FPS)

- Undertaken by a general practitioner who **has** undertaken mental health skills training.
- Can be claimed for up to 10 consultations per calendar year.

Item Number	Fee*	Description and recommended frequency
2721	\$94.25	Minimum 30 minute, maximum 40 minute consultation at consulting rooms for FPS for assessed mental disorders.
2723	Varies	Minimum 30 minute, maximum 40 minute consultation at a place other than consulting rooms for FPS for assessed mental disorders.
2725	\$134.85	Minimum 40 minute consultation at consulting rooms for FPS for assessed mental disorders.
2727	Varies **	Minimum 40 minute consultation at a place other than consulting rooms for FPS for assessed mental disorders.

* Medicare rebates are paid as a percentage of the Medicare Schedule Fee. Please use the [MBS online search](#) to confirm the available rebate.

** Varies depending on the number of patients seen. Use the [MBS Ready Reckoner Calculator](#) to items [2723](#) and [2727](#).