

MBS Items for GP Mental Health Treatment Plan

The General Practitioner Mental Health Treatment Plan (GP MHTP) Medicare Benefit Schedule (MBS) items provide rebates for GPs providing mental health treatment to patients. This includes assessing a patient, planning, providing and/or referring to appropriate services, reviewing and providing ongoing management as required. These items are part of the Better Access initiative.

Eligibility

Patients eligible for the GP MHTP item numbers need to have been assessed by a general practitioner as having a mental disorder. For the purposes of the GP MHTP, a mental disorder is a *clinically diagnosed disorder that significantly interferes with an individual's cognitive, emotional or social abilities*. Dementia, delirium, tobacco use disorder and mental retardation are not regarded as mental disorders for the purposes of the GP Mental Health Treatment items.

These GP MHTP items are reserved for patients with a mental disorder who would benefit from a structured approach to the management of their treatment needs. There are no age restrictions for patients.

GP Mental Health Treatment Plan and Review services can also be provided to private in-patients (including residents of aged care facilities). General practitioners are also able to contribute to GP MHTP under a [Chronic Disease Management plan](#).

Patient entitlements

Under the GP MHTP patients may receive:

- Up to a maximum of 10 rebated individual allied mental health services per calendar year; and
- Up to a maximum of 10 rebated group therapy services per calendar year (these services are separate and do not count towards the maximum individual services).

Mental health training for GPs

All GPs are able to access the GP Mental Health Treatment items. However, GPs who have not completed mental health skills training as accredited by the GPMHSC and registered with the GPMHSC will not be able to access higher schedule fee items 2715 and 2717. GPs who have not completed the training must develop Plans under items 2700 and 2701 with lower schedule fees.

In addition, GPs who have completed the mental health skills training are eligible to provide Focused Psychological Strategies (FPS). FPS are specific mental healthcare treatment strategies, derived from evidence-based psychological therapies. GPs can access MBS items 2721, 2723, 2725 and 2727 for attendance in or out of surgery.

GPs can contact the GPMHSC to discuss education and training options;
gpmhsc@racgp.org.au.

Referrals

For more information about GP MHTPs and mental health services, check the [Mental Health and Addiction pathways](#) on HealthPathways WA.

More information

Advice on the MBS items and further guidance is available at:

- [GP Mental Health Treatment Medicare Items Frequently Asked Questions](#)
- [Education guide - Mental health services - supporting Indigenous health](#)
- www.mbsonline.gov.au

General Practitioner Mental Health Treatment Plan Medicare Benefits Schedule Item Numbers

Item Number	Description and recommended frequency
2700	Minimum 20 minute consultation
2701	Minimum 40 minute consultation

Item Number	Description and recommended frequency
2715	Minimum 20 minute consultation
2717	Minimum 40 minute consultation

Item Number	Description and recommended frequency
2713	Minimum 20 minute consultation

Item Number	Description and recommended frequency
2721	Minimum 30 minute, maximum 40 minute consultation at consulting rooms for FPS for assessed mental disorders.
2723	Minimum 30 minute, maximum 40 minute consultation at a place other than consulting rooms for FPS for assessed mental disorders.
2725	Minimum 40 minute consultation at consulting rooms for FPS for assessed mental disorders.
2727	Minimum 40 minute consultation at a place other than consulting rooms for FPS for assessed mental disorders.

* Medicare rebates are paid as a percentage of the Medicare Schedule Fee. Please use the [MBS online search](#) to confirm the available rebate.

** Varies depending on the number of patients seen. Use the MBS Ready Reckoner Calculator to items [2723](#) and [2727](#).