

PIP QI Measures

Accurately recording CVD risk factors using Best Practice

Modifiable Risk Factors	How to record data accurately in Best Practice
Smoking Status	<p>Regularly (at least once annually) update smoking status on patient record by:</p> <ul style="list-style-type: none"> In patient file, click on Family/Social History in menu tree, then select Smoking Enter smoking status (smoker, ex-smoker or non-smoker), enter other information if known and Save <p><i>Note: If no change since previous smoking assessment, add a note in the 'Comment' field to indicate that the status was checked.</i></p>
Blood Pressure	<p>In patient file, click on the Stethoscope icon</p> <ul style="list-style-type: none"> Record both systolic and diastolic blood pressure values in the allocated fields and Save
Cholesterol	<p>In patient file, click on Clinical > Cardiovascular risk</p> <ul style="list-style-type: none"> Enter Total Cholesterol and HDL Cholesterol in fields and Save <p><i>Note: Cholesterol results will automatically populate these fields when actioned from Inbox.</i></p> <p><i>Tip: In the 'Investigations' tab, view cumulative results by clicking on the 'Atomised Results' button.</i></p>
Waist Circumference and BMI	<p>In patient file, click on Clinical > BMI</p> <ul style="list-style-type: none"> Enter height and weight (BMI will be calculated automatically) and Save
Nutrition	<p>Document patient nutrition details in progress notes</p>
Physical Activity Level	<p>In patient file, click Clinical > Physical Activity prescription</p> <ul style="list-style-type: none"> Complete current activity level and add prescribed activity and click Print
Alcohol Intake	<p>In patient file, click Open > Alcohol & Smoking History</p> <ul style="list-style-type: none"> Complete current and past alcohol intake details Select Audit-C, record answers to the 3 questions and review responses and click Save & Close Click Save <p><i>Note: If no change since previous smoking assessment, add a note in the 'Comment' field to indicate that the status was checked.</i></p>

Non-Modifiable Risk Factors	How to record data accurately in Best Practice
Age and Sex	<p>Age – In patient file, select Open > Demographics. Ensure a date of birth has been accurately recorded on the patient record.</p> <p>Sex – In patient file, select Open > Demographics. Ensure the sex field has been completed.</p>
Family history of premature CVD	<p>Click on Family/Social history in the menu tree, then select Family</p> <ul style="list-style-type: none"> • Use checkboxes to record significant family history of mother and father (e.g. Hypertension, Heart disease) • Add a coded diagnosis of cardiovascular disease for additional family members if relevant • Click Save <p><i>Note: Record family history as 'Unknown' or 'No significant Family History' if applicable</i></p>
Social history including cultural identity, ethnicity and socioeconomic status	<p>Ethnicity – Select Open > Demographics.</p> <ul style="list-style-type: none"> • Click Ethnicity and select an option from the list. If 'Other' is selected, you will be prompted to select from a further list of ethnicities. • Click Save. <p>Social – Click on Family/Social history in the menu tree, then select Family. Record any relevant history, then click Save.</p>

Related Conditions	How to record data accurately in Best Practice
Diabetes	Ensure a coded diagnosis of Diabetes has been entered into patient's Past History (<i>see How to Enter a Coded Diagnosis cheat sheet</i>) if applicable.
Chronic kidney disease	<p>Ensure a coded diagnosis of Chronic Kidney Disease has been entered into patient's Past History (<i>see How to Enter a Coded Diagnosis cheat sheet</i>) if applicable.</p> <ul style="list-style-type: none"> • eGFR – blood test (will automatically populate to Investigations when actioned from inbox) • Albuminuria – urine test (will automatically populate to Investigations when actioned from inbox) • Urine protein – urine test (will automatically populate to Investigations when actioned from inbox)
Familial hypercholesterolaemia	Ensure a coded diagnosis of Familial hypercholesterolaemia has been entered into patient's Past History (<i>see How to Enter a Coded Diagnosis cheat sheet</i>) if applicable.
Evidence of atrial fibrillation (history, examination, electrocardiogram)	Ensure a coded diagnosis of Atrial fibrillation has been entered into patient's Past History (<i>see How to Enter a Coded Diagnosis cheat sheet</i>) if applicable.