

Free Digital Mental Health Training in WA

Are you based in WA and looking to strengthen your approach to digital mental health care? This March, eMHPrac (e-Mental Health in Practice), in partnership with the WA Primary Health Alliance, is delivering free face-to-face workshops across the state.

This practical training will:

- Build capability of GPs and health practitioners to confidently use digital mental health tools.
- Enhance access to evidence-based supports for people with mild to moderate mental health conditions.
- Strengthen suicide prevention strategies through stepped care integration.
- Provide regional, culturally responsive training opportunities, particularly for Aboriginal and Torres Strait Islander communities.

We are providing a free face-to-face workshop in your region:

Metro

Midland | Monday 16th March
Armadale | Tuesday 17th March

South West

Bunbury | Wednesday 18th March

The Goldfields

Esperance | Friday 20th March
Kalgoorlie | Monday 23rd March

Mid West

Geraldton | Wednesday 25th March

The Pilbara

Karratha | Thursday 26th March

The Kimberley

Kununurra | Monday 30th March
Broome | Tuesday 31st March

[Register](#)

Meals included

Come and meet:

Heidi Sturk

Director of **eMHPrac**, an Australian Government-funded project that provides free training and resources to health practitioners on using digital mental health tools.

David Edwards

Director of **WellMob**, a free platform providing culturally safe social and emotional wellbeing resources for Aboriginal and Torres Strait Islanders.

Dr Jan Orman

GP with extensive experience using digital mental health tools in patient care.

CPD

Our workshops can be claimed for Educational Activities CPD by self reporting to RACGP or ACCRM.

Registrations are essential for catering. Sessions are limited and expected to fill quickly. Secure your place now to ensure you don't miss this CPD opportunity.

Travel Support for Rural GPs

Travel support may be available for rural GPs who need to travel within the region to attend. Please email britt.crowley@qut.edu.au to check eligibility.

Fuel reimbursement up to \$150. 1 night accommodation up to \$250. You will be required to provide a copy of tax invoices for fuel and accommodation when submitting your claim.