Advance care planning (ACP) core training guide
Implementing ACP into routine health assessments for older adults in general practice

Introduction

The resources outlined in this training guide aim to assist GPs, nurse practitioners, practice nurses and non-clinical staff in general practice to develop an increased understanding of advance care planning (ACP) and support the implementation of ACP as part of routine health assessments for older adults (aged 75+ and the Aboriginal health assessment 50+).

Completion of the ACP core training resources aim to:
- Increase promotion and awareness of ACP.
- Improve the uptake of ACP ensuring that completed documents meet WA legislation.
- Ensure correct storage of completed ACP documents.
- Enhance patient choice and promote participation in future care planning decisions.
- Align scope of routine health assessments with RACGP recommendations relating to the inclusion of ACP.

ACP core training resources for GPs, nurse practitioners and practice nurses

The table below outlines suggested core training resources for GPs, nurse practitioners and practice nurses to review. Self-directed CPD can be logged as Educational Activity based on time taken to review the material.

Completion of training will assist with satisfying RACGP Standards for General Practices 5th Edition, criterion:
- GP3.1 – Qualifications, education, and training of healthcare practitioners.

Training resources for GPs, nurse practitioners and practice nurses	Link	Duration *(If applicable)*
Health Professional Guide to ACP in WA	Access here	
Getting to Know WA's Advanced Health Directive (AHD)	Access here	
Advance Care Planning Australia (ACPA) – Love is not enough (video)	Access here	4.56 mins
Clinician Assist WA – ACP Pathway	Access here	
RACGP – Position statement about ACP	Access here	
Voluntary assisted dying in WA – What every health practitioner and health care worker needs to know	Access here	
Additional training resource for practice nurses: A nurse introduces her patient to ACP (video)	Access here	3.28 mins

ACP core training resources for practice managers and reception staff

The table below outlines suggested core training resources for non-clinical staff to review to increase awareness and confidence with ACP.

Completion of training will assist with satisfying RACGP Standards for General Practices 5th Edition, criterion:
- C8.1 A – Our non-clinical staff complete training appropriate to their role and our patient population

Training resources for practice managers and reception staff	Link	Duration (If applicable)
Advance Care Planning Australia (ACPA) – Love is not enough (video)	Access here	4.56 mins
Healthy WA – ACP process	Access here	
RACGP – Position statement about ACP	Access here	
Planned Palliative Care MBS Items (fact sheet)	Access here	
Uploading ACP documents to My Health Record (Bp Premier)	Access here	

Additional optional ACP training resources

The table below outlines a wider range of supplementary resources if further reading is of interest.

Optional training resources	Source/publisher	Link	Target group/description
The Advance Project – general practice training modules and resources	The Advance Project	Access here	• GPs eLearning module • Nurses eLearning module • Practice managers eLearning module
A guide to making an Advance Health Directive (AHD) in WA	WA Health	Access here	• Target group: patients • Length: 60 pages
WA AHD: What it is and how to get started (video)	WA Health	Access here	• Target group: patients • Duration: 1.52 mins
ACP translated resources	WA Health	Access here	Patient videos available in 15 different languages
AHD interpreter/translator statement	WA Health	Access here	Statutory requirement if an interpreter/translator is accessed to support the completion of an AHD
Decision-making tree for engaging an interpreter	WA Health	Access here	

Additional optional ACP training resources (continued)

Optional training resources	Source/publisher	Link	Target group/description
Guide for clinicians working with interpreters in health care settings	Australian Institute of Interpreters and Translators (AUSIT)	Access here	
LGBTIQ+ inclusive palliative care eLearning	LGBTIQ+ Health Australia	Access here	
ACP laws in WA	Advance Care Planning Australia	Access here	
ACP conversation starters	Advance Care Planning Australia	Access here	
CareSearch – ACP	CareSearch	Access here	
Advance care decision making and planning	Australian Journal of General Practice	Access here	
End of life law for clinicians	Funded by the Australian Govt Department of Health and Aged Care, and delivered by Queensland University of Technology (QUT)	Access here	• The free online modules provide a comprehensive training program for medical practitioners, students, nurses and allied health professionals • Accredited by RACGP
Journey to Dreaming Toolkit	Aboriginal Health and Medical Research Council of NSW	Access here	
Self-Care Matters	Palliative Care Australia	Access here	
Digital health and My Health Record	Australian Digital Health Agency	Access here	