

Mental Health Treatment Plans in Residential Aged Care Facilities General Practitioners and Allied Health

From 10 December 2020 to 30 June 2022 (inclusive), new Medicare Benefits Schedule (MBS) items will be available for care recipients in residential aged care facilities (RACFs). These items support the mental and physical health of aged care residents who have been affected by the COVID-19 pandemic or the measures taken to contain its spread.

For these items, the person must be a care recipient in an RACF but not as an admitted patient of a hospital.

What does this mean for providers?

The changes provide care recipients in RACFs with access to the existing individual mental health treatment services and, where necessary, access to the additional 10 individual treatment services that were introduced in August 2020.

Further information

- This fact sheet is one of six Practice Assist fact sheets that provide information about MBS items for care recipients in RACFs. Further information can be found on the [Practice Assist website](#).
- The full item descriptor(s) and information on other changes to the MBS can be viewed on the [MBS Online website](#), where you can also subscribe to future MBS updates by clicking 'subscribe'.
- The Department of Health provides email advice for providers about the interpretation of the MBS items and rules, and the Health Insurance Act and associated regulations. If you have a query relating exclusively to the interpretation of the MBS, email askMBS@health.gov.au
- To receive regular updates, subscribe to [News for health professionals](#) on the Services Australia website.

GP Mental Health in RACFs Item Numbers

- These items are applicable if the patient is a care recipient in a residential aged care facility.
- Items are available for face to face, phone and telehealth services.

Item	Description	Fee*
Development of a mental health treatment plan		
93400 (face to face) 93404 (telehealth) 93408 (phone)	Professional attendance by a general practitioner for the preparation of a GP mental health treatment plan: - the GP has not undertaken mental health skills training - at least 20 minutes, but less than 40 minutes.	\$87
93401 (face to face) 93405 (telehealth) 93409 (phone)	Professional attendance by a general practitioner for the preparation of a GP mental health treatment plan: - the GP has not undertaken mental health skills training - at least 40 minutes.	\$128.05
93402 (face to face) 93406 (telehealth) 93410 (phone)	Professional attendance by a general practitioner for the preparation of a GP mental health treatment plan: - the GP has undertaken mental health skills training - at least 20 minutes, but less than 40 minutes.	\$110.45
93403 (face to face) 93407 (telehealth) 93411 (phone)	Professional attendance by a general practitioner for the preparation of a GP mental health treatment plan: - the GP has undertaken mental health skills training - at least 40 minutes.	\$162.70

Source: www.mbsonline.gov.au (Dec 2020) – refer to source for full item details including eligibility and restrictions. *75% and/or 85%/100% rebate also applies to some of these item numbers. **Refer to MBS (Medicare Benefit Schedule) for full patient eligibility guidelines.

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Review of a mental health treatment plan		
93421 (face to face) 93422 (telehealth) 93423 (phone)	Professional attendance by a general practitioner to review a GP mental health treatment plan which the general practitioner, or an associated medical practitioner has prepared, or to review a psychiatrist assessment and management plan if: <ul style="list-style-type: none"> - one of the following services has been provided to the patient: <ul style="list-style-type: none"> i. a mental health treatment plan under items 93400 to 93411 or 93431 to 93442; or ii. a psychiatrist assessment and management plan; and - the reviewing practitioner modifies the person's GP mental health treatment plan or psychiatrist assessment and management plan to record that they recommend the person have an additional number of better access treatment services. 	\$87
Focused psychological strategies		
93287 (face to face)	Focused psychological strategies for assessed mental disorders, must be clinically indicated under a GP mental health treatment plan or a psychiatrist assessment and management plan, at least 30 minutes but less than 40 minutes duration.	\$112.50
93288 (face to face)	Focused psychological strategies for assessed mental disorders, must be clinically indicated under a GP mental health treatment plan or a psychiatrist assessment and management plan, at least 40 minutes duration.	\$161

Other Medical Practitioner (OMP) Mental Health in RACFs Item Numbers

- These items are applicable if the patient is a care recipient in a residential aged care facility.
- Items are available for face to face, phone and telehealth services.
- OMP refers to a medical practitioner not including a general practitioner, specialist or a consultant physician.

