



WAEDOCS Symposium 2026 Integrative Care: Exploring the Intersection of Disorders of the Gut-Brain Interaction, Neurodiversity and Eating Disorders

Disorders of the Gut-Brain Interaction (DGBI), eating disorders and neurodivergence frequently co-occur, yet are often addressed separately in clinical practice.

This one-day symposium brings together experts from across Australia and WA to explore these intersections through an integrative, neuro-affirming and multidisciplinary care lens. The programme offers evidenced-informed and practice-based insights to support contemporary clinical care.

Who should attend?

Clinicians working across ALL DISCIPLINES, including those in medicine, gastroenterology, mental health, allied health, GPs, eating disorder services across public, private, community and primary care settings.

Perth metropolitan area are encouraged to attend in person to support connection, collaboration and networking.

Virtual attendance is available for remote and rural clinicians around WA who are unable to attend face-to-face.

The symposium will be presented **LIVE ONLY and will not be recorded**.

What to expect?

- Expert presentations and plenary discussions
- Evidence-informed approaches to integrated care
- Clinically relevant multidisciplinary insights with opportunities to learn, connect and network

Featured Speakers

Dr Trina Kellar | NeuroGastroenterologist | Royal Brisbane & Women's Hospital Queensland and Queensland Pelvic Floor Centre – DGBI & Eating Disorders

Dr Jessica Dove | Snr Clinical Psychologist | NMEDSS & Dr Sue Byrne | Snr Clinical Psychologist/Snr Research Scientist | WAEDOCS – Screening for Neurodivergent Traits in EDs

Dr Lauren Gavaghan | Consultant Psychiatrist | FSH Cockburn Health Inpatient Eating Disorder Unit – How can we make inpatient eating disorders services more PEACEful?

Dr Maud Achard | Dietitian | Eating Disorder Neurodiversity Australia (EDNA) board member – Visual Clinical Resources for Neurodivergent People

Gabi Alosi | Lived Experience Consultant / Educator | WAEDOCS – Lived Experience Lessons of ADHD and Eating Disorder Recovery

Plenary Panel

Eating Disorders, Neurodiversity and DGBI Across the Life Stages

Featuring: Dr Trina Kellar | Dr Lauren Gavaghan | Gabi Alosi

Symposium Details

DATE: Tuesday 12th May 2026

TIME: 08:30AM – 04:00PM (AWST) – *check time difference if attending outside WA*

ATTENDANCE OPTIONS:

OPTION 1: IN PERSON

McCusker Auditorium

Harry Perkins Institute of Medical Research | 6 Verdun Ave | Nedlands | WA **OR**

Perth Metropolitan clinicians are encouraged to attend in person

OPTION 2: VIRTUAL

via Microsoft Teams (link will be emailed 1 week prior to the event)

For regional and remote WA clinicians who are unable to attend in person

COST: \$99.00 (inc GST) via credit card **OR**

Cost centre transfer available for WA Health clinicians **ONLY** – choose OPTION 3 on the registration page and enter code **WACCT** at the checkout

A light catered morning tea and lunch will be served for those clinicians attending the symposium in person. We are able to cater for vegetarian, vegan, gluten free, dairy free and halal dietary preferences. Thank you for your understanding if your dietary preference is unavailable.

If you have questions relating to DGBI, neurodiversity, eating disorders, or the ways in which these areas intersect, we invite you to submit them via this Microsoft Forms [WAEDOCS ANNUAL SYMPOSIUM 2026: The Intersection of DGBI, Neurodiversity & Eating Disorder – Fill in form](#). While individual questions will not be addressed directly during the symposium, submissions will be reviewed in advance to identify common themes and areas of interest. These themes will help shape discussion during the plenary session, ensuring the content is responsive, relevant, and reflective of the collective priorities of attendees.

Register at TryBooking: <https://www.trybooking.com/DIOVE>

Registrations Close: Monday 4th May 2026 at 4pm

