



# Mental Health First Aid

Face-to-face MHFA training for all nurses in primary care settings across various locations in WA - \*3-12 March 2026.

***This MHFA Training is supported by WA Primary Health Alliance under the Australian Government's Primary Health Network Program***

Mental health matters. One in five Australians experience mental health concerns each year, and primary health care nurses are often the first point of support.

Join APNA's Mental Health Education Program—*designed for nurses, by nurses*—to build the skills, knowledge, and confidence to make a real difference.

- ✓ Expert-led sessions by APNA nurse & licensed MHFA instructor
- ✓ Practical strategies for early intervention

**Format:** approx. 7 hours of online learning (to be done first) + hard-copy workbook posted to you + 5hr face-to-face workshop

**Places are limited!**

**Locations:** South Metro Perth, Kalgoorlie, Geraldton, Broome, North Metro Perth, Bunbury

**\*Venues & dates to be confirmed**

👉 **Submit your EOI now:** Scan QR Code