Development of a mental health treatment plan		
93431 (face to face) 93435 (telehealth) 93439 (phone)	Professional attendance by a medical practitioner for the preparation of a GP mental health treatment plan for a patient: <ul style="list-style-type: none"> - the OMP has not undertaken mental health skills training - at least 20 minutes, but less than 40 minutes. 	\$69.55
93432 (face to face) 93436 (telehealth) 93440 (phone)	Professional attendance by a medical practitioner for the preparation of a GP mental health treatment plan for a patient: <ul style="list-style-type: none"> - the OMP has not undertaken mental health skills training - at least 40 minutes. 	\$102.45
93433 (face to face) 93437 (telehealth) 93441 (phone)	Professional attendance by a medical practitioner for the preparation of a GP mental health treatment plan for a patient: <ul style="list-style-type: none"> - the OMP has undertaken mental health skills training - at least 20 minutes, but less than 40 minutes. 	\$88.35
93434 (face to face) 93438 (telehealth) 93442 (phone)	Professional attendance by a medical practitioner for the preparation of a GP mental health treatment plan for a patient: <ul style="list-style-type: none"> - the OMP has undertaken mental health skills training - at least 40 minutes. 	\$130.15
Review of a mental health treatment plan		
93451 (face to face) 93452 (telehealth) 93453 (phone)	Professional attendance by a medical practitioner to review a GP mental health treatment plan which the medical practitioner, or an associated medical practitioner has prepared, or to review a psychiatrist assessment and management plan (but not as an admitted patient of a hospital) if: <ul style="list-style-type: none"> - one of the following services has been provided to the patient: <ul style="list-style-type: none"> i. a mental health treatment plan under items 93400 to 93411 or 93431 to 93442; or ii. a psychiatrist assessment and management plan; and - the reviewing practitioner modifies the person's GP mental health treatment plan or psychiatrist assessment and management plan to record that they recommend the person have an additional number of better access treatment services. 	\$69.55

Source: www.mbsonline.gov.au (Dec 2020) – refer to source for full item details including eligibility and restrictions. *75% and/or 85%/100% rebate also applies to some of these item numbers. **Refer to MBS (Medicare Benefit Schedule) for full patient eligibility guidelines.

Focused psychological strategies		
93291	Focused psychological strategies for assessed mental disorders, must be clinically indicated under a GP mental health treatment plan or a psychiatrist assessment and management plan, at least 30 minutes but less than 40 minutes duration.	\$90
93292	Focused psychological strategies for assessed mental disorders, must be clinically indicated under a GP mental health treatment plan or a psychiatrist assessment and management plan, at least 40 minutes duration.	\$128.80

Clinical Psychologist Psychological Therapy in RACFs Item Numbers

- These items are applicable if the patient is a care recipient in a residential aged care facility and is referred under a GP mental health treatment plan, or by a specialist or consultant physician in psychiatry.

93375	Psychological therapy health services, at least 30 minutes but less than 50 minutes duration, provided to the person individually and in person; and at the completion of a course of treatment the eligible clinical psychologist gives a written report to the referring medical practitioner on assessments carried out, treatment provided and recommendations on future management of the person's condition.	\$102.85
93376	Psychological therapy health services, at least 50 minutes duration, provided to the person individually and in person; and at the completion of a course of treatment the eligible clinical psychologist gives a written report to the referring medical practitioner on assessments carried out, treatment provided and recommendations on future management of the person's condition.	\$151.05

Allied Health Focused Psychological Strategies in RACFs Item Numbers

- These items are applicable if the patient is a care recipient in a residential aged care facility and is referred under a GP mental health treatment plan, or by a specialist or consultant physician in psychiatry.

Psychologist		
93381	Focused psychological strategies, at least 20 minutes but less than 50 minutes duration, provided to the person individually and in person; and at the completion of a course of treatment the eligible psychologist gives a written report to the referring medical practitioner on assessments carried out, treatment provided and recommendations on future management of the person's condition.	\$72.90
93382	Focused psychological strategies, at least 50 minutes duration, provided to the person individually and in person; and at the completion of a course of treatment the eligible psychologist gives a written report to the referring medical practitioner on assessments carried out, treatment provided and recommendations on future management of the person's condition.	\$102.85
Occupational Therapist		
93383	Focused psychological strategies, at least 20 minutes but less than 50 minutes duration, provided to the person individually and in person; and at the completion of a course of treatment the eligible occupational therapist gives a written report to the referring medical practitioner on assessments carried out, treatment provided and recommendations on future management of the person's condition.	\$64.20
93384	Focused psychological strategies, at least 50 minutes duration, provided to the person individually and in person; and at the completion of a course of treatment the eligible occupational therapist gives a written report to the referring medical practitioner on assessments carried out, treatment provided and recommendations on future management of the person's condition.	\$90.70
Social Worker		
93385	Focused psychological strategies, at least 20 minutes but less than 50 minutes duration, provided to the person individually and in person; and at the completion of a course of treatment the eligible social worker gives a written report to the referring medical practitioner on assessments carried out, treatment provided and recommendations on future management of the person's condition.	\$64.20

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93386	Focused psychological strategies, at least 50 minutes duration, provided to the person individually and in person; and at the completion of a course of treatment the eligible social worker gives a written report to the referring medical practitioner on assessments carried out, treatment provided and recommendations on future management of the person's condition.	\$90.70
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